

SAFE WITH SELF-INJURY

- KAY INCKLE



onlineevents
Learning Together Online

Resource Guide

About Kay Inckle

Dr. Kay Inckle is a course convener in the sociology of health and medicine at the London School of Economics and Political Science. For a number of years, she worked as a service-provider in a range of health and social care contexts supporting both adults and young people, and these experiences inspired her PhD and post-doctoral research. From 2009-2012, she ran a self-injury training service which specialized in delivering programmes based on a holistic and harm-reduction approach to self-injury.

Kay remains passionate about transforming attitudes and practice around self-injury and she has a number of publications in the field including her previous book with PCCS books *Flesh Wounds? New Ways of Understanding Self-Injury*.



Kay Inckle

Event Details

In this event, Kay is looking forward to helping us understand Self-injury and how our listening and responding skills are ideally placed to be helpful when working with someone who has injured themselves.

Kay will talk about what we need to know in order to help our clients stay safe and will also help us dispel some of the myths around self-injury.



Resources

www.selfinjurysupport.org.uk

www.lifesigns.org.uk

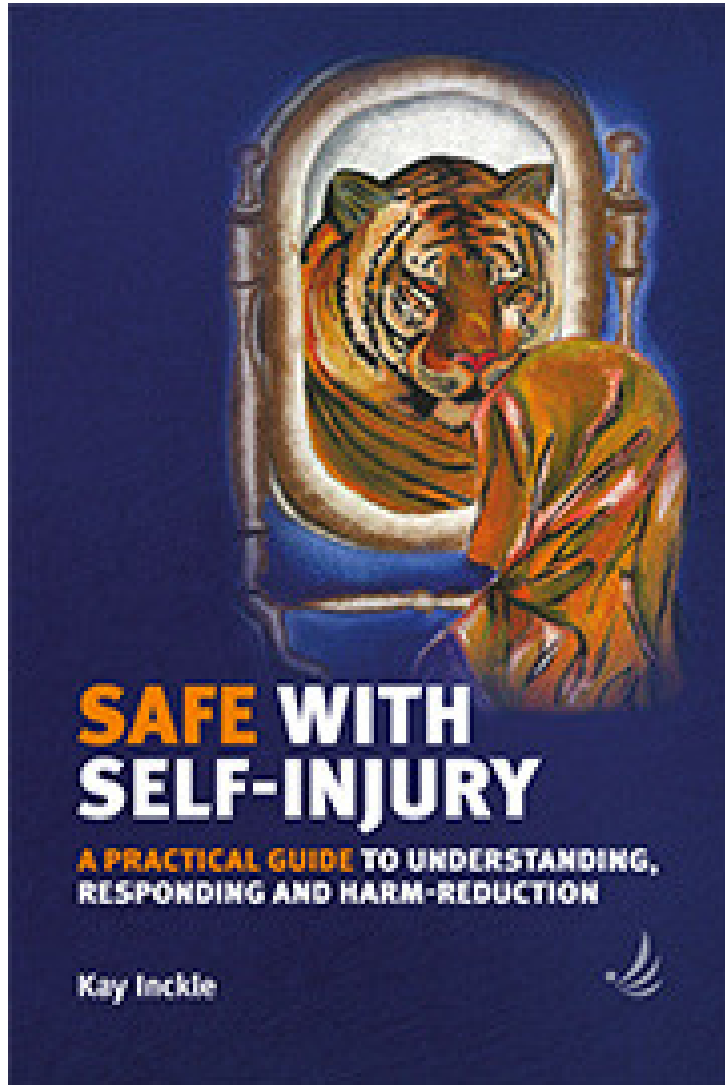
www.42ndstreet.org.uk

www.lse.ac.uk

www.pccs-books.co.uk



Reading



This book is an essential resource for anyone who has a supporting role or relationship with someone who hurts themselves, whether in a professional or informal context. It is also a useful resource for people who self-injure, to help them to explore their experiences and to keep themselves safe.

Based on interviews with people who self-injure and frontline practitioners and service managers who work with them, it explores why people self-injure, debunks myths and misconceptions about self-injury, explains self-injury in the contexts of human embodiment and a social model approach to distress and illness, and offers practical strategies for responding in meaningful ways, including using creative practices and harm-reduction.

A final chapter offers guidance on how to write a harm-reduction policy for self-injury that can be used across any health, education and social services setting.....

[MORE INFO...](#)



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London School of Economics Event

Safe with Self-Injury

Wednesday 01 March 2017 6:30pm to 8:00pm

Hosted by by the Department of Sociology and the Equity, Diversity and Inclusion Taskforce

This event draws on researcher, practitioner and service-user perspectives. It highlights the importance of user-led online services, the role of alcohol and self-injury, and the importance of social justice and harm-reduction to understanding and responding helpfully.

[More info & Booking Details...](#)



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