

#BAPCA2015

Life Rolls On: Adapting to Life after a
Spinal Injury – Trev Baker

Resource Guide

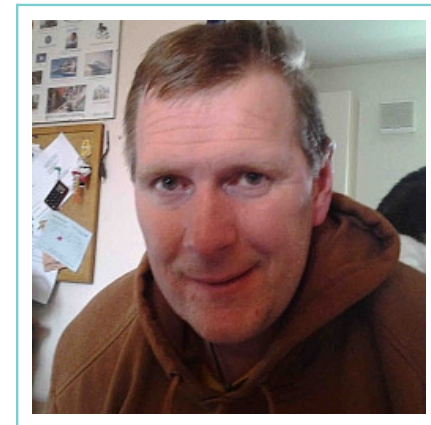
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About Trev Baker

Trev suffered a life threatening life changing traumatic injury whilst climbing on Arthurs seat in Edinburgh on new years eve 1999. He suffered a severe spinal injury at c4 level and was left with a high level of paralysis and told he would never walk again and would need a wheelchair and care for the rest of his life.


Trev now lives independently with the assistance of carers and relies on a powerchair for mobility. He was and is a fan of outdoor activities and has pursued this. He has numerous sports coaching awards, has a bachelor of arts degree in humanistic counselling, has written a biography about his life and recovery, and is now a business owner in partnership with the utility warehouse.

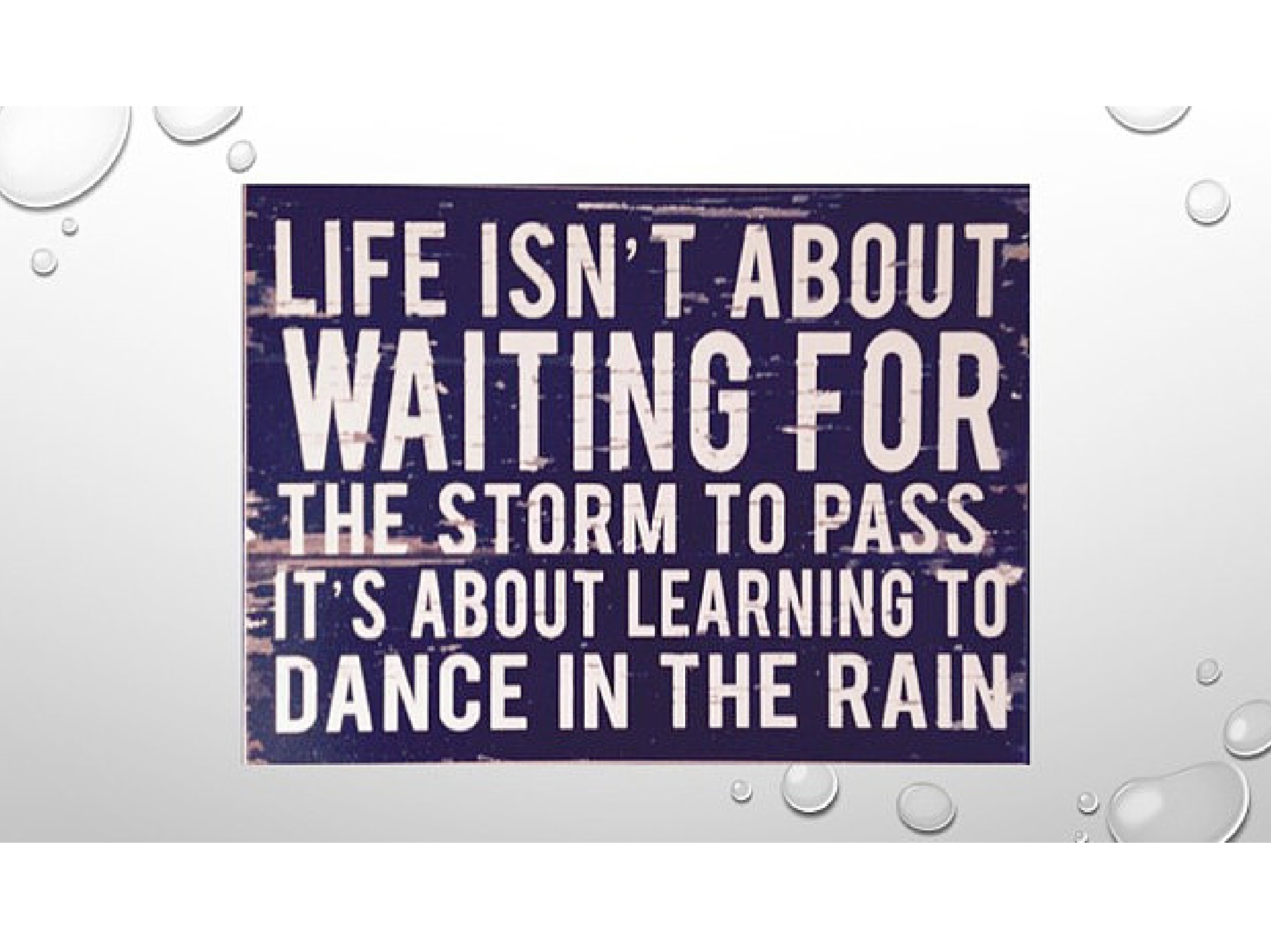




TREV BAKER(B.A)

LIFE ROLLS ON.
ADAPTING TO LIFE AFTER
SPINAL INJURY.



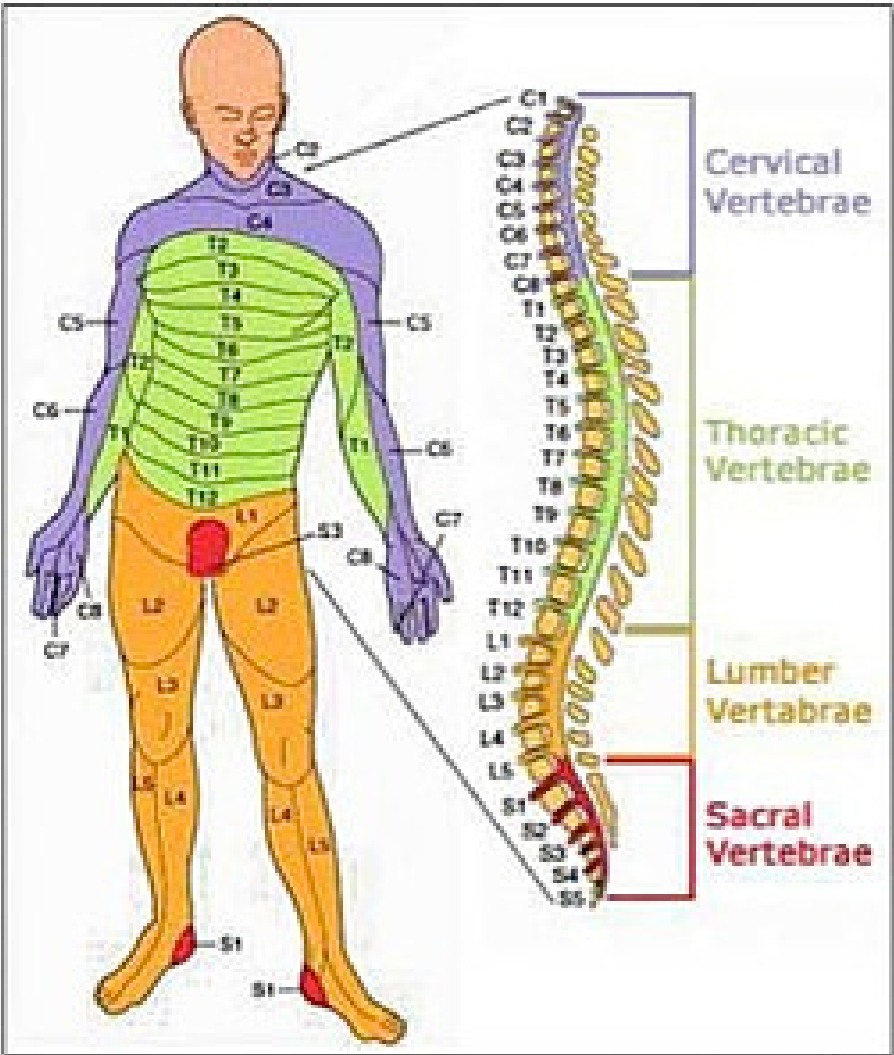
The image features a central dark blue rectangular box with a distressed, textured appearance. Inside this box, the text is written in a bold, white, sans-serif font. The quote is arranged in five lines. The background of the entire image is a light gray gradient, decorated with several realistic water droplets of various sizes, some with highlights and shadows, scattered around the central text box.

**LIFE ISN'T ABOUT
WAITING FOR
THE STORM TO PASS
IT'S ABOUT LEARNING TO
DANCE IN THE RAIN**



The image features a light gray background with several realistic water droplets of various sizes scattered across it. Some droplets are large and prominent, while others are small and subtle. The droplets have a glossy, reflective surface with highlights and shadows, giving them a three-dimensional appearance. The text is centered in the middle of the frame.

THE DAY EVERY THING CHANGED.





The background of the slide is a light gray gradient. It is decorated with several realistic water droplets of various sizes and shapes, scattered across the top and bottom areas. The droplets have highlights and shadows, giving them a three-dimensional appearance.

HOUSING AND ADAPTATIONS

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. Some droplets are in the top left, some in the bottom right, and others are smaller and more numerous in the lower half. The droplets have highlights and shadows, giving them a three-dimensional appearance.

COMMUNITY SPORTS LEADER AWARD.



The image features a light gray background with several realistic water droplets of various sizes scattered across it. The droplets are rendered with soft shadows and highlights, giving them a three-dimensional appearance. They are primarily located in the upper left and lower right quadrants, with a few smaller ones in the center and lower left. The overall aesthetic is clean and minimalist.

BACK UP.



The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. Some droplets are in the top left corner, while others are in the bottom right corner. The droplets have highlights and shadows, giving them a three-dimensional appearance.

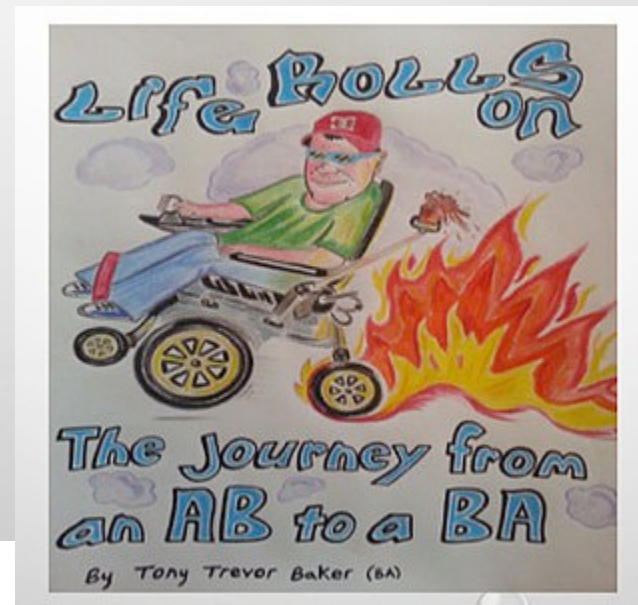
**SAND SPORTS CLUB.
SEE THE ABILITY NOT THE DISABILITY**



COUNSELLING AND GETTING A DEGREE.

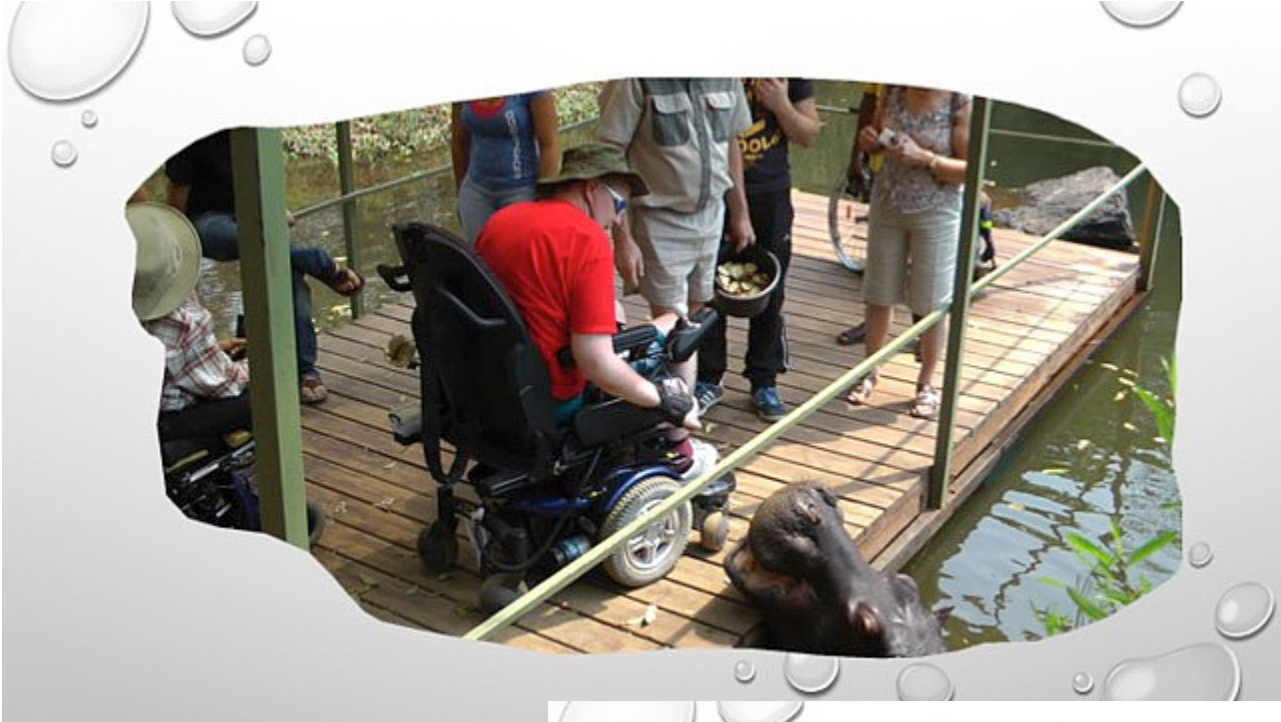


WRITING A BOOK.



The image features a light gray background with several realistic water droplets of various sizes scattered across it. The droplets are rendered with soft shadows and highlights, giving them a three-dimensional appearance. They are positioned in the upper left, lower left, and lower right areas of the frame. The word "TRAVEL." is centered in the middle of the image in a bold, black, sans-serif font.

TRAVEL.



The image features a light gray background with several realistic water droplets of various sizes scattered across it. The droplets are rendered with soft shadows and highlights, giving them a three-dimensional appearance. In the center of the image, the word "SAILING." is written in a bold, black, sans-serif font.

SAILING.



The image features a light gray background with several realistic water droplets of various sizes scattered across it. The droplets are rendered with soft shadows and highlights, giving them a three-dimensional appearance. The word "BUSINESS" is centered in the middle of the page in a bold, black, sans-serif font.

BUSINESS



THE BIG 40.





WWW.LIFEROLLSON.CO.UK

WWW.EVERYPENNYISAPRISONER.CO.UK





What is the Person-Centred Approach?

The person-centred approach is based on the theory and philosophy of Dr Carl Rogers. It is a non-directive approach to being with another; that believes in the others potential and ability to make the right choices for him or her self, regardless of the therapist's own values, beliefs and ideas.

Who are BAPCA?

The British Association for the Person-Centred Approach (BAPCA) is an organisation that embraces and promotes the person-centred way-of-being: the striving to create relationships based in genuine acceptance and empathic understanding.

Contact

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