

# Resource Guide



“Being Seriously Playful”: A Fresh Approach  
Towards Making Real Contact and Connection  
with Children of Any Age

René Veugelers

# About René

As a Coordinator specialising in Children Focusing with an emphasis on the non-verbal world, he teaches parents, therapists, teachers and others how to be with children in a Focusing way, how to (re)connect to their own inner child experiences and how to integrate creativity and flexibility into their life and work.

His experiences as an Art therapist embraces an expanded richness of creative elements and support a natural unfolding of creative process. René lives and works in the Netherlands and teaches internationally. He is an inspiring teacher who brings considerable experience, subtlety and joy to every person attending his workshops or training.

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# FISS 2015: Focusing Institute Summer School

**August 14th – August 20th, 2015**  
**The Garrison Institute, Garrison, NY**

[CLICK HERE FOR  
MORE DETAILS](#)

Focusing is a way of tapping into your vast emotional intelligence through the messages of your body. Focusing gives you direct access to your own inner compass, where you know the right direction for your life. Focusing is a meditation-like process of inner attention and self-inquiry that can be done alone or in peer Focusing partnerships, and can be brought into psychotherapy, counseling, coaching, nursing, teaching... the possibilities are endless.

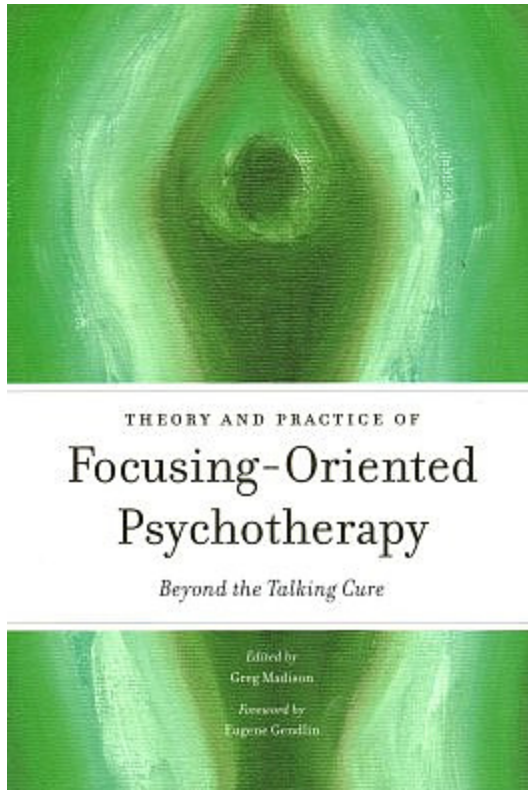
Since the publication of Eugene Gendlin's book *Focusing* in 1978, Focusing has become a worldwide movement with applications in creativity, business, health, trauma release, spirituality, addiction, chronic pain, working with children, parents and babies – and much more. The Focusing Summer School brings together five “master” teachers of Focusing, people who are recognized in the Focusing community as some of the most well-known and sought after international teachers of Focusing, and who offer a variety of approaches and styles.

How it works... When you sign up for the Summer School, you choose one of the five teachers as your main teacher for the week. You will meet with that teacher in a class every morning for six mornings, along with the same people every day, building a container of safety and support and coming away at the end of the week with solid skills and connections. You can sample the other four teachers by attending the stand-alone workshops that are offered in the afternoons and on some evenings. Morning courses require advance registration, but afternoon/evening courses do not.

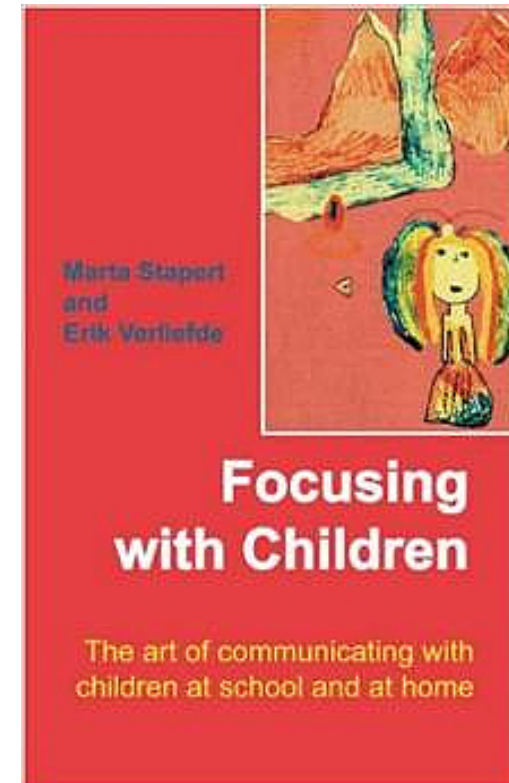
[www.onlionevents.co.uk](http://www.onlionevents.co.uk)



# Recommended Reading



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# Resources

[www.focusing.org](http://www.focusing.org)

The 27th International Focusing Conference in 2016 will be held in England in the beautiful old university town of Cambridge. The dates are Wednesday 20th to Sunday 24th July 2016, with a coordinators meeting starting the day before on Tuesday 19th July. Further information will be available in due course.

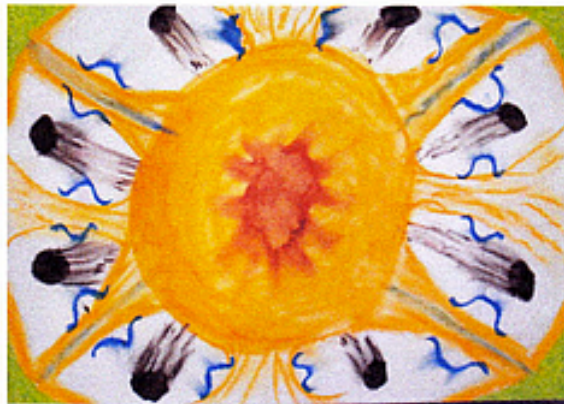
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Articles and books about Children and Focusing  
(Compiled by Marta Stapert) [CLICK HERE](#)

# Resources

A Focusing approach to being with children  
and towards your inner child.

**6 days of training - Monday 13th - Sunday 19h of July.  
The training will take place in the Netherlands.**



Children Focusing  
provides adults with the skills,  
knowledge and attitudes  
that allows them to *be with* ~  
and work with children,  
using the tools, techniques  
and inherently gentle,  
playful approach of *Focusing*.

[CLICK HERE FOR MORE DETAILS](#)



# Certificate in Counselling Children and Young People

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A 10 day course over five 2-day blocks for qualified counsellors/psychotherapists who work with children and young people or who wish to work with this age group.

[www.temenos.ac.uk](http://www.temenos.ac.uk)



**Dates: 3rd, 4th Oct 2015; 7th, 8th Nov 2015; 9th, 10th  
Jan 2016; 6th, 7th Feb 2016; 5th,6th March 2016**

[CLICK HERE FOR MORE DETAILS](#)

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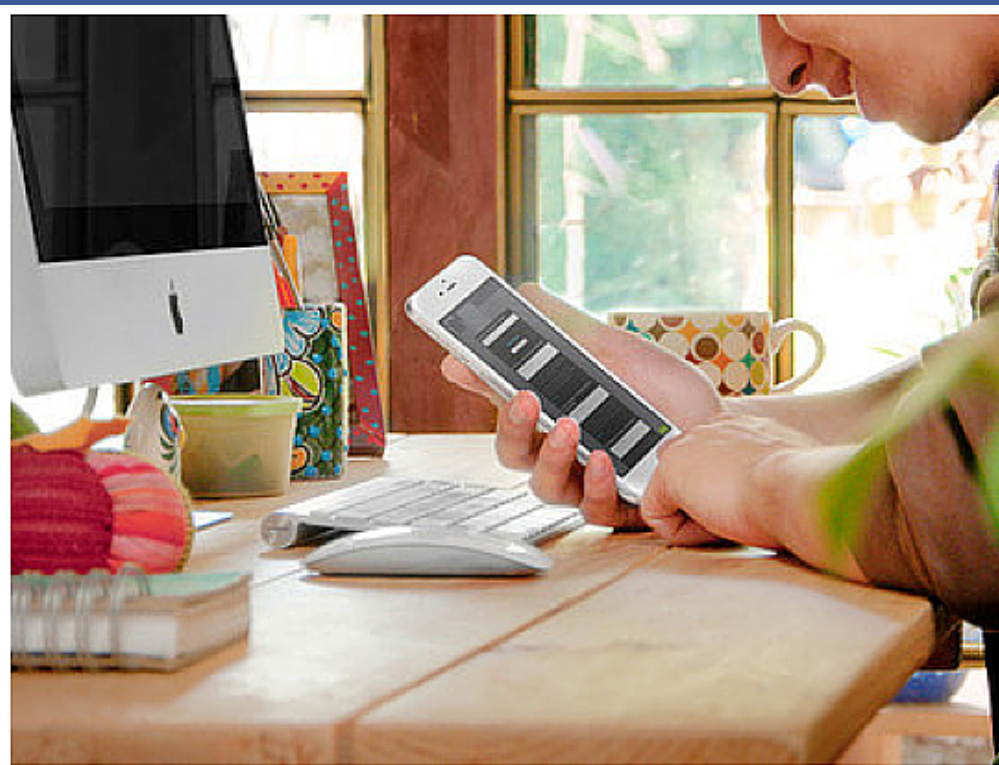


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×	CPD Certificates	CPD Certificates
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×	First Month Free	12 months for the price of 10
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