





An Introduction to the Therapeutic Relationship in Counselling and Psychotherapy

- Stephen Paul & Divine Charura

Resource Guide

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### **About Stephen Paul**

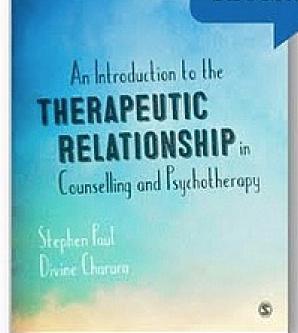
Stephen Paul has recently retired as Director of The Centre for Psychological Therapies at Leeds Metropolitan University after 20 years of service. He is a client-centred psychotherapist. He is co-editor of The Therapeutic Relationship: Themes and Perspectives (PCCS , 2008) and The Therapeutic Relationship Handbook: Theory and (McGraw-Hill /OUP ,2014). Stephen was instrumental in developing a Relational Approach to Therapy with Geoff Pelham (1999). He has worked extensively in both adult and child & adolescent psychiatry. He has been head of a therapeutic school and was Director of the VSO programme in Bhutan. Stephen now writes, practises therapy, supervision and coaching, and provides training.

### **About Divine Charura**

Divine Charura is a Senior Lecturer at Leeds Metropolitan University in Counselling and Psychotherapy. He is an Adult Psychotherapist who works in the NHS, voluntary sector and in private practice. He has published various papers and contributed to various books.

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Colin Lago, Fellow of BACP

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