

# Addiction Awareness: Helping Addicted Clients Recover

- Mike Eustace



onlineevents  
Learning Together Online

---

## RESOURCE GUIDE

---

# About Mike Eustace

**Mike Eustace** is a therapist, supervisor, and trainer working in private practice in central Southampton. He has more than 15 years' experience helping people recover from addiction. He has worked as a counsellor for Off The Record (OTR), a Portsmouth-based charity supporting young people aged 11-25. He currently works for OTR as a supervisor of counsellors.

Mike's practice is founded on the principles of Gestalt therapy and he has specialist training in trauma work and whole-body awareness. He is also a registered member of the BACP and he holds a BA (Hons, 1st class) in Humanistic Counselling.



Mike Eustace

[www.livingtherapy.co.uk](http://www.livingtherapy.co.uk)



onlinevents



# Resources

[www.livingtherapy.co.uk](http://www.livingtherapy.co.uk)

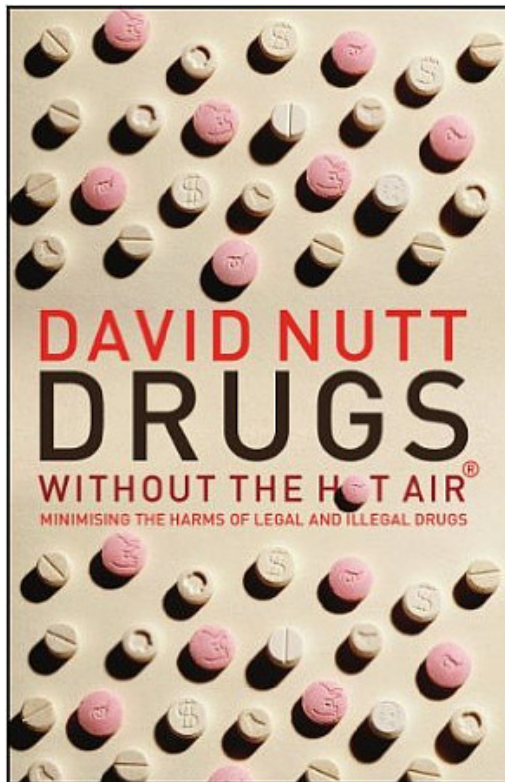
[www.drugscience.org.uk](http://www.drugscience.org.uk)

Alcoholics Anonymous - Find a Meeting [CLICK HERE](#)

If the meeting is listed as OPEN it will be open for anyone to go along to find out more

# Reading

## **Drugs - without the hot air: Minimising the harms of legal and illegal drugs - Kindle Edition**



Prof David Nutt was appointed chairman of the UK Government's Advisory Council on the Misuse of Drugs (ACMD), in 2008. In 2009 he published an editorial in the Journal of Psychopharmacology, comparing the harms caused by horse-riding with the effect of taking ecstasy. As a result of this and other comments on the harms caused by legal and illegal drugs, he was sacked by the then Home Secretary. In "Drugs - without the hot air", Prof Nutt puts the case for an evidence-based scientific approach to drugs. In straightforward languages for the lay person, he explains what drugs are, how they affect the body and the mind, and why people take them and get addicted to them.....

**[CLICK HERE FOR MORE DETAILS](#)**



onlinevents

# Training

**"I deliver three courses at locations across the UK for mental health professionals who work in the field of addiction. My approach is based upon the 12 Step philosophy pioneered by Alcoholics Anonymous"**

The following four sections describe the content of each of the courses that I offer:

**Addiction Awareness  
(2 Hours CPD)**

**Understanding Addiction  
1 day (6 Hours CPD)**

**Working With Addiction  
4 days over 2 weekends + homework (34 hours CPD)**

**Addiction Work Tutorials  
(2 hours CPD once a month, for delegates who have completed the certificate course).**

**[CLICK HERE FOR MORE DETAILS](#)**



onlinevents

# Supervision

**I provide one-to-one and group supervision. I welcome all enquiries from qualified or trainee counsellors looking for clinical supervision. I provide a reduced-rate supervision to trainee therapists.**

I use the Seven-Eyed Supervision model of Hawkins & Shoet, which compliments a wide range of therapeutic approaches, including Person-Centred, Gestalt, Transactional Analysis, Cognitive-Behavioural Therapy, Psychoanalysis, Family Systems Therapy, Hypnotherapy and many other modalities. My supervision practice and personal philosophy is based in the Humanistic paradigm and I welcome the opportunity to work with counsellors practicing in a variety of models.

As a supervisor and a therapist, I look and listen for the "music behind the words". Very often, what is communicated in supervision is perhaps an echo of what happens between client and therapist. Supervision can offer us a chance to step back and take note of what is driving our approach with clients.

**[CLICK HERE TO CONTACT MIKE](#)**



# Contact

[www.livingtherapy.co.uk](http://www.livingtherapy.co.uk)

[livingchanges@gmx.com](mailto:livingchanges@gmx.com)

**Tel: 023 8033 2575 / 07789 265 963**

---



Mike Eustace

Click [HERE](#) to connect with Mike



onlinevents



# Watch Again

## All events are added to Onlineevents Online Library

Click below to choose your membership  
( 30 days free trial comes with the Monthly membership )

**Student Membership**

**Free**  
while training

- Register for events
- View events live
- View archived events

**SIGNUP**

**30 Days Access**

**£9.99**  
1 Payment

- Register for events
- View events live
- View Archived Events
- CPD Certificates
- 30 Days Access
- 1 Payment Only

**SIGN UP**

**Monthly Membership**

**£5.99**  
per month

- Register for events
- View events live
- View archived events
- CPD Certificates
- First Month Free
- No Contract
- Cancel Anytime

**SIGNUP**

**Annual Membership**

**£49.99**  
per year

- Register for events
- View events live
- View archived events
- CPD Certificates
- 12 months for less than the price of 10
- No Contract
- Cancel Anytime

**SIGNUP**



# Connect with Onlinevents

Click the images below



Find us on  
**Facebook**

Click [HERE](#) to join our FB group



**John**



**Sandra**



Onlinevents Company page



**John**



**Sandra**



**onlinevents**

Learning Together Online

[www.onlinevents.co.uk](http://www.onlinevents.co.uk)