

DIGITAL DEVICES -  
ETHICAL CONSIDERATIONS FOR  
COUNSELLING IN LIGHT OF THE  
NEW ETHICAL FRAMEWORK  
- CATHERINE KNIBBS



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Learning Together Online

**Resource Guide**

# About Catherine Knibbs

Cath is a Child Trauma therapist MBACP (accred) specialising in and working with online abuse and Cybertrauma, as well as trauma/abuse in the real world. She uses Neuroscience and Psychotherapy to understand and work with the complex needs of her clients.

She is currently studying an MSc in Child & Adult Psychotherapy and is a Clinical Supervisor, Consultant and Public Speaker & has published material around these topics. She also writes for Internet Matters.

**Cath** is a leading cybertrauma researcher and consultant in the UK. She specialises in teaching around cyber and digital based issues.

[www.cybertrauma.com](http://www.cybertrauma.com)



Catherine Knibbs

# Resources

BACP - Research Overview. Ethical decision making within the counselling professions. Dr. Nicola Davies

BACP - Commonly Asked Questions Resource. Social media (audio and video) and the counselling professions Dr Nicola Davies

BACP Ethical Framework for the Counselling Professions Supplementary Guidance. Working Online - Tim Bond

BPS e – Professionalism Guidance on the use of social media by clinical psychologists



# Resources (ctd)

Ethical Framework for the Use of Social Media by Mental Health Professionals

[www.peersupportyorks.co.uk](http://www.peersupportyorks.co.uk)

[www.internetmatters.org](http://www.internetmatters.org)

[www.theagenci.com](http://www.theagenci.com)



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# BOOK



## **CYBER TRAUMA**

### ***THE DARKER SIDE OF THE INTERNET FOR CHILDREN AND YOUNG PEOPLE***

A QUICK REFERENCE GUIDE FOR PARENTS,  
CARERS, PROFESSIONALS, PRACTITIONERS  
AND ANYONE WHO USES THE INTERNET &  
CYBERSPACE

Catherine Knibbs

A quick reference guide for parents, teachers and professionals with explanations on what can happen to children and young people in cyber space (Phones, The Internet and Games Consoles).

This book reveals and describes the Neuroscience and Psychology behind how and why children can find themselves dealing with the issues detailed in this book. Catherine's experience of working with children and young people who encounter these issues and bring them into therapy/counselling has enabled her to write this comprehensive and handy guide.

This is a must for any adult who wishes to understand the perils and pitfalls of the internet for children and young people and adults too.

[More Details HERE](#)



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# Contact

[www.cybertrauma.com](http://www.cybertrauma.com)



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