### ADDICTION - A FAMILY AFFAIR

- FIONA MARKHAM



Resource Guide

## **About Fiona Markham**

I have spent many years specializing in the treatment of the addict and the addicted family system. I have been fortunate to gain experience in both inpatient and outpatient settings, using a variety of treatment modalities. Most recently, I have travelled to The Middle East, Asia and the U.S.A working with families in 'at home' settings; treating the family system as a whole.



**Fiona Markham** 

I am dual trained in Psychotherapy and Psychiatry and have a Private Practice in Southern Spain, where I enjoy sunshine days with my daughter and neurotic Dalmatian!

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## **Event Details**

Addiction and Substance abuse has far reaching consequences in the family system as a whole. We will look at the process of addiction in the family system and the importance of recognizing and treating the family as a whole.

### **1st Learning Objective**

To look at the family system in an addicted family.

### **2nd Learning Objective**

To learn about codependency and enabling.

#### **3rd Learning Objective**

To understand the effects on the children in the family unit.



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