

MEET THE AUTHOR OF 'CONTEXTUAL  
TRANSACTIONAL ANALYSIS', IN A LIVE  
INTERVIEW WITH MARK HEAD

– JAMES SEDGWICK



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# About James Sedgwick

I'm a Senior Lecturer in Counselling and Psychotherapy at Newman University in Birmingham, UK where I also live. I am also a UKCP registered psychotherapist, Certified Transactional Analyst, and BABCP accredited CBT therapist. I have been in clinical practice for 11 years and for most of that time, have worked for the UK National Health Service in areas of high socio-economic deprivation.

Outside of work, I have a keen amateur interest in both sociology and philosophy, both of which inform my approach to therapy.



# About Mark Head

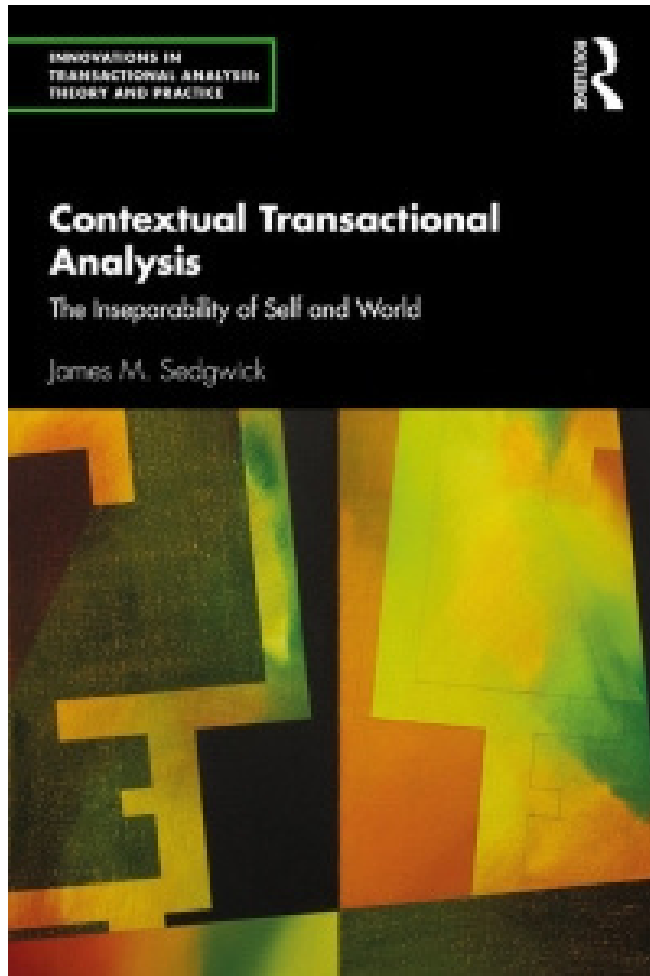
**BSc Hons, MSc TA Psych., CTA (P) UKCP Reg.  
Psychotherapist, TSTA (P)**

I'm an internationally qualified Transactional Analysis Trainer and Supervisor, and a Mindfulness instructor. I have a background in training, project management and business consultancy, and my focus is now on training, organisational consultancy, coaching, supervision, and psychotherapy.

I place most emphasis in the development of the individual or group in achieving their desired goal, through increased awareness and insight. I am also one of the founders and Co-Director of the Link Centre.



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