

WORKING AS A COUNSELLOR WITH A CHRONIC CONDITION

– OLIVIA DJOUADI & KEL O'NEILL



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About Olivia Djouadi

My name is Olivia Djouadi, and I am a UKCP psychotherapist and supervisor who works with trauma and chronic conditions online. I also work as a tutor at OLT Online Training for Counsellors Ltd. When I'm not working, I live and assist a special needs adult who uses a wheelchair for mobility and another adult with autism.



I also volunteer at the RAF talking to ex-military about their experiences. Lived experience is down to my type-1 diabetes and multiple sclerosis, so do have times I rest or reduce my working hours so I'm at my best for clients and supervisees.

Ch. 14 - Using creativity in online supervision and chronic illness (OLIVIA DJOUADI) from the book: "Online Supervision – Anne Stokes" - (May 2018)

(Scroll down for contact info)

About Kel O'Neill

I am a Counsellor/Psychotherapist, Trainer, and Supervisor with a special interest in the area of Eating Disorders. I have spent almost 15 years working in this field in a variety of roles and am ever passionate about sharing my experiences and using my knowledge for the benefit of others.

As a Therapist, I work with eating disorder related concerns as well as a variety of other issues within my own private practice. I also offer traditional Counselling Supervision, as well as provide case specific consultation for Counsellors requiring extra input while working with a client with an Eating Disorder.

I have been writing a – now award nominated – blog 'Mental Health Bites' for a few years and February 2020 will see a total relaunch of this.

Following a 12 months health related hiatus (allowing me to practice a lot of self care!), my training workshops will also be getting a 2020 makeover – and I hope they continue to be of interest and draw the exceptional feedback we've received over the years.

(Scroll down for contact info)



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Contact Olivia / Website / Social Media

Click the links below to make contact

[Olivia Djouadi UKCP Trauma and Stress Expert](#)
therapywitholivia.org.uk



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**Online counselling and supervision
with Olivia**



OliviaDjouadi



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Contact Kel / Website / Social Media

Click the links below to make contact

Website: counsellingandtraining.co.uk

Blog: mentalhealthbites.co.uk



@Kel_MHB



Counselling and Training - Kel O'Neill



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