

# THE STORY SO FAR: INTERDEPENDENT SUPERVISORS NETWORK

- JOAN WILMOT



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# About Joan Wilmot

I co-founded [CSTD](#) in 1979 and work as a trainer, supervisor, psychotherapist, mediator, and coach. I have been running supervision trainings and working with teams, in particular the NHS and voluntary sector, for 38 years. My particular passion is in enabling people to find the work they love and love the work they do. I am also co-founder and an active member of [Findhorn Playback Theatre](#), Northern Lights Learning Conference, and Mythodrama Scotland.



I have written about supervision in the CSTD book, [Supervision in the Helping Professions](#): Hawkins, P. Shohet R; also in [Passionate Supervision](#) ed Shohet R. chapter 5 The Supervisory Relationship: A Life long calling, and in [Training and Supervision for Counselling in Action](#): ed Dryden W. Thorne B. The Key Issue in the Supervision of counsellors.



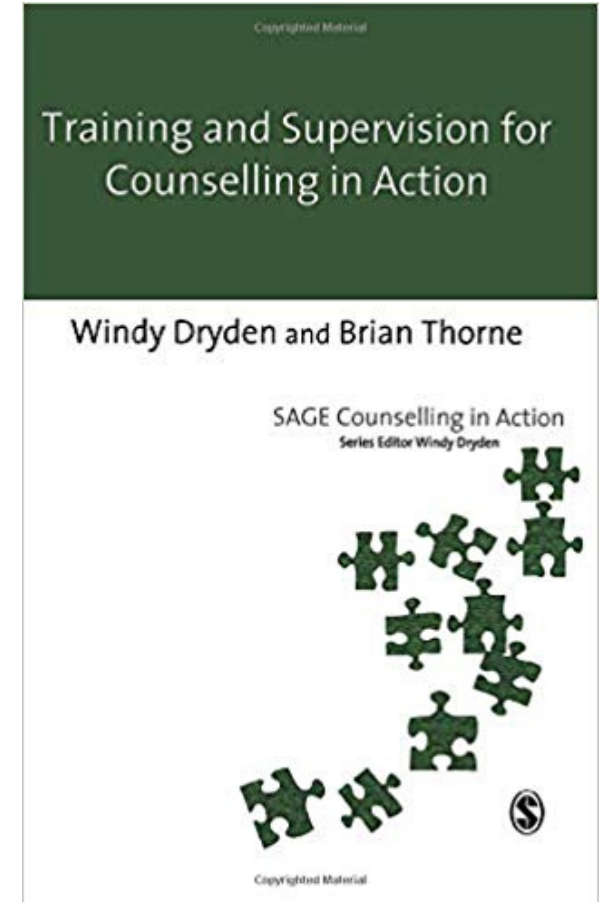
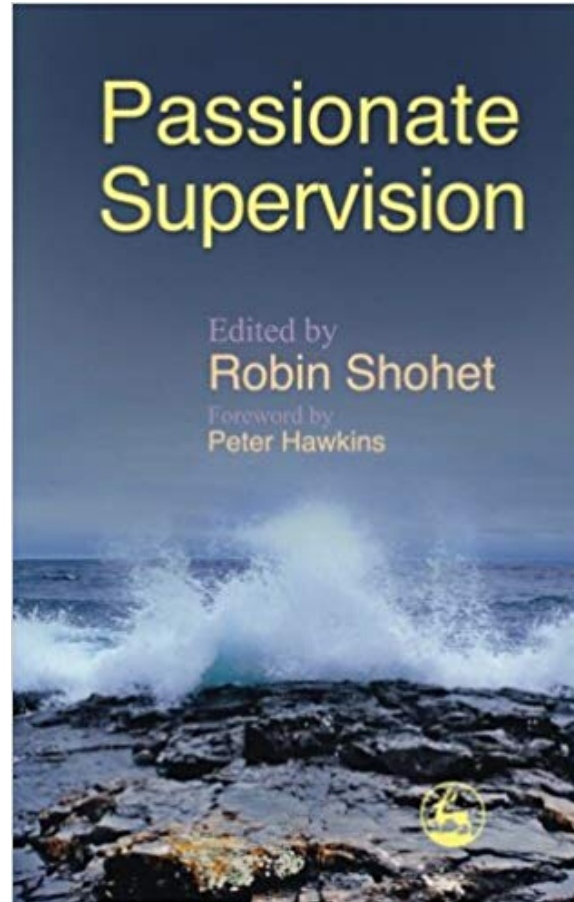
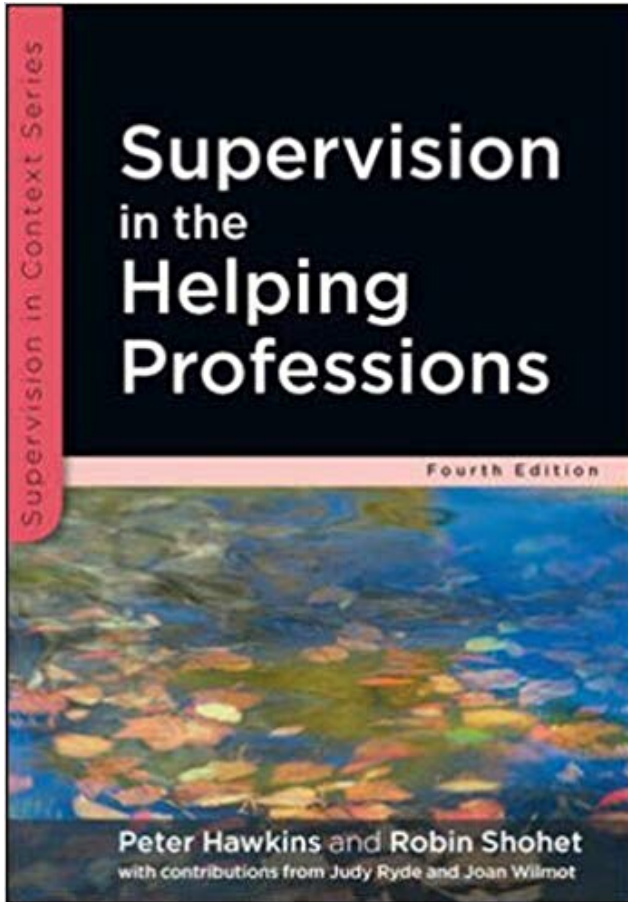
# Event Details

ISN The story so far. In this conversation, Joan will talk about the intention and purpose of the Interdependent Supervisors Network and reflect on the following questions:

- Is it needed and by whom?
- How do we support each other in our work life as supervisors?
- What structures support us?
- How do we manage the creative tension between our need to belong and our need to do our own thing?
- How do we create community and connection when we are spread all round the country?
- How does technology help or hinder this?



# Reading



# Contact Joan / Website / Social Media

Click the links below to make contact

[www.cstdlondon.co.uk](http://www.cstdlondon.co.uk)

[www.independentsupervisorsnetwork.com](http://www.independentsupervisorsnetwork.com)



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