

LIVING WELL AND DYING WELL: COUNSELLING OLDER PEOPLE

- HELEN KEWELL



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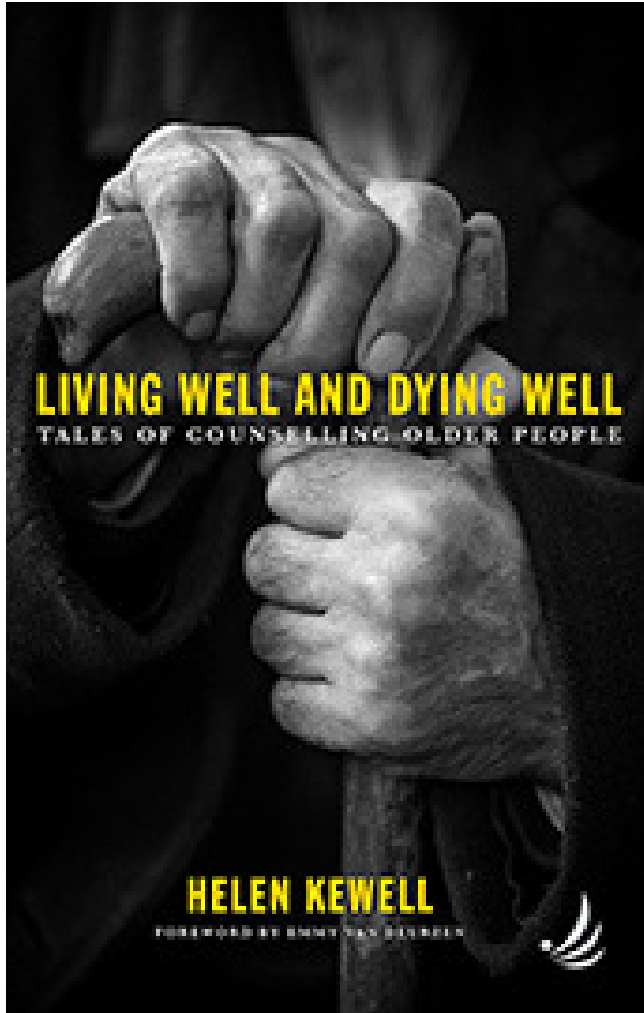
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About Helen Kewell

I am a humanistic counsellor with a private counselling practice in Sussex, and a specialism in working with older adults. I volunteer as a counsellor and supervisor for Cruse Bereavement Care. I am also a writer and author of 'Living Well And Dying Well: Tales of Counselling Older People'.



Reading



Older people rarely feature in counselling literature, and the very old barely at all. Helen Kewell seeks to address this often overlooked topic with a vibrant collection of resonant case studies describing her encounters with some of the old and very old clients with whom she has worked as a counsellor. Woven into these accounts are her personal reflections on how working with these clients has changed her and contributed to her own growth as a counsellor and as a human being. She also describes the theoretical and philosophical works that have influenced her practice – looking to humanistic, existentialist and person-centred approaches to guide her in this largely uncharted territory.....

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