

# ENERGY WORK FOR THE THERAPEUTIC COMMUNITY

- AMY SKEZAS



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## RESOURCE GUIDE



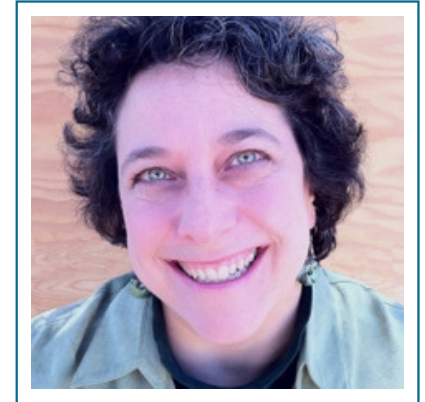
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# About Amy Skezas

I am a mom, writer, educator, cook, and animal lover. I live on a farm in Northern California with miniature sheep and goats, chickens, livestock guardian dogs, and cats. I have been leading energy work seminars since 1988. I work in cooperation with Nature and with more "far out" energies from the realms of light. I love connection, communication, and creativity, and look forward to our play and exploration together!



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# EXPERIENTIAL WORKSHOP

## Awakening Your Golden Body

DATES: Oct 8, Nov 12, Dec 10th

The world, including our own bodies, is made of energy, and there are lots of different kinds of energy, based in different vibrations and frequencies. Golden energy is a part of higher vibrational energy, and is

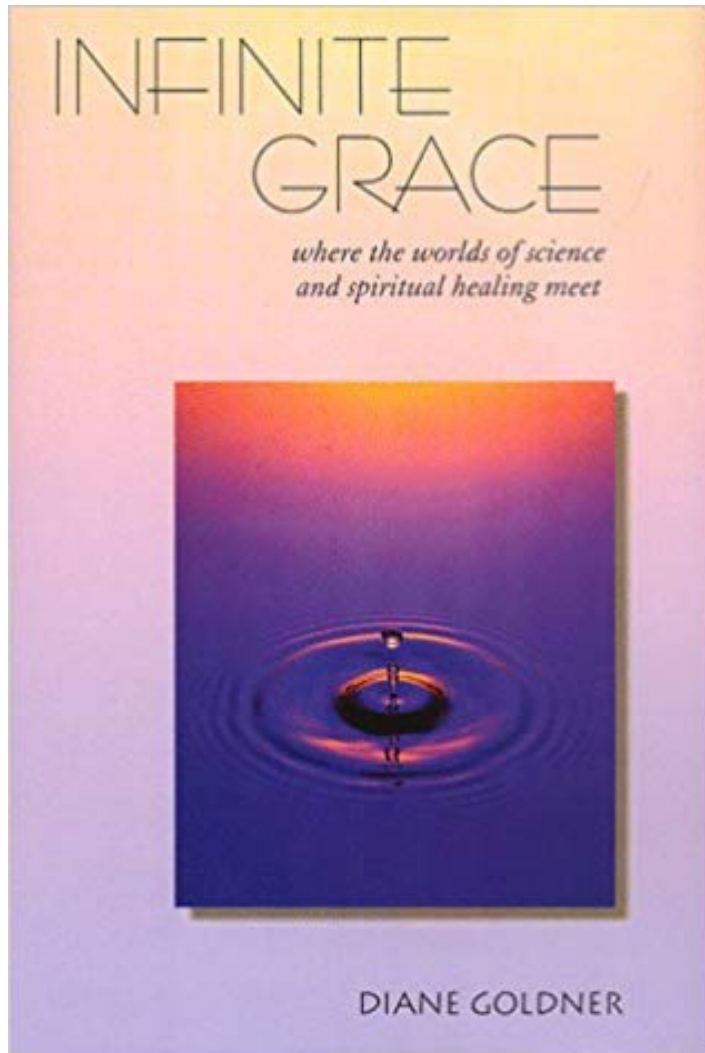
- More available to us when we learn to tap into it
- Deeply nourishing
- Part of how creation becomes manifest
- A doorway to find and join a higher flow in life

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# Reading



This study traces the mystery of spiritual healing and other phenomena, once solely in the arena of the New Age devotees, into modern-day laboratories where researchers are studying the secrets of ancient healing and the power of the mind.

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