DO CULTS EXIST?

- OLIVIA DJOUADI



RESOURCE GUIDE



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About Olivia Djouadi

My name is Olivia Djouadi and I am a UKCP psychotherapist and supervisor who works with trauma and chronic conditions online. I also work as a tutor at OLT Online Training for Counsellors Ltd.

When I'm not working I am raising my son a special needs adult. I also volunteer at the RAF talking to ex military about their experiences. I also juggle my type 1 diabetes and multiple sclerosis so do have times I rest.





Event Details

When people think of cults, experiences like US based situations may come to mind. However they occur in the UK as well and as clinicians we may see clients who have experienced this type of trauma.

It's different from family based or life event traumas which are covered in many trainings. There maybe different symptoms for those who joined a cult to those born into one. They can have both a nice side (which may attract new members) and an unsafe side.

When working with this group we need to keep in mind what may of occurred to them: deprivations of food light and sound, coercive control, gaslighting, rules, overwork, extreme trauma, Stockholm syndrome etc. As a result this may need more than brief therapy.

Olivia will be speaking on captivity at the ICSA (International Cultic Studies Association) 2019 Annual International Conference in July held in Manchester this year.



ICSA 2019 Annual International Conference

July 4-6, 2019

Holiday Inn Manchester City Centre, 25 Aytoun Street, Manchester, M1 3AE, United Kingdom

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