CREATING A SUPERVISION MODEL THAT WORKS FOR YOUR PRACTICE

- KARIN BRAUNER



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About Karin Brauner

I'm an accredited therapist (counsellor/psychotherapist), as well as a clinical supervisor. I've trained in Guatemala and in the UK, and have worked with English speakers and Spanish speakers alike.

I've been practising for 16 years. I qualified a few years ago to become a supervisor, which I enjoy, and I consider that completing a course is not essential but it does give more awareness of what to look out for when supervising someone's private practice.



Click HERE for my supervision model.



Event Details

When I was studying to become a Clinical Supervisor, my favourite module asked us to create a model of supervision that worked for us.

I enjoyed creating this model, and it is the model that underpins and informs my practice. I believe it encompasses many of the aspects required in supervision - the pastoral care, the challenge of one's practice, the administrative aspects, the relationships between client-therapist and therapist-supervisor, the stages of learning of the therapist and level of expertise of the supervisor, and so on.

I compiled these from existing theories, which I will describe briefly in this hour, and explain why I find these important for a thorough and complete supervision model.

I've created blog posts, videos, and images about this. Do have a look at the resources page for more on this content.



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