

GROUP SUPERVISION - NAVIGATING THE CURRENT:
EXPLORING 'HOW TO....' IN THE CONTEXT OF
MOMENT-TO-MOMENT GROUP PROCESS

- JO BIRCH



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About Jo Birch

MA Couns (Keele), PG Dip Couns (Keele)

I've been a counsellor/psychotherapist for nearly 25 years and a supervisor for two glorious decades. What bliss to be working together as professionals; exploring and stretching practice to better serve those who choose to work with us!



I have been active in the professional field for many years, previously Chair of BACP Coaching, I now work with the Association for Coaching (AC) Special Interest Group (SIG) on Supervision, and Global Supervisors Network (GSN) SIG on Supervision of Supervision. My co-edited publication on Coaching Supervision as part of EMCC Mastery Series is due on the shelves around May 2019!

I live in Edinburgh and enjoy a busy local, and international, practice: counselling/psychotherapy, executive coaching and supervision of counsellors, coaches, specialist health practitioners, NHS Consultants and managers. I've also been training coaches across the world to become supervisors in London, Singapore, and Hong Kong, and maybe China next year. I am blessed to have this wonderful portfolio and the opportunity to be with so many people through my work.



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Event Details

This webinar will be part of a series that is emerging with John at Onlineevents. In Group Supervision Lets get started!, we explored beginnings; Group Supervision - Cruising in the middle focussed more on the process and holding space during the life of the group; and this next webinar emerged from questions in the room and has become: Group Supervision How To...? Really?

What's the likelihood of us finding concrete answers to multiple fascinating 'How to' questions posed by the prospect of running a supervision group? I'm not sure but I am up for exploring with you!

How to deal with people who take up the time, don't speak enough, interrupt? How to deal with abruptions, dual relationships, cliques, conflicts of interests, requests to record sessions? How to work with ethical dilemmas and what if a group member reveals unethical practice? How to notice my own triggers as supervisor, my own projections onto group members, assumptions, judgements? How to surface parallel process? How to return to centre when I have been completely knocked off!

Let's explore!

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Group Supervision: Cruising In The Middle?

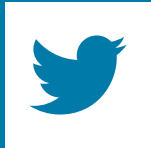
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