

CULTIVATING THE MALE HEART

- NICK DUFFELL



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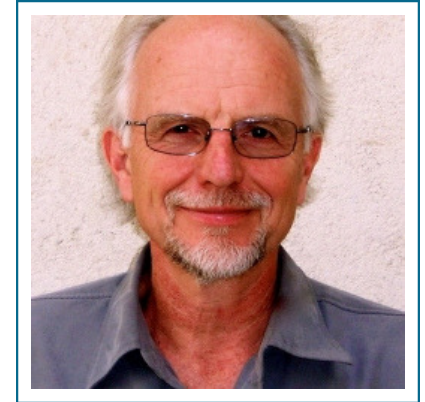


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About Nick Duffell

I have been running men's groups since 1987 and am a psychotherapist as well as an author and now calls myself a psychohistorian. I am committed to bridging the gap between psychological and political thinking, promoting a depth psychology perspective of issues that affect our public life very deeply such as identity and emotions, fear and vulnerability, but about which political commentators currently lack the means to properly to address. I'm an Honorary Research Associate at University College London working on a VR experiment for healing childhood attachments. I live between London and the wilds of SW France where I saw and care for trees.



(Scroll down for book & contact details)

Event Details

Nick will speak about a 20-year experiment in running Therapeutic Menswork groups, chiefly the quarterly groups, 'Searching for my Father I found My Self', which currently have four series with 12 men and one or two facilitators. The first two series still have about 2/3rds of the original participants and are creative learning, supporting, and empowering spaces – vital resources for the eternally difficult challenge of intimate relationships. Nick will speak about the theoretical basis for this powerful work and explain how it fits within a post-feminist society as a force for creatively supporting the community. He will also discuss the 'Images of Masculinity' retreats where men can learn to awaken and find new meaning in their lives, and he will announce what he imagines to be a world first: a 4-module training to become a facilitator of Therapeutic Menswork groups that starts in London in February 2019.



Reading - Books

Click the links below for book details

My writing includes several cutting-edge articles on Menswork and sexuality, which are making their way to [Medium.com](#)

[The Simpol Solution: A New Way to Think about Solving the World's Biggest Problems](#)

[Wounded Leaders: British Elitism and the Entitlement Illusion - A Psychohistory](#)

[Sex, Love and the Dangers of Intimacy: A guide to passionate relationships when the honeymoon period is over](#)

[The Making of Them: The British Attitude to Children and the Boarding School System](#)

[Humanistic Psychology: Current Trends and Future Prospects](#)

[Essays on the Theory and Practice of a Psychospiritual Psychology: Volume 1](#)

[Dictionary of Personal Development](#)



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Reading - Posts

Click the links below for post details

[The Impact of Hyper-rationality on Men's Hearts and the Way Out.](#)

[Searching for our Male Heart](#)



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www.genderpsychology.com/menonly



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Nick Duffell



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