

SELF-ESTEEM AND IMPOSTER SYNDROME

– KEVIN GUTHRIE



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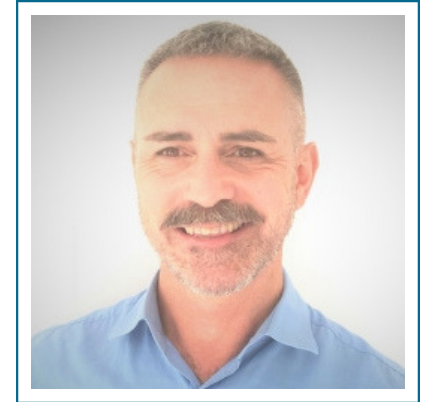


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About Kevin Guthrie

I believe in human potential; I believe we all have the ability to be the very best version of who we are if we find the right environment to achieve this growth and change. My name is Kevin Guthrie. I'm a qualified, registered therapist and BACP (British Association for Counselling & Psychotherapy) member who has practised for over 5 years. I am passionate about human psychological and emotional well being, and have a real passion for seeing and understanding low self-esteem.



(Scroll down for contact details)

Workshop

Imposter Syndrome & Self Esteem 101

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