

COUNSELLOR SELF-CARE: AN ETHICAL CONSIDERATION

JANE TRAVIS



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About Jane Travis

I'm a counsellor and supervisor from Lincoln and I've successfully run my private practice Reflections Counselling Lincoln since 2005.

I've also run an online blog and business '**Self Care for Busy Women**', which was all about self-care for people pleasers.

I co-founded and ran the Lincoln Counsellors Network until September of 2017.

Now, I also help other counsellors grow their private practice through coaching or through the Grow Your Private Practice club.

To read blogs to help you grow your private practice and grab some free resources, pop over to '**Grow Your Private Practice with Jane Travis**'.

(Scroll down for contact details)



Resources

Click the links below

Self Care for Busy Women - Blogs

Grow Your Private Practice with Jane Travis

Join Jane's Facebook Group [HERE](#)

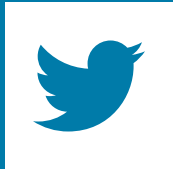


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