

# ONLINE COUNSELLING

– KATE ANTHONY



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Learning Together Online

## Resource Guide



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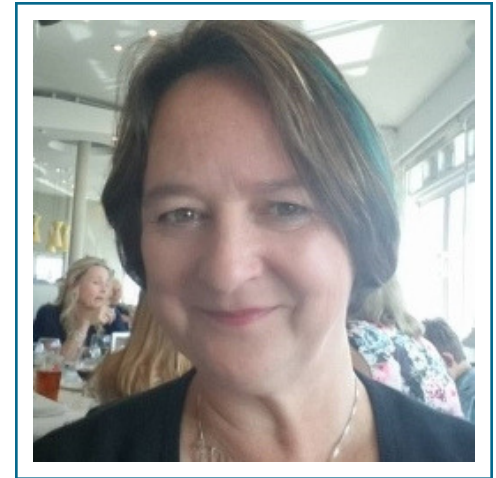
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# About Kate Anthony

FBACP

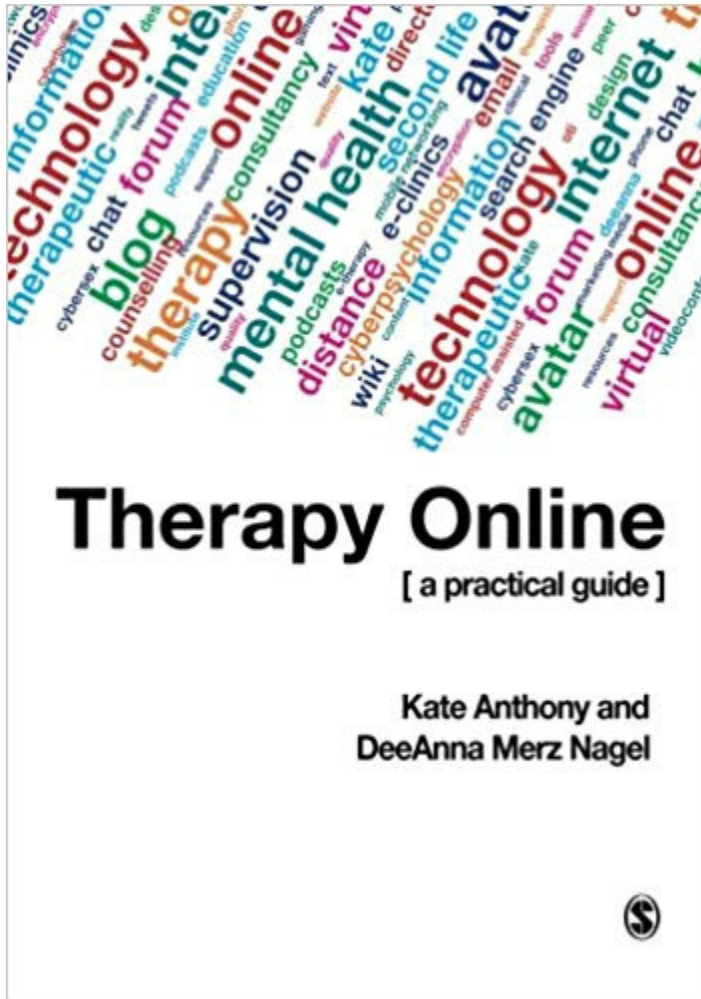
I'm the leading UK expert on the use of technology in therapeutic practice. I am a psychotherapist, coach, supervisor, trainer, and consultant. I have trained practitioners and organisations worldwide in online therapy, coaching, and related fields for over 15 years; with both my online training courses, and offline workshops and lectures.



I am co-editor and co-author of five textbooks on the field as well as numerous articles, chapters and journal symposiums, and several Ethical Frameworks for the use of technology in mental health. I was made Fellow of BACP for my work in 2008, and am also Past-President and Fellow of the International Society for Mental Health Online. I am co-founder of the Online Therapy Institute.

I live on a widebeam barge on the Grand Union Canal in London and am a double Stroke survivor

# Reading



[CLICK HERE FOR  
MORE BOOK INFO](#)

# Resources

**Video Platforms** VSee - [www.vsee.com](http://www.vsee.com)  
Doxy.me - [www.doxy.me](http://www.doxy.me)

## Online Therapy Institute

<https://www.onlinetherapyinstitute.com>

The Online Therapy Institute was founded by Kate Anthony and DeeAnna Merz Nagel in 2008, to draw on their combined international expertise in the field of using Technology in Mental Health to offer bespoke online training.

**Talk To A Counsellor** [www.talktoacounsellor.co.uk/](http://www.talktoacounsellor.co.uk/)

"Talk to a Counsellor is proud to lead the way in offering the public easier access to qualified counselling in the UK"



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# Training

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MORE INFORMATION**

## Online Therapy Training

Our Trainings in Online Therapy are offered via a dynamic online learning platform and offer one-to-one mentoring and feedback from Dr Kate Anthony, FBACP, or one of our team of expert tutors.

- **Looking to translate your face-to-face therapeutic skills to the online environment?**
- **Needing to understand your client's life in a digital world?**
- **Wanting to be part of a dynamic learning cohort for learning support?**
- **Have a busy life and want a course you can attend when you are able?**

Courses are based on over 20 years of experience and training in the international online therapy field, suitable for those organisations and individual practitioners moving to an online client service via email, chat, audio and video connection, embracing social media, marketing and other technological solutions along the way to connect with clients where they are at.

Source: <https://www.kateanthony.net/online-training/>



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# Contact / Website / Social Media

Click the links below to make contact

[www.kateanthony.net](http://www.kateanthony.net)

[www.onlinetherapyinstitute.com](http://www.onlinetherapyinstitute.com)

 [kate@onlinetherapyinstitute.com](mailto:kate@onlinetherapyinstitute.com)



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