

WHY THERAPISTS SHOULD POST THEIR VIDEOS ON SOCIAL MEDIA

SANDRA WILSON



onlineevents
Learning Together Online

Resource Guide



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Get Social With Saz

Video Confidence Coaching Bring Your About Page To Life

Discuss the fears | Face the fears| Record it anyway

6 Weeks Course - Online - One to One Coaching

We start with a group coaching call (**4 practitioners in total**) so that participants can get to know each other and talk over any concerns or questions about the coaching.

Over the next 3 weeks I have one to one coaching calls with all participants at a time that suits them. This allows each practitioner time to learn simple technology needed to record video with their phone and chat over concerns and fears around creating video. I offer a step by step guide to help build a video 'script'.

There is a coaching call in week 5 if extra time and coaching is needed.

At week 6 all practitioners come together to discuss their experience, and if they like, to share their video they have created for their About Page.

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Resources



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Facebook Groups



Get Social With Saz

Social media support. We discuss all things social media and share posting tips for when you are unsure what to post.

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Do Self Care

A lovely group for self-care reminders during the week as you work. We share pictures, ideas and support.

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Therapy Blogs

Writing a blog or thinking about it? Our group Therapy Blogs is a great place to share your work, read other blogs and test your lonks etc.

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About Sandra Wilson

I am the co-founder of Onlineevents. With years of experience in using social media to promote both Onlineevents and managing accounts for others, I teach and support practitioners as they start and continue their social media journey to promote their practice. I share tools to use and free platforms to create images, videos, etc.



Online courses for social media training are great, but having that one to one contact to ask "is this right, how does this look, how do I" makes all the difference for practitioners. This is why I have developed my online one to one Coaching Get Social With Saz. You can find out more about my coaching at www.getsocialwithsaz.co.uk



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Contact Sandra / Website / Social Media

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Lets connect

Click the links below to connect with Sandra on social media



 [GetSocialWithSaz](#)

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John



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