

SACRED LANDSCAPE GROUP SUPERVISION
THROUGH THE LENS OF WORKING OUTDOORS IN
PARKS AND GARDENS

ELAINE PATTERSON & KARYN PRENTICE



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About Elaine Patterson

I am an international Master Coach, Accredited Coach Supervisor, and Writer. I am also Director: Creative Development at the Coaching Supervision Academy | International Centre for Reflective Practice.



My passion is to bring the humanizing, energizing, and creative powers of reflection to leaders, people professionals, and development practitioners everywhere for courageous, compassionate, and ethical practice. I take my inspiration from my love of the arts, history, mediation, writing, poetry, and Nordic walking. I am now half way through writing my book called "'Reflect to Create!' - Reflection, Reflective Practice and Supervision for Creative Leadership and Professional Practice'.Add a little bit of body text

About Karyn Prentice

I am Assistant Director for Training, Coaching Supervision Academy. I'm also an accredited Coach with Association for Coaching, a member of ICF, and an Accredited Coach Supervisor with CSA since 2008. I am in the frontline teaching team at CSA co-facilitating in London, Seattle, and France, and works bilingually.



I'm one of the authors of 'Full Spectrum Supervision' published September 2013. I am a UKCP accredited transpersonal psychotherapist and mindfulness teacher. I'm particularly drawn to Mother Nature as an unceasing source of inspiration and teacher in my life and practice. I am now half way through writing my book called "How Does Your Garden Grow?" to help others share my passions. Add a little bit of body text



You Are Invited



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You Are Invited (ctd)

In celebration of International Supervision Week, Elaine Patterson and Karyn Prentice invite you to experience a free group supervision with them in Regents Park on Friday 13th July. Elaine & Karyn would like to work with about 8-10 people to provide a really bespoke experience. Places will be secured on a first come first served basis.

"We go whatever the weather is. Please come properly dressed with good walking shoes, sunhats and/or waterproofs! Also, please bring a journal, pen, and camera, which could be your smartphone"

If you would to find out more or to book your place please contact Karyn at **karyn@fletcherprentice.com** or **Elaine at elaine@ep-ec.com**.

Elaine and Karyn have been working outdoors with supervisees for some years now using the backdrop of London's great open spaces and drawing insight from Mother Nature to inspire, refresh, and inform their practice.

The reported benefits have been the wonderful opportunity of:

- Walking and talking as we explore your case work
- Engaging in reflective collaborative dialogue together
- Combining movement and stillness
- Time and space for you to reflect on you and your practice in community
- The use of a range of exercises relevant to the season. Add a little bit of body text



Contact / Website / Social Media

www.fletcherprentice.com

www.coachingsupervisionacademy.com



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