

DIABULIMIA - AN EATING DISORDER THAT CAN GO UNDER THE RADAR

- OLIVIA DJOUADI



onlineevents
Learning Together Online

Resource Guide

About Olivia Djouadi

My name is Olivia Djouadi and I work with adults as an integrative UKCP psychotherapist, counselor and supervisor. Due to training in a variety of places I have gained skills that will help clients in finding paths that will be useful towards healing.



I trained at Birkbeck, CAPP (The John Bowlby Centre), Online Training Ltd and Regents University London. I have also taken courses in trauma and dissociative disorders with experts in the field within the UK. I continue to update my knowledge yearly with both experiential and academic courses. I also learn from the experience of life.

Over the years, I have worked online as a support person to those with special needs and also those with dissociative disorders. In the past, I volunteered with refugees and those who found themselves homeless in London. I am knowledgeable about short term and long term disabilities. I have also been a type 1 diabetic for 45 years so some knowledge comes from experience.

I have also taken courses in trauma, psychopathology, integrative therapy, online counseling and humanistic therapy. I continue to update my knowledge on a yearly bases so I can be helpful to those I assist. I now work as a tutor teaching both counseling and supervision online. I presently work as a private practice online practitioner based in London.



Event Details

I will be introducing an eating disorder known as diabulimia which can occur to those with type 1 diabetes. This eating disorder is not well known but needs underlining as it can become a deadly condition and cause long-term complications.

Those who receive the assistance they need have a better chance at a longer life expectancy. Learning steps that can help those with this specific disorder benefits both the psychological and medical balance in an individual.



Resources

DWED: Diabetics with Eating Disorders www.dwed.org.uk



[@DiabeticswithEDsUK](https://twitter.com/DiabeticswithEDsUK)



[/DiabeticswithEatingDisorders](https://www.facebook.com/DiabeticswithEatingDisorders)

Article: Fifteen-minute consultation: diabulimia and disordered eating in childhood diabetes

[CLICK HERE TO DOWNLOAD](#)

The Eating Disorder Recovery Podcast

Episode 35 - Quinn Nystom on ED and Diabetes [LISTEN HERE](#)



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Contact Olivia

Click the links below

www.oliviadjouadi.online



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