

EATING DISORDERS EXPLORED #3

- KEL O'NEILL



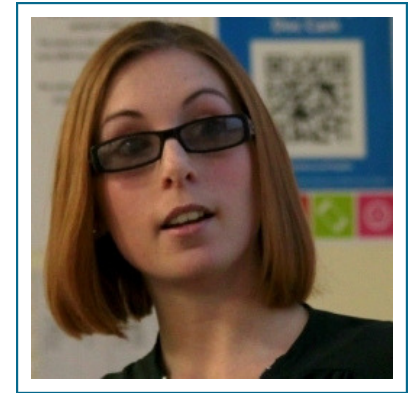
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Resource Guide

About Kel O'Neill

Kel O'Neill is a Counsellor, Trainer, and Supervisor with a special interest in the area of Eating Disorders. She has spent more than 10 years working in this field in a variety of roles, and is ever passionate about sharing her experiences and using her knowledge for the benefit of others. As a Counsellor, Kel works with eating disorder related concerns as well as a variety of other issues within her own private practice. She also offers traditional Counselling Supervision, as well as provides case specific consultation for Counsellors requiring extra input while working with a client with an Eating Disorder.

She delivers a variety of workshops on this subject – which are ran across the country and works with a growing number of educational establishments to offer course input.



Kel O'Neill

Event Details

Fat is not a feeling – during this third instalment of #EatingDisordersExplored we are going to talk about the concept of how eating disorder expression can be metaphoric of the underlying causes. Are we taking what our clients with Eating Disorders say too literally? And, how can we look beyond the obvious to dig a little deeper? As always Kel will also be more than happy to take your questions.



Resources

www.aedweb.org

www.mentalhealthbites.com



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- 1 What did you learn?
- 2 How do you intend to apply this in your practice?
- 3 Do you have any further action for your next CPD cycle?

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