## THE EMPOWERED CHILD: HOW TO HELP YOUR CHILD COPE, COMMUNICATE, AND CONQUER BULLYING – DANIELLE MATTHEW



# **Resource Guide**

### **About Danielle Matthew**

Danielle Matthew is a Licensed Marriage and Family Therapist who treats bully victims and their families; and educates schools, medical professionals, and the community about the bullying epidemic. With over 20 years of experience, Danielle authored Amazon Parenting Best-Seller, The Empowered Child, and is the Director of The Empowerment Space Bullying Therapy Program in Los Angeles.



Featured in Huffington Post, Danielle has appeared on Good Day Sacramento, Good Morning Arizona, Good Morning San Diego, Mom Talk Radio, LA Mom Magazine, and Kids In The House. Danielle consults and speaks nationwide.



#### **Event Details**

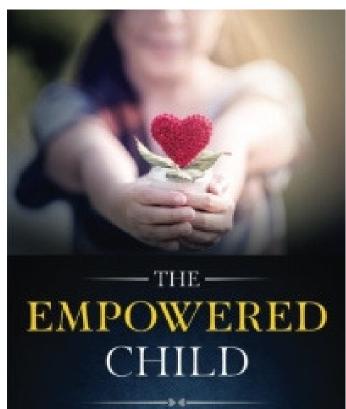
Danielle will be presenting How to Help Children Heal from Bullying with The Three E's.

The discussion will explain how parents can use empathy, empowerment, and engagement to help children increase self-esteem, decrease negative thoughts they may be having, and be able to respond to a bullying situation.

The Empowered Child provides a framework for communicating better with our children both in conversations about bullying and in the process of strengthening parent-child general communication. Your go-to guide for helping your child overcoming bullying, The Empowered Child introduces simple, effective therapy techniques to start a healthy conversation with your child, create an action plan to stop bullying, bring in support from your school, and stay sane throughout the process.



# Reading



How to Help Your Child Cope, Communicate, and Conquer Bullying

DANIELLE MATTHEW, LMFT

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The Empowered Child will be your go-to guide for walking with your child through finally overcoming the bullying, together. You'll learn how to use simple, effective therapy techniques to start a healthy conversation with your child, create an action plan to stop the bullying, bring in the support you need from the school, and stay sane and centered throughout the process.

#### **CLICK HERE FOR MORE DETAILS**



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2

3

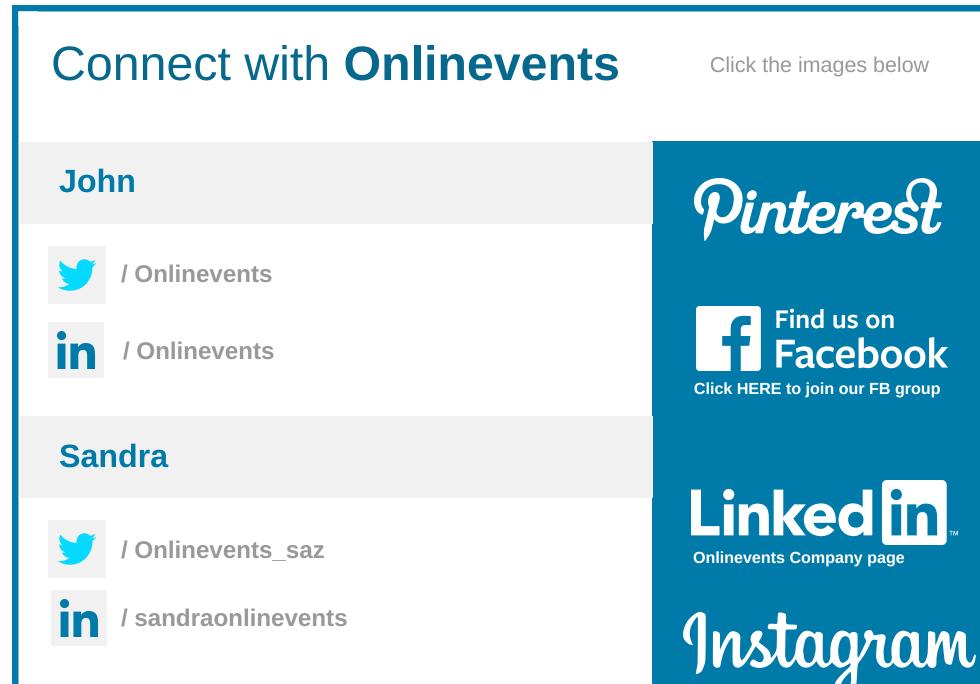
What did you learn?

How do you intend to apply this in your practice?

Do you have any further action for your next CPD cycle?

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