

BEYOND GENDER STEREOTYPES: HOW CAN WE MAKE
SECONDARY SCHOOL COUNSELLING EQUALLY ACCESSIBLE
TO MALE AND FEMALE CLIENTS?

- SUE LEWIS



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Learning Together Online

Resource Guide

About Sue Lewis

Since qualifying as a counsellor in 1998, I have worked with children, young people and adults in a variety of contexts (including the NHS, Voluntary Sector, Employee Assistance Programmes and Private Practice).

For 9 years, I worked for Relate's young people's counselling service, providing counselling in primary and secondary schools. I currently work on a self-employed basis as a secondary school counsellor, as well as seeing adults, children, and young people in private practice in Derbyshire.

I am senior accredited counsellor and supervisor with BACP. I have been supervising since 2004, both privately and for organisations. This includes offering individual and group supervision to counsellors working with young people. Having previously worked as a primary school teacher; I have worked with children and young people all my working life.

I am passionate about the Person-centred Approach. I have co-facilitated a Person-centred counselling diploma course in Nottingham for 4 years and currently facilitate the Certificate in Working with Children and Young People at Temenos in Sheffield.



Event Details

Beyond Gender stereotypes: How can we make secondary school counseling equally accessible to male and female clients?

Sue has been working as a school counselor for many years. Throughout this time, she has been aware that fewer male than female students of secondary school age access school counseling.

In this event, Sue will consider some of the societal pressures impacting on the figures, as well as asking what might help young men to feel safe enough to access support.

Your input to the discussion will be very welcomed.



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Resources

www.suelewiscounselling.co.uk

Group Work with John Wilson

Person-centred Psychotherapy Training



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Resources

References Cordelia Fine, Testosterone Rex, Unmaking the myths of our gendered minds, Icon Books, London 2017

Dr Meg-John Barker, Good Practice across the Counselling Professions 001, Gender, Sexual and Relationship Diversity (GSRD) BACP

Cooper, Mick (2004) Counselling in schools project, Glasgow: evaluation report

Benjamin Nuss (2014) Dissertation “I Don’t Want To Talk About It” Examining Men’s Reluctant Attitudes in Seeking Psychological Help



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