

AN HOUR IN THE PLAY THERAPY ROOM: WHAT'S IT LIKE?

SABRINA PERSIANO



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Learning Together Online

Resource Guide

About Sabrina Persiano

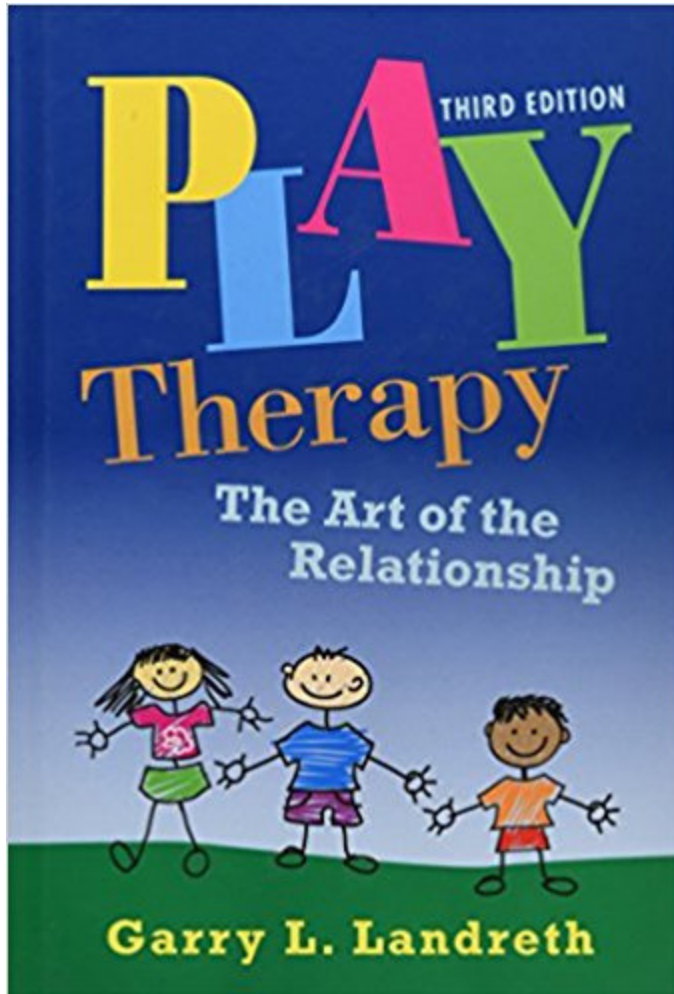
Sabrina Persiano (MA in Practice-based Play Therapy) is the founder of Inner Treasure Play Therapy Centre, based in Sandbach, Cheshire.

Sabrina offers Play and Creative Arts Therapy to children aged 4-12 with emotional, behavioural, social and mental health difficulties, Filial Play Coaching to parents of children aged 2 years+ and Clinical Supervision to qualified and trainee Play Therapists.

Sabrina is also a Trainer nationally and internationally, predominantly with APAC (The Academy of Play and Child Psychotherapy). APAC is the sister organisation of PTUK (Play Therapy UK), the largest and most progressive organisation governing Therapeutic Play and Play Therapy in the United Kingdom.



Reading



Play Therapy: The Art of the Relationship is the newest incarnation of Garry Landreth's comprehensive text on creating therapeutic relationships with children through play. It details the Child-Centered Play Therapy model, which stresses the importance of understanding the child's world and perspective.

This approach facilitates the play therapy process while allowing therapist and client to fully connect. Professors who have taught a course based on the previous edition will be pleased to find the core message intact, but updated with a significant body of recent research.

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Resources

Click the links below

[The Academy of Play and Child Psychotherapy.](#)

[PTUK - The UK Society for Play and Creative Arts Therapies](#)



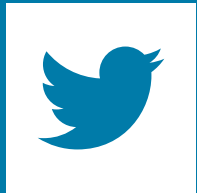
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