

Working with Groups Online

- Susanne Irving



onlineevents
Learning Together Online

RESOURCE GUIDE

About Susanne Irving

Susanne is a BACP accredited counsellor with extensive experience in online counselling and supervision. She works part-time for Gamcare, a national charity for those affected by problem gambling and has recently established a small private praxis.

Susanne is available for supervision, coaching and training for those who want to develop or expand their online praxis.



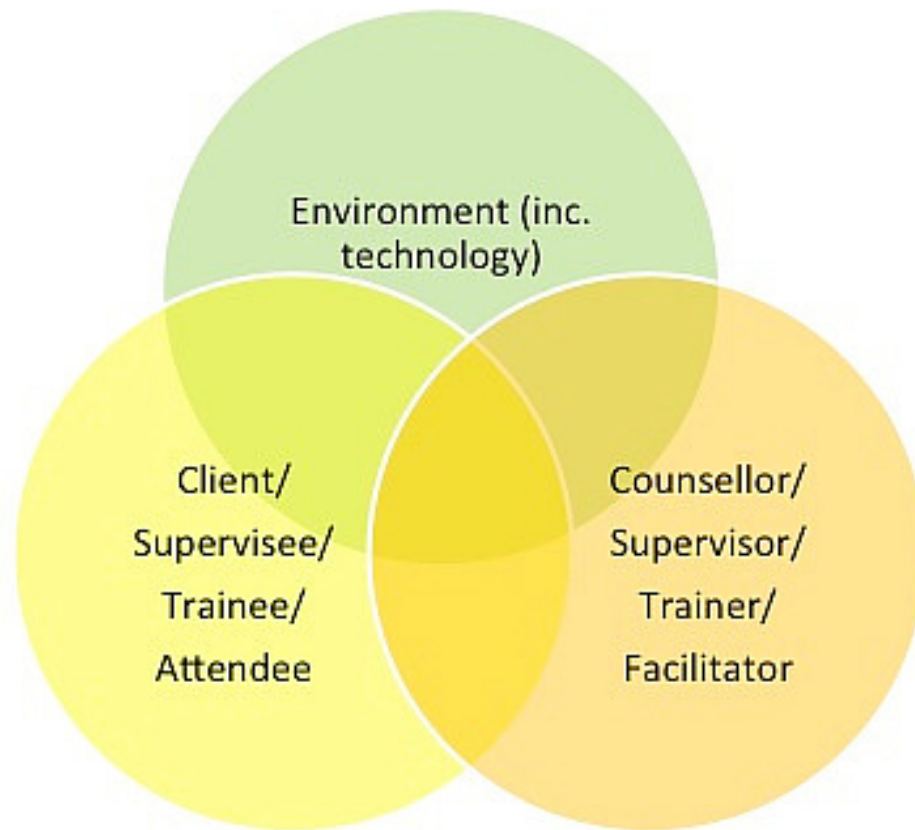
Susanne Irving

Contact: Morphoo@hotmail.co.uk



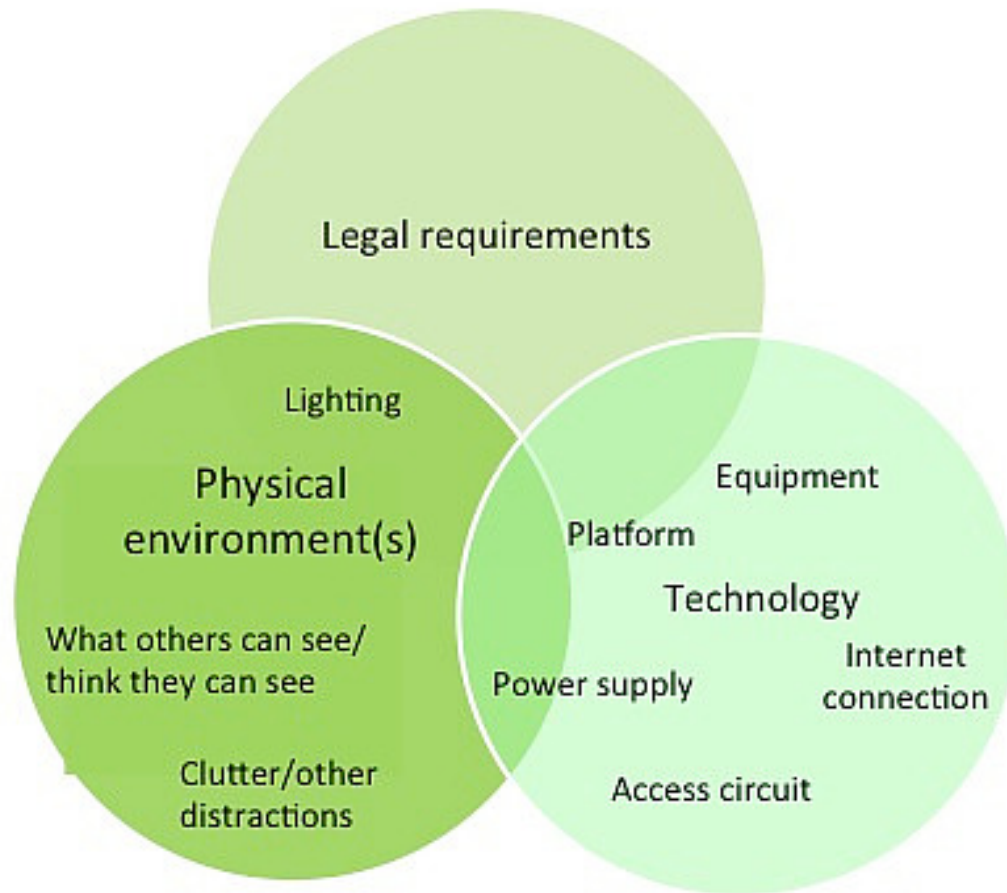
onlinevents

Creating (therapeutic) relationships in groups

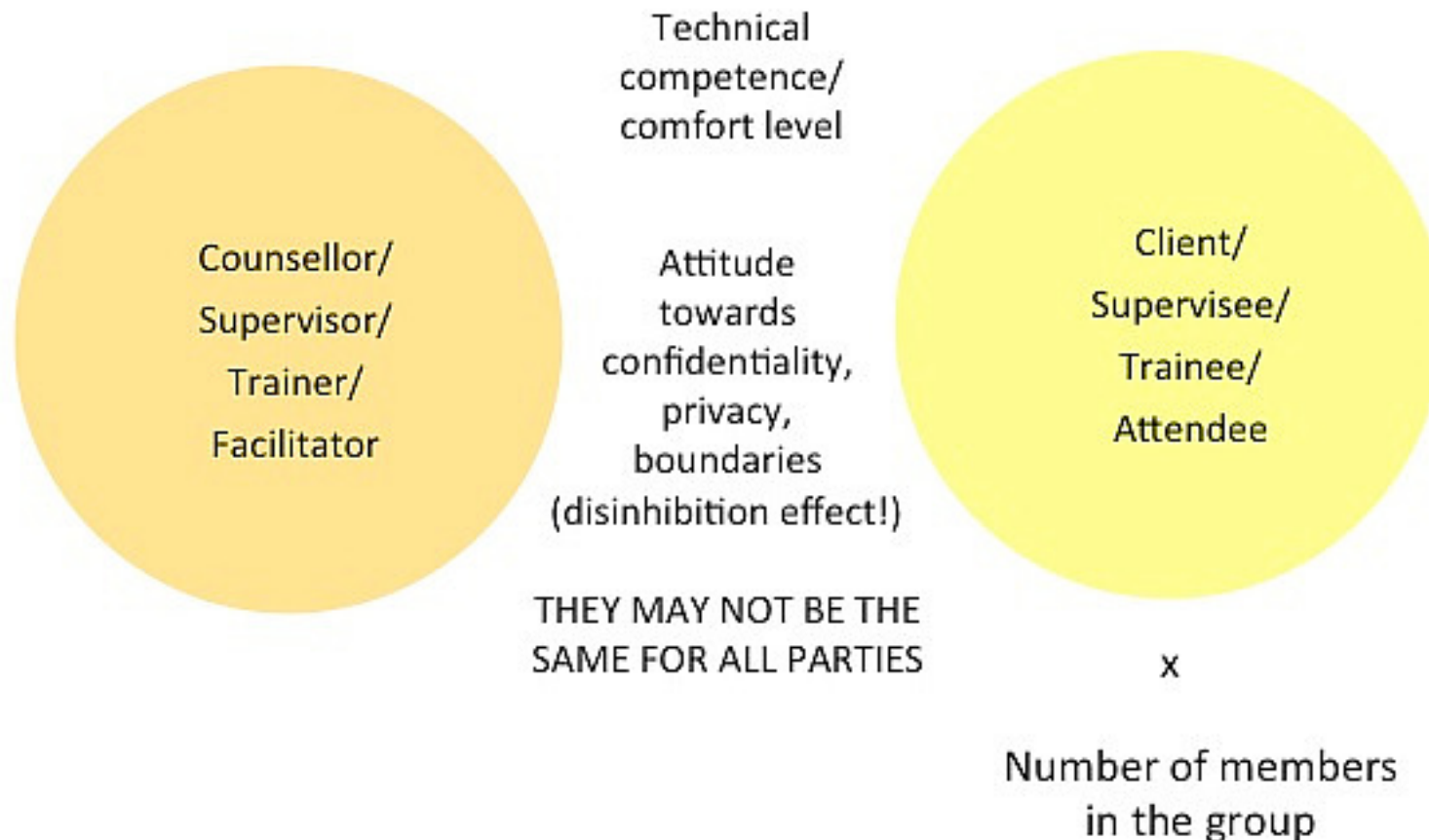


X Number of members
in the group

Environmental factors



Creating (therapeutic) relationships in groups



Points to consider:

Be clear about group's purpose – impacts boundaries and level of confidentiality required (do **NOT** use Skype for confidential meetings!)

Know your platform – know what it can and can't do; often good idea to meet group members individually first if they are new to the platform

Think through power dynamics – what is theoretically possible, may not be practically advisable! Groups where some participants are in the room and some online can be particularly tricky.

Know your strengths and weaknesses – opportunity to model self-care

Remember that your environment communicates

Remember to communicate – other group members may not see what you are doing

Explain what you mean – others may have a different definition of privacy etc

Get training and support for your online work

OCTIA Conference

(EARLY BIRD DISCOUNT for 'in the room' delegates - ends 16th Jan)

OCTIA Ltd in collaboration with BACP, will be presenting their 8th Conference from

The Watershed, Bristol and online on April 16th

Presenters

Liane Collins

Jules Prentice

Helen Rutherland

John Ryder

Catherine Simpson

Dawn Williams

The theme for 2016 is

Relational Depth and Flexibility when working online

To find out more about each of the Presenters log on to www.octia.org.uk and click on Presenters 2016

OCTIA Conference

As a bonus we are also introducing, for the first time, for those who attend our Friday evening gathering the opportunity to listen to [Susanne Irving of Gamcare](#). Her presentation was so well received at last year's conference that she has agreed to return to speak about her experience of working online with groups.

This presentation will not be streamed so do come along and join us on Friday evening

Booking forms for the Conference are available from www.octia.org.uk under the Bookings tab.



Resources

Zoom

www.zoom.us

Platform is free to use for 121 chats; group chats are limited to 40 mins. If you run longer groups, you would have to sign up for the Pro version - or have a break in your meeting after 40 mins.

Current cost for Pro version: US\$ 14.99 per month (ca. £10.50). I have written a guide of how to use Zoom. Please e-mail me at Morphoo@hotmail.co.uk if you would like a copy. I am also available for supervision, coaching and training for those who want to develop or expand their online praxis.

Gambling

www.gamcare.org.uk

Help and support for anyone affected by problem gambling - gamblers, friends, family and employers

National Gambling Helpline (Freephone): 0808 8020 133

NetLine (web chat) – click on the yellow button on the home page. Both services are staffed by trained advisors from 8am – midnight, seven days a week.

Advisors can provide support, advice and information and also refer callers for free face-to-face and online counselling, where appropriate. There are also self-assessment tools available online if someone is not ready to talk.

The GamCare Forum is accessed through the green button on the home page: posts can be read by all; users need to register to respond or take part in a moderated chatroom.

My work e-mail is Susanne.Irving@gamcare.org.uk (Tuesdays to Thursdays) if you have questions regarding the counselling options available for gamblers and affected others.

Gamcare

www.gamcare.org.uk

GamCare is the leading national provider of information, advice, support and free counselling for the prevention and treatment of problem gambling. Our services are confidential, non-judgemental and expert.

Find us on
f Facebook



@GamCare

[CLICK HERE TO FOLLOW ON TWITTER](#)

[Click HERE to follow](#)

Watch Again

All events are added to Onlineevents Online Library

Click below to choose your membership
(30 days free trial comes with the Monthly membership)

Student Membership

Free
while training

- Register for events
- View events live
- View archived events

SIGNUP

30 Days Access

£9.99
1 Payment

- Register for events
- View events live
- View Archived Events
- CPD Certificates
- 30 Days Access
- 1 Payment Only

SIGN UP

Monthly Membership

£5.99
per month

- Register for events
- View events live
- View archived events
- CPD Certificates
- First Month Free
- No Contract
- Cancel Anytime

SIGNUP

Annual Membership

£49.99
per year

- Register for events
- View events live
- View archived events
- CPD Certificates
- 12 months for less than the price of 10
- No Contract
- Cancel Anytime

SIGNUP



Connect with Onlinevents

Click the images below



Find us on
Facebook

Click [HERE](#) to join our FB group



John



Sandra



Onlinevents Company page



John



Sandra



onlinevents

Learning Together Online

www.onlinevents.co.uk