

WORKING WITH CLIENTS WHO HAVE AUTISTIC TRAITS

– ALLAN TURNER



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Learning Together Online

Resource Guide

About Allan Turner

MBACP Senior Accredited, UKRC Registered Independent Counsellor and Psychotherapist

Allan is an MBACP Senior Accredited Counsellor/Psychotherapist who started counselling in 1980. He is a counsellor, psychotherapist, and supervisor with over 18,000 hours of experience. He has also held senior roles with international insurance companies, was a Chartered Insurer and thus has a unique combination of commercial and clinical experience. He is particularly interested in couples-counselling, Aspergers, critical incidents, and trauma, although his broad experience means that he has many areas of interest. Allan was a founder director of the company in 2002.

He has written on the subject of Person-Centred Approaches to Trauma, Critical Incidents, and Post-Traumatic Stress Disorder and chapter three of "[Client Issues in Counselling and Psychotherapy](#)", edited by Janet Tolan and Paul Wilkins. This is a Sage publication

Allan is the Clinical Director of [Counselling Works Ltd.](#)



Allan Turner



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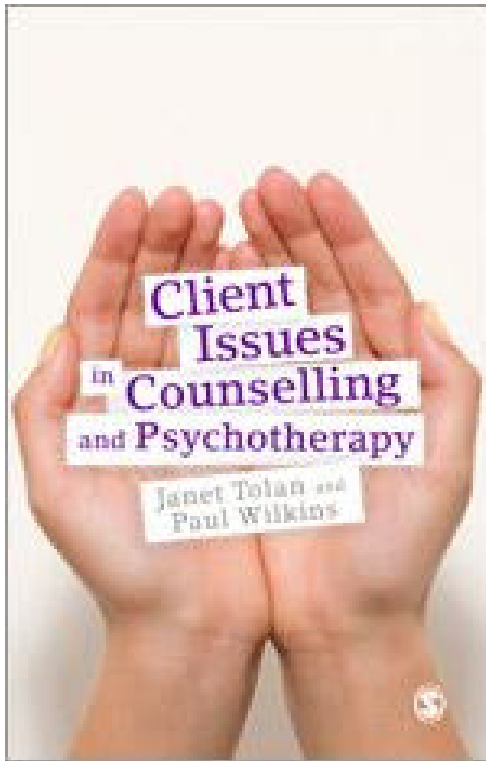
Event Details

In this event, Allan brings his experience of working with clients who have autistic traits. Allan's experience suggests that as many as 1 in 10 clients and 4 in 10 couples counselling clients will have autistic traits. Allan suggests some very practical approaches to this work which can support therapy to be successful with this client group. How can the 'non-directive' person-centred approach be used in couples counselling? Turns out that it fit like a glove.

Allan and Kate have run a 6 day training course for Accreditation level counsellors for the last 10 years, the next course is the 29th. They are both experienced couples counsellors who who are passionate about their work with couples and the PCA.



Reading



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This is the first book to focus on commonly occurring client issues and explore how to work with them from a person-centred perspective. Extensive case studies translate person-centred theory into effective practice, enabling therapists to work successfully with clients presenting a variety of different problems including:

- Post Traumatic Stress
- Depression
- Panic and Anxiety
- Drug and Alcohol Issues
- Eating difficulties
- Self harm
- Childhood Sexual Abuse

Each chapter covers the origin and meaning of the difficulty, the person-centred therapeutic approach and process, and the outcomes. Drawing from a combined 50 years of experience in the field, Paul Wilkins and Janet Tolan bring together leading person-centred therapists to address how and why each problem can be eased by means of working with the person.

This book should be on the desk of every counselling and psychotherapy trainee, and is recommended reading for other practitioners of health and social care working with these client groups. In this event, Allan brings his experience of working with clients who have autistic traits. Allan's experience suggests that as many as 1 in 10 clients and 4 in 10 couples counselling clients will have autistic traits. Allan suggests some very practical approaches to this work which can support therapy to be successful with this client group. How can the 'non-directive' person-centred approach be used in couples counselling? Turns out that it fits like a glove.

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