

WORKING OUTSIDE OF THE CONSULTING ROOM

- ERENE HADJIOANNOU



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Learning Together Online

Resource Guide

About Erene Hadjiioannou

I am a qualified Integrative Psychotherapist and Integrative Psychodynamic Counsellor, based in Leeds. I have been working with clients in a range of settings since 2010, and within the last few years have developed a specialism in working with women with complex needs - most recently female offenders and survivors of sexual violence. I have set up two specialist Psychotherapy/Counselling services for each of these client groups, within third sector organisations.

I am also an award-winning independent business owner. Through my business (Pastille Beauty Bar) I support independent female business owners in Leeds, including refugee and asylum-seeking women. This can be through one-to-one consultation, events and group work.



**Erene
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Event Details

As Psychotherapists and Counsellors we are provided with a unique, nuanced insight into the human experience. We see and hear aspects of client's lives to an extent that other professionals may not have access to, and what is brought to therapy can be kept private from the people in a client's life too. Therefore much material is kept solely between the practitioner and their client.

Psychotherapy and counselling is ineffective if its benefits exist only within the consulting room. Our work is intended to offer a positive, reparative experience that can be internalised by the client so that they can use it in the wider world. However, when it comes to clients who have experienced sexual violence, adopting this view means we are having clients apply this work to a world where perpetrators exist, and myths about sexual violence exist. How can psychotherapy and counselling be truly effective in this context?

As Psychotherapists and Counsellors we have a responsibility to act outside of the consulting room, because of what clients bring into it. If we see a pattern of something wrong in the world in which our clients live, we are colluding with the wider problem if we don't speak out.



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