# THE PERSON-CENTRED COUNSELLING AND PSYCHOTHERAPY HANDBOOK: ORIGINS, DEVELOPMENTS AND CURRENT APPLICATIONS

DIVINE CHARURA

COLIN LAGO



Resource Guide

### **About Divine Charura**

**Divine Charura** is a Senior Lecturer at Leeds Metropolitan University in Counselling and Psychotherapy. He is an Adult Psychotherapist who works in the NHS, voluntary sector and in private practice.

He has published various papers and contributed to various books.



**Divine Charura** 



### About Colin Lago

**Colin Lago** was Director of the Counselling Service at the University of Sheffield, U.K. from 1987 – 2003.

He now works as an independent counsellor, trainer, supervisor and consultant and visiting lecturer to the Universities of East Anglia and Strathclyde.

Trained initially as an engineer, Colin went on to become a full time youth worker in London and then a teacher in Jamaica. Colin was profoundly influenced by the writings of Carl Rogers long before he trained as a counsellor.

Deeply committed to "transcultural concerns" he has had articles, videos and books published on the subject.

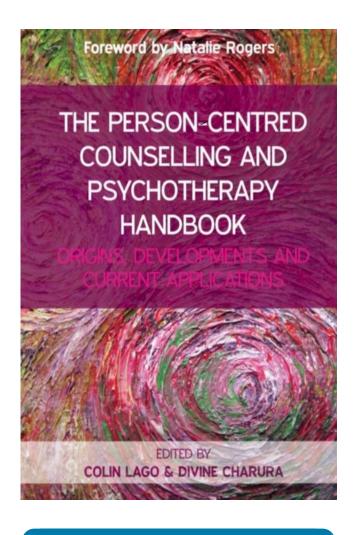
He has recently been awarded a D.Litt for his contributions to the literature on multicultural therapy.



Colin Lago



### **Event Details**



The Person-Centred
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This book offers explorations of the complexity of love from different modalities: psychoanalytic, humanistic, person-centred, psychosexual, family and systemic, transpersonal, existential, and transcultural. The discussions challenge therapists and other allied professionals to think about their practice, ethics, and boundaries.

It considers the therapeutic relationship in terms of 'Love', and explores the complexities of the impact of love/lack of love on clients' lives and experiences and how this impacts on their behaviour, and how they present in the therapy room.

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