

# THE 7 STAGES OF RECOVERY DURING A DIVORCE

- SUE ATKINS



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## Resource Guide

# About Sue Atkins

**Sue Atkins** is an internationally recognised Parenting Expert, Broadcaster, Speaker and Author of the Amazon best-selling books “Parenting Made Easy – How to Raise Happy Children” & “Raising bluish Children for Dummies” one in the famous black and yellow series as well as author of the highly acclaimed Parenting Made Easy CDs. She has just written the 'Can Do Kid Journal for Super Heroes' to empower children with the confidence they need to succeed and be happy in life.



**Sue Atkins**

Sue offers practical guidance for bringing up happy, confident, well behaved children from toddler to teen.

She specialises in supporting families through divorce. Sue has created a series of Divorce Cards to help start the difficult conversations about the changes that families face when they are going through divorce. These simple cards help children and parents explore, express and prepare for the changes and challenges ahead.

[www.sueatkinsparentingcoach.com](http://www.sueatkinsparentingcoach.com)

She regularly appears on the award winning flagship ITV show “This Morning” and The Jeremy Vine Show on BBC Radio 2 and is the parenting expert for many BBC Radio Stations around the UK. She has a regular monthly parenting phone- in on BBC Radio Hereford & Worcester and her parenting articles are published all over the world.

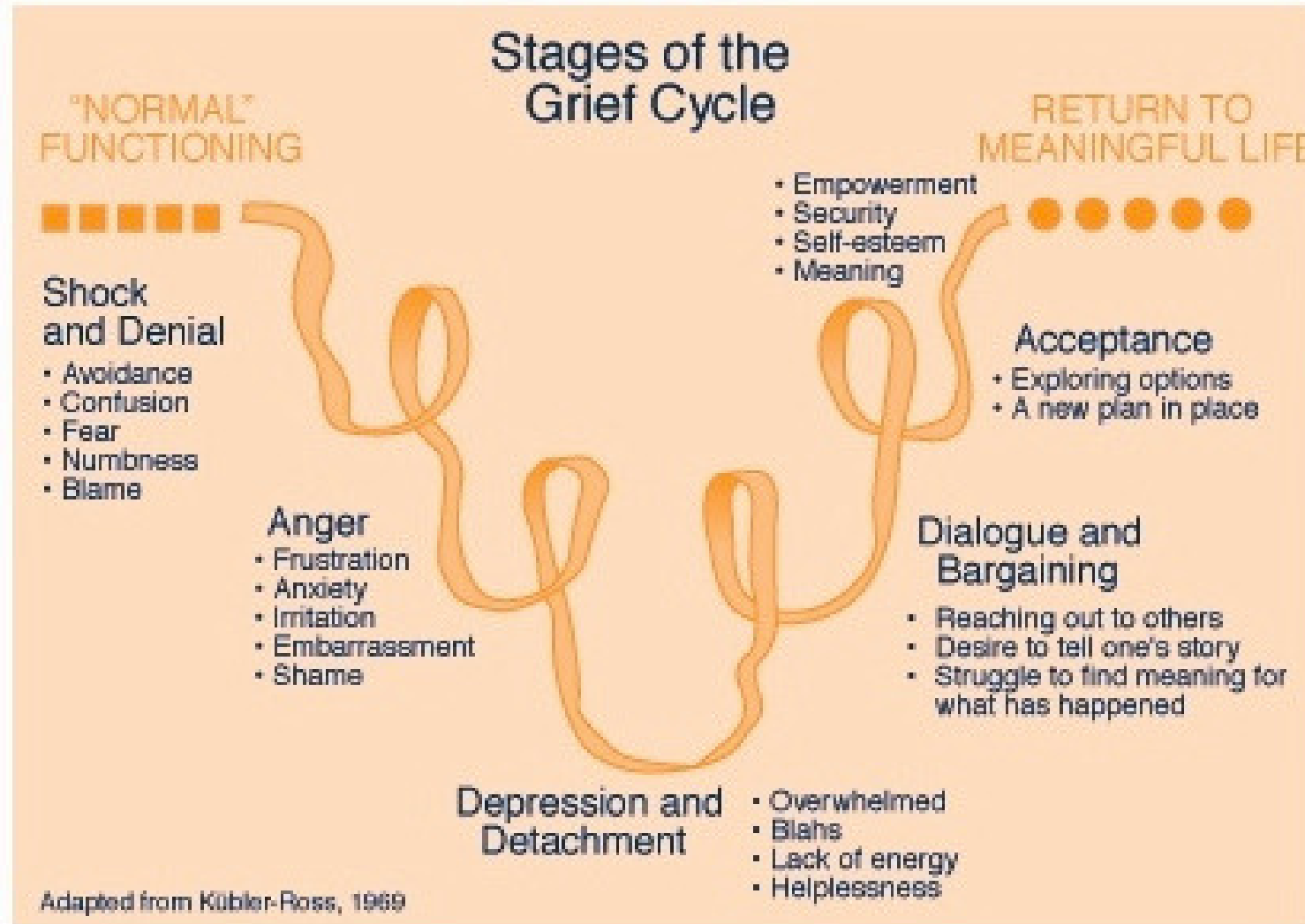
To receive her free eBooks bursting with practical tips and helpful advice from toddler to teen log on to [theSueAtkins.com](http://theSueAtkins.com) and download them instantly today.

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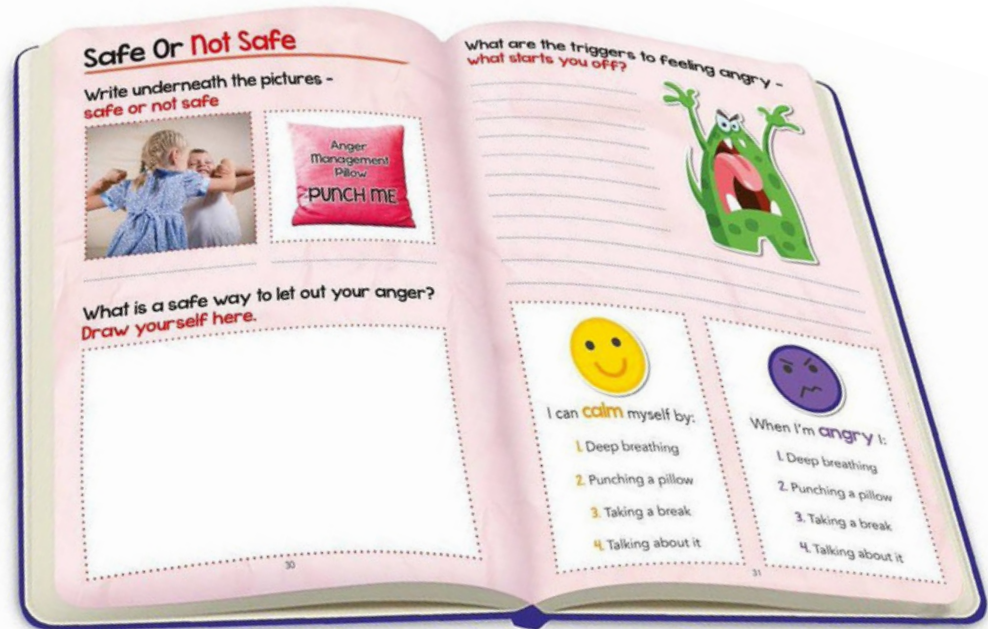
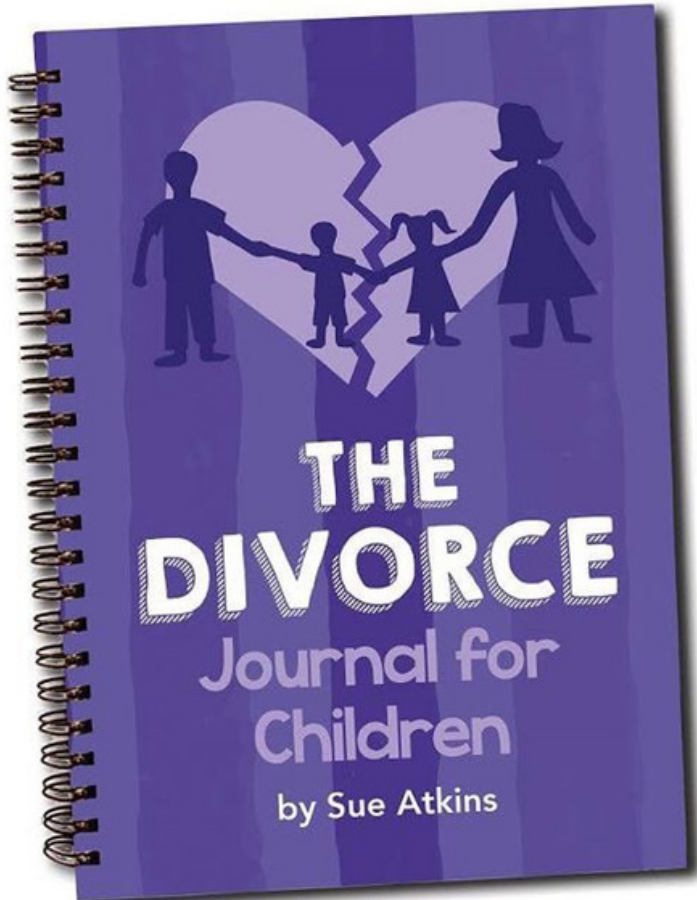
# The 7 Stages Of Recovery During A Divorce.



Source: [sueatkinsparentingcoach.com](http://sueatkinsparentingcoach.com)

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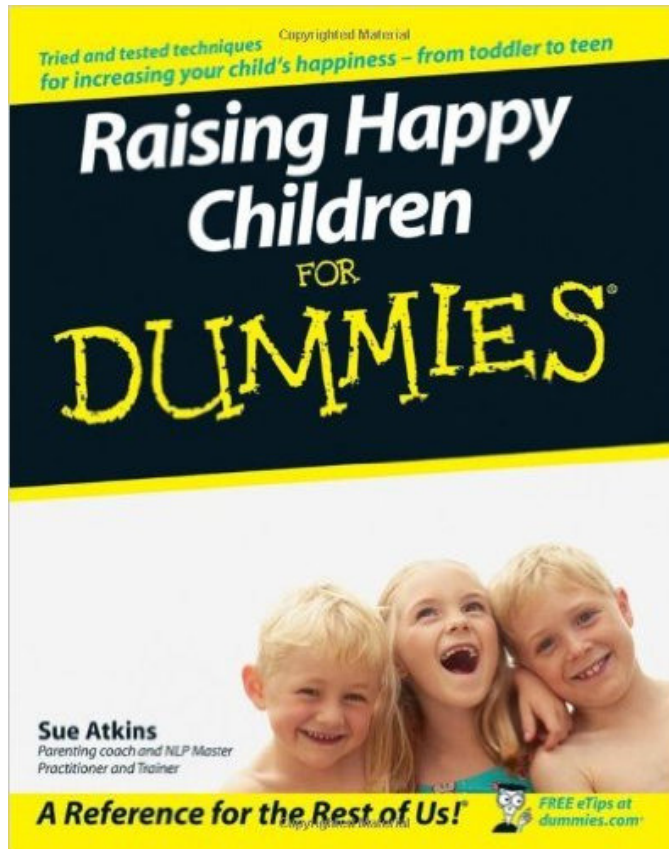
# The Divorce Journal for Children



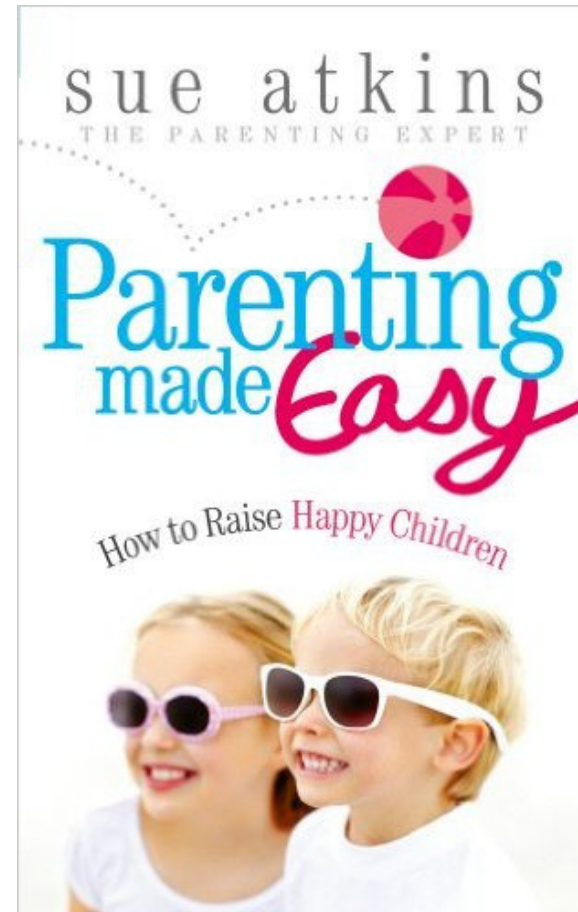
This journal is designed to help children express, explore and understand some of the strong emotions that they may be feeling and to help them process the divorce for themselves.

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# Reading



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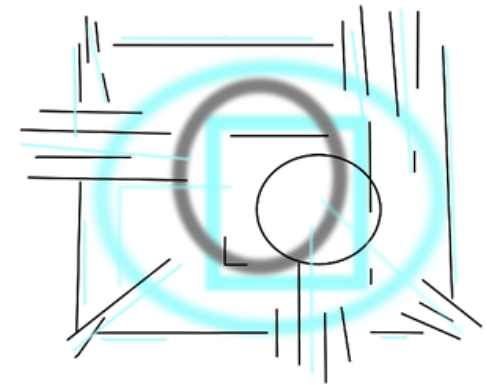


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# Contact

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