



# The Internet & Me

## Setting up Online Counselling Services

– Jo Ames



onlineevents  
Learning Together Online

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# RESOURCE GUIDE

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# About Jo Ames

Jo Ames is an accredited member of BACP; current Chair of the Association for Counselling & Therapy Online (ACTO); the Online Counselling Lead at the University of Birmingham Counselling Service and is one of the co-authors of the recently published "Short-Term Counselling in Higher Education. Context, Theory and Practice" Routledge, (2016).



**Jo Ames**

With counselling experience in the youth voluntary sector, Child and Adolescent Mental Health (CAMHS) and within two West Midlands universities, Jo embarked on training in online counselling in 2002 and has weaved this approach into her work. She can be reached by email at: [jo.ames8@hotmail.co.uk](mailto:jo.ames8@hotmail.co.uk).



# Internet and Me Talks 2016

**A Series of Talks - the Internet and Me .... using speakers from OLT who talk about how they integrate the internet into their working practice.**

## **Monday March 7th**

Suzie Mosson - Keeping my head above the cyber-parapet

## **Monday 4th April**

Liane Collins - working online with Autistic Spectrum condition

## **Monday 16th May**

Maria O'Brian - working as an online supervisor

## **Monday 13th June**

Anne Stokes - developing a competency curriculum for Distance Therapy

## **Monday 11th July**

Gill Jones - online retirement and changing pace in a digital world

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# Training

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# Resources

[www.acto-uk.org](http://www.acto-uk.org)

[www.bacp.co.uk](http://www.bacp.co.uk)

[www.onlinetrainingforcounsellors.co.uk](http://www.onlinetrainingforcounsellors.co.uk)

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## **OCTIA Conference**

April 16th 2016

**[CLICK HERE FOR MORE DETAILS](#)**



# Contact Jo

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**jo.ames8@hotmail.co.uk.**

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Jo has asked if you can put the subject line:

**Onlinevents**

So the email does not go to spam/junk mail



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# Contact OLT

**Online Training for Counsellors Ltd  
Rainich,  
North Waltham,  
Basingstoke,  
RG25 2BL.**

[www.onlinetrainingforcounsellors.co.uk](http://www.onlinetrainingforcounsellors.co.uk)



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