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#OnlineOLT

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## Resource Guide

**“Counselling CYP Online – A World of Difference!”  
– Sally Evans & Jan Stiff**

MSc, Certified Transactional Analyst, UKCP reg.

## About Sally Evans

Sally Evans has extensive experience of working with CYP, both offline (Barnardos, 42nd Street) and online (www.kooth.com). She has presented at UKCP, BACP, & OCTIA conferences on the topic of counselling CYP online. She is published (IJTAR/ TAJ) on the subjects of CYP in Cyberspace and Suicide Ideation in Cyberspace, so is particularly aware of the issues of risk and safeguarding in cyberspace and the anxieties this can evoke in practitioners. She was a member of the BACP Expert Reference Group, which drew up the counselling competencies for "Working at a Distance." Sally is a graduate of OTI, an independent therapist, supervisor/consultant, tutor with OLT and trainer working both offline and online. Together with Jan, they have developed a "Counselling Children and Young People Online - Challenges and Potential" training, next intake 23rd January 2016. She can be contacted at [se@sally-evans.co.uk](mailto:se@sally-evans.co.uk).



## About Jan Stiff

Jan Stiff initially trained as a paediatric palliative care nurse and recognised that siblings of a brother or sister with a life threatening illness, had specific emotional needs. She developed and managed a bereavement service to specifically meet these needs providing both pre and post bereavement support. Presently, Jan works as an online counsellor for two children's charities: 'Swings & Smiles' [www.swingsandsmiles.co.uk](http://www.swingsandsmiles.co.uk) and 'COAP' [www.coap.org.uk](http://www.coap.org.uk). Jan completed the General Certificate in Online Counselling Skills (2010) through OLT and the Diploma in Online Therapeutic Supervision (2013, OLT). She now works as a tutor for OLT and independently providing online supervision for counsellors working online and/or face to face. Jan is a member of 'ACTO' [www.acto-uk.org](http://www.acto-uk.org) and 'BACP' [www.bacp.co.uk](http://www.bacp.co.uk). She can be contacted at [ripplesonline@hotmail.co.uk](mailto:ripplesonline@hotmail.co.uk).

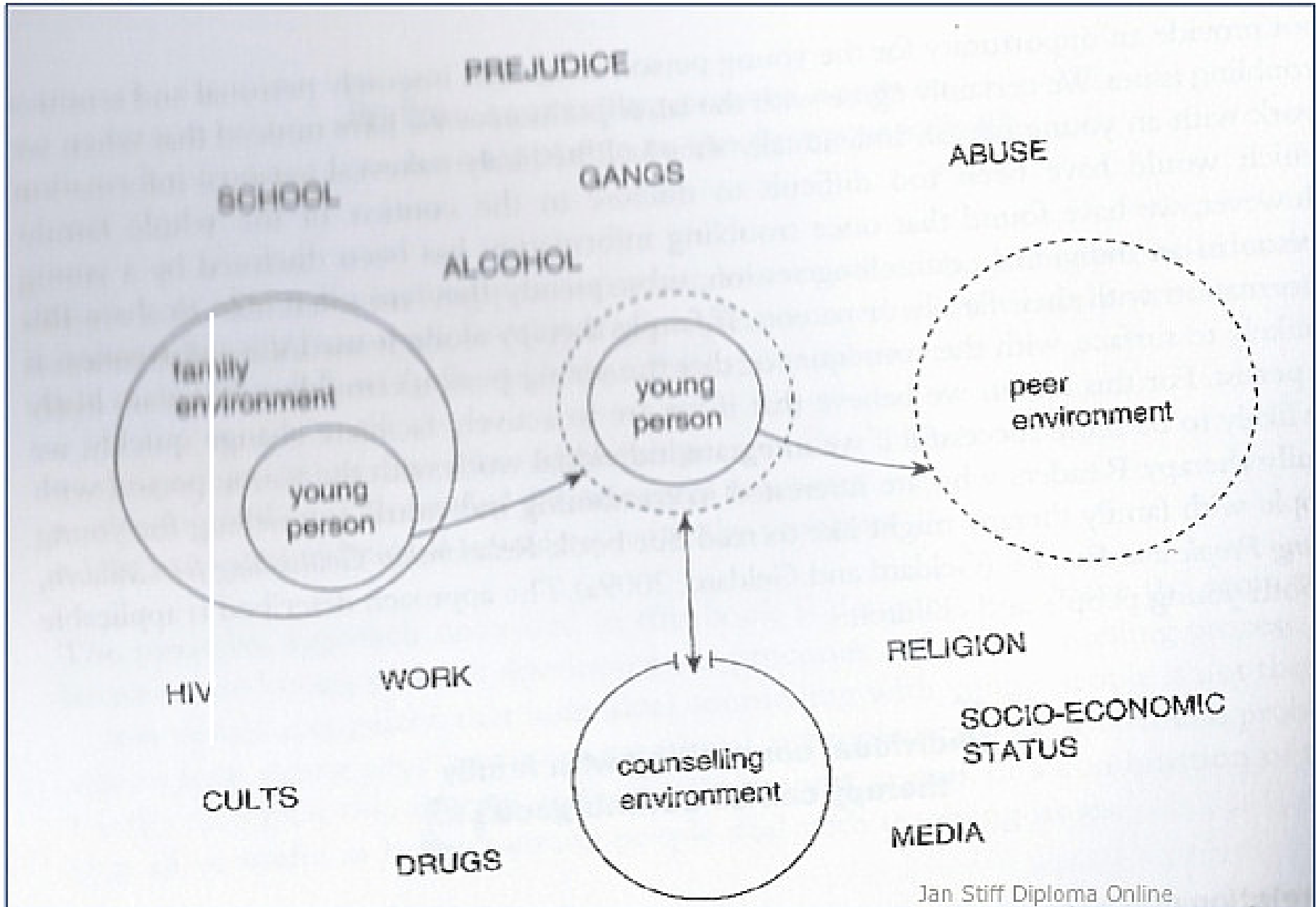




# Online Events - Counselling Children and Young People Online

Jan Stiff and Sally Evans

**"The Young Person's World and the Counselling Environment"** Geldard K and Geldard D (2009)



# **“Urgent changes to CAMHS services required, report warns”**

**June 2012**

***“Digital services vital part of integrated service delivery for CYP mental Health”. Norman Lamb***

**2014**

***“As our world continues to change we must be at the forefront in how we deliver therapeutic inputs to our young clients.”***

**(BACP CYP Division 2015)**

What is required  
from a Children and  
Young Person's  
Online Counsellor?

What does a CYP  
online counsellor  
need for themselves?



## Training

### **Next CYP training Online workshop 23<sup>rd</sup> & 24<sup>th</sup> January 2016**

[http://www.onlinetrainingforcounsellors.co.uk/  
counsellingchildrenandyoungpeople.htm](http://www.onlinetrainingforcounsellors.co.uk/counsellingchildrenandyoungpeople.htm)

e: Sally Evans [sallyevanstherapy@mail.com](mailto:sallyevanstherapy@mail.com)  
e. Jan Stiff [ripplesonline@hotmail.co.uk](mailto:ripplesonline@hotmail.co.uk)

# Internet and Me Talks 2016

## Dates for your diary

A Series of Talks - the Internet and Me .... using speakers from OLT who talk about how they integrate the internet into their working practice.



**2016**

**Monday 11th January**

Chris O'Mahony - Online Therapeutic Relationships: the research to date

**Monday 8th February**

Jo Ames - setting up online counselling services

**Monday March 7th**

Suzie Mosson - Keeping my head above the cyber-parapet

[Scroll down for more dates and registration details](#)



# Internet and Me Talks 2015/16

## Dates for your diary



### **Monday 4th April**

Liane Collins - working online with Autistic Spectrum condition

### **Monday 16th May**

Maria O'Brian - working as an online supervisor

### **Monday 13th June**

Anne Stokes - developing a competency curriculum for Distance Therapy

### **Monday 11th July**

Gill Jones - online retirement and changing pace in a digital world

[CLICK HERE FOR MORE DETAILS](#)

## Useful Links



[www.onlinetrainingforcounsellors.co.uk](http://www.onlinetrainingforcounsellors.co.uk)

[www.swingsandsmiles.co.uk](http://www.swingsandsmiles.co.uk)

[www.coap.org.uk](http://www.coap.org.uk)

[www.kooth.com](http://www.kooth.com)

[www.acto-uk.org](http://www.acto-uk.org)

[www.bacp.co.uk](http://www.bacp.co.uk)

# Training & Contact - OLT

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[@SallyTherapy](https://twitter.com/SallyTherapy)

[@stiffj](https://twitter.com/stiffj)

# Watch Again

Watch this event and all our other presentations in our [Online Library](#)

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[CLICK HERE TO REGISTER AND START YOUR 30 DAY FREE TRIAL](#)

# Contact Onlinevents

[www.onlinevents.co.uk](http://www.onlinevents.co.uk)

[admin@onlinevents.co.uk](mailto:admin@onlinevents.co.uk)

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to connect with other participants**