





#TATuesdaysFight – Flee – Freeze – or – FLOW? This isAbout Functional Fluency – Susannah Temple

**Resource** Guide



### **About Susannah Temple**





She has worked in various educational contexts throughout her life as a teacher, community worker, facilitator, counsellor, psychotherapist, university lecturer and researcher, using TA as the basis of much of her work. She was granted the 2014 Eric Berne Memorial Award for her Functional Fluency Model as an "original and highly significant theoretical and practical contribution to the field of transactional analysis". Susannah lives in Bristol UK, now working part-time as a TIFF Provider in support of The Fluent Self CIC to spread the Functional Fluency ideas.

www.fluentself.org

www.functionalfluency.com

### **Resources**

Article "Celebrating Functional Fluency and Its Contribution to Transactional Analysis Theory" **CLICK HERE** 

"The Functional Fluency model is available for download as an 8-page PDF booklet." **CLICK HERE** 

The adult is parent to the child

Transactional analysis with children and young people

Edited by Keith Tudor



Transactional analysis (TA) is a well-established and evolving way of understanding what happens between and within people. This comprehensive, helpful volume: demonstrates in many settings the use of TA with children and young people; brings a contemporary view of TA to those who specialise in its use with them; and explains TA's possibilities to others whose work focuses on their lives, well-being, care and treatment of children and young people. The introduction presents fundamental TA concepts, allowing anyone who works with children and young people to see how TA can assist both their own work and work done in partnership with therapists......

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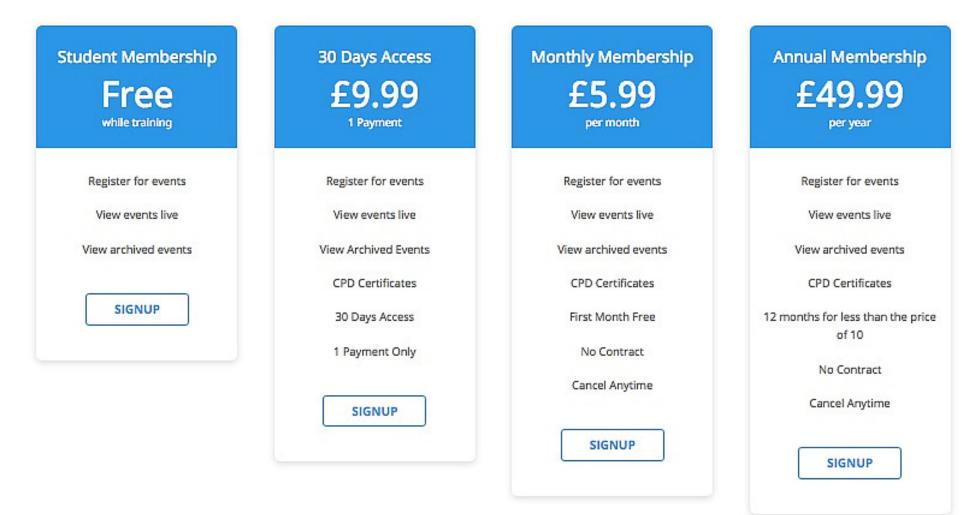
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