



# Psychotherapy & Global Transformation Online Conference

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## Resource Guide

[www.onlineevents.co.uk](http://www.onlineevents.co.uk)

#GlobalTransformation



**We would like to say a huge  
thanks to everyone involved in  
our Global Transformation  
Online Conference**

*Sandra & John*

# Psychotherapy and Global Transformation – Jonathan Fay

## About Jonathan Fay

I have practised psychotherapy since 1979 and taught, supervised, trained and developed training programmes in clinical psychology and psychotherapy since 1985. I am a Registered Psychologist, a Member of the New Zealand Association of Psychotherapists (NZAP) and a recipient of the NZAP Distinguished Service Award (2010).

I emigrated from the United States to Aotearoa New Zealand in 1991 with my wife Margaret Poutu Morice and two young children. Our potiki was born a few months later. We now enjoy the company of our three adult children, son Rush (30) and daughters Anna (28) and Zoe (22).



# Social Change From the Counselling Room – Mick Cooper

## About Mick Cooper

Mick Cooper is Professor of Counselling at the University of Strathclyde, and National Advisory for Counselling for the Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) Programme.

Mick's background is in person-centred, existential and relational approaches to therapy, and he has written extensively on these topics, including *Working at relational depth in counselling and psychotherapy* (with Dave Mearns, Sage, 2005) and *Pluralistic counselling and psychotherapy* (with John McLeod, Sage, 2012).

Mick has been closely involved in the evaluation of school-based counselling and, most recently, has been appointed as Lead Advisor for the CYP-MindEd for Counselling programme, which will be developing e-training for all counsellors working with children and young people.



# Social Change From the Counselling Room – Mick Cooper

## Centre for Research in Social and Psychological Transformation

[CLICK HERE TO VISIT THE WEBSITE](#)

The Centre for Research in Social and Psychological Transformation (CREST) is a hub of internationally-recognised research activity in the psychological therapies field.

The focus of CREST is on interventions and methods that support enhancements in psychological and social wellbeing, as well as processes at the interface between the psychological and social domains.

The work of the research centre is organised around several, clearly-identified research themes in which members of CREST have achieved, or are close to achieving, international recognition.



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# Learning from Our Differences; Drawing from Our Overarching humanity – Dr. Kristine Abercrombie

## About Dr. Kristine Abercrombie

I am a Clinical Psychologist. I have studied and worked within the field of psychology for the past 18 years. I completed a BSc in Applied Psychology and a Doctorate in Clinical Psychology. I am a Chartered member of the British Psychological Society - [www.bps.org.uk](http://www.bps.org.uk) - and registered with the Health and Care Professions Council - [www.hpc-uk.org](http://www.hpc-uk.org). The majority of my experience has been in the NHS, working in a variety of different disciplines. Due to health reasons I've taken my career in a different direction and I am now working privately, which also involves a contract with the victims and survivors service here in Northern Ireland, helping people affected by 'the troubles'. I am currently on the exciting journey of expanding the online therapy aspect of my business, as well as providing online clinical supervision.



I specialize in providing psychological treatments to adolescents, adults and older adults, experiencing a wide range of psychological/emotional difficulties. I work in a very integrative and collaborative way, utilising a range of therapeutic modalities tailoring each intervention to the individual. I have a particular interest in cognitive analytic therapy, schema focused therapy, mindfulness and compassion focused therapy.

# Learning from Our Differences; Drawing from Our Overarching humanity – Dr. Kristine Abercrombie

[www.letstalkni-psychology.co.uk](http://www.letstalkni-psychology.co.uk)

Let's Talk NI Psychology Service was founded with the endeavor of expanding the availability of psychological care to the people of Northern Ireland, on both an individual and community level. In Northern Ireland one in six people experience problems with their mental health, at any one time. This is not surprising, given the nature of life, and the many difficulties, losses and changes that occur.

## Let's Talk NI Psychology Service provides:

- Psychological Therapy for individuals experiencing a range of problems with their mental health
- Clinical Supervision for various mental health professionals
- Consultation for services and organisations.



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# We Don't Have A Name For It – Clare Slaney

## About Clare Slaney

I'm based in West London where I also work as a volunteer counsellor, assessor, group facilitator and supervisor. I have the Post Graduate Diploma and MA in Psychotherapy and Counselling, Post Graduate certificates in both Coaching and Supervision and over 20 years experience of working with individuals and groups.

I'm an Accredited member of the British Association for Counselling and Psychotherapy, work with their ethical guidelines and am listed on their website.

The Person Centred approach believes that you're capable of discovering your own solutions to your own problems. You are the expert in your own life. There are no diagnoses or labels and conversely there is no prescription. Instead, via the relationship between client and counsellor, the client discovers personal resources, develops their own power, and becomes more able to grow.

Working with the balance between being solitary and in community, rights and responsibilities, paradox, resolution, submission and action, are central to my practice. Authenticity is the bedrock of my work which means that I will take you seriously and respond to you carefully, respectfully and truthfully, all of which sounds daunting and sombre, which counselling sometimes can be. It can also be joyful, enlightening, exciting and even enjoyable.





# We Don't Have A Name For It – Clare Slaney



Book "What To Expect From Counselling. A Guide For First Time Clients" goes into much greater detail and is a FREE PDF.

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# We Don't Have A Name For It – Clare Slaney

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## Resources

### WEBSITES

[www.anotherangryvoice.blogspot.co.uk](http://www.anotherangryvoice.blogspot.co.uk)

[www.blogs.lse.ac.uk/politicsandpolicy](http://www.blogs.lse.ac.uk/politicsandpolicy)

[www.fightback4justice.co.uk](http://www.fightback4justice.co.uk)

[www.benefitsandwork.co.uk](http://www.benefitsandwork.co.uk)

[www.focuse15.org](http://www.focuse15.org)

[www.streetskitchen.co.uk](http://www.streetskitchen.co.uk)

[www.jrf.org.uk](http://www.jrf.org.uk)

### RESEARCH

Higher social class predicts increased unethical behavior  
Paul K. Piffa,<sup>1</sup> Daniel M. Stancatoa, Stéphane Côté<sup>b</sup>,  
Rodolfo Mendoza-Dentona, and Dacher Keltnera  
a.Department of Psychology, University of  
California, Berkeley, CA 94720; and b. Rotman School of  
Management, University of Toronto, Toronto, ON, Canada  
M5S 3E6

[www.hks.harvard.edu/fs/rzeckhau/statusethics.pdf](http://www.hks.harvard.edu/fs/rzeckhau/statusethics.pdf)

### VIDEOS

TED Talk - Does Money Make You Mean? Paul Piff

Church Action on Poverty – “Real Benefits Street.”

### BOOKS

**Psychotherapy and Politics** Nick Totton 2000. Sage.

**Counselling, Class and Politics: Undeclared Influences in Therapy** Anne Kearney. 1996 PCCS Books.

**The Person-Centred Approach: A passionate presence.**  
Natiello 2001. PCCS Books.

**Psychotherapy and Society** David Pilgrim 1997 Sage  
Books.

**The Dynamics of Power in Counselling and  
Psychotherapy: Ethics, Politics and Practice.** Gillian  
Proctor. 2002. PCCS Books.

# Shifting Consciousness and Social Change – Peggy Natiello, Carol Wolter-Gustafson, Keemar Keemar, & John Wilson

## A residential large group learning experience

**November 1st - 6th**

**The Mago Retreat Center,  
Sedona, AZ, USA**

**Download Going Global Brochure**

We invite you to join us in an international gathering devoted to creating a more compassionate future and finding personally and socially constructive ways through the chaos we face on this planet. Each of us on this workshop facilitation team have experienced the potency of Rogers's transformational approach in large groups. It is a potency that allows each person to find their own unique way in this complex and interconnected world. Some participants have described the experience as one that inspired them to live more authentically and compassionately, and empowered them to use their creativity to challenge prevailing social and political systems and structures. - **Going Global Team**

[www.goingglobal.exchange](http://www.goingglobal.exchange)



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# Making A Difference: How To Realise Your Political Hopes And Ambitions – From Idealism To Realism – Andrew Samuels

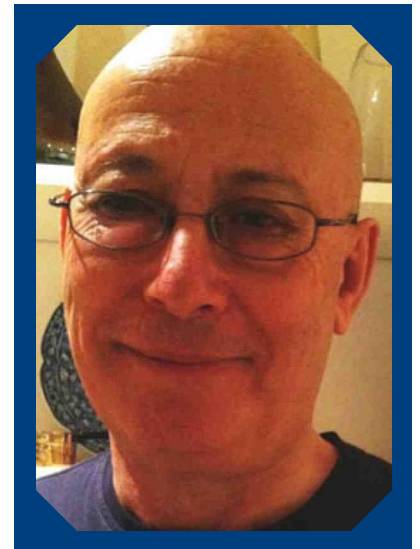
## About Andrew Samuels

Andrew Samuels is a university professor, psychotherapist and political consultant who works internationally with politicians, parties and activist groups. He was the co-founder of Psychotherapists and Counsellors for Social Responsibility. Former Chair, UK Council for Psychotherapy. His books have been translated into 19 languages.

[www.andrewsamuels.com](http://www.andrewsamuels.com)



@AndrewSamuels1



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# Transcultural counselling as a way to contribute to peace reconstruction in post conflict countries – Sandra Grieve & Lucia Berdondini

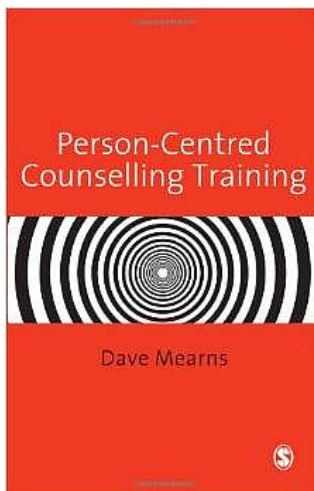
The Northern School of Psychodrama

[www.psychodramansp.co.uk](http://www.psychodramansp.co.uk)

Strathclyde University Counselling Unit

[CLICK HERE FOR DETAILS](#)

## Recommended Reading



**Person-Centred Counselling Training**  
**Dave Mearns**

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# Catastrophe or Transformation?: How Humanistic Practice Makes a Critical Difference to Humanity's Future – Maureen O'Hara (PhD)

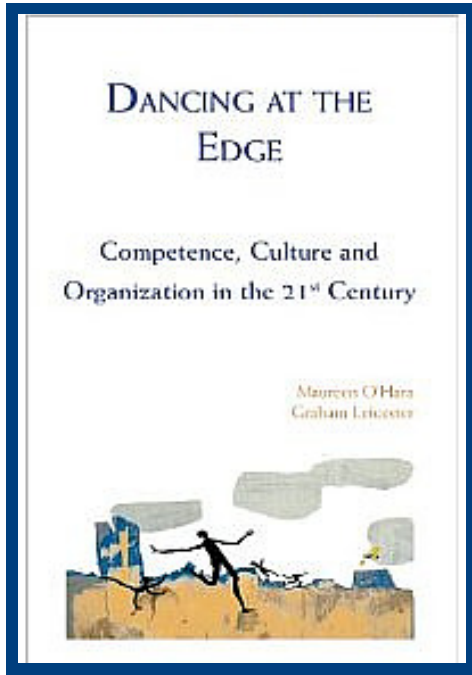
## About Maureen O'Hara

Maureen is professor of psychology at National University in La Jolla, California and is CEO of the International Futures Forum-US and. She worked closely with Carl Rogers for the last 20 years of his career co-facilitating large group encounter internationally and focusing on social change.

A focus of her work is social and cultural change and the relationship between such social conditions such as poverty, terrorism, racism and intolerance, climate change and war on mental health. Recent books include *10 Things to Do in a Conceptual Emergency* (Leicester and O'Hara) and *Dancing at the Edge: Competence, Culture and Organizations for the 21st century*, (O'Hara and Leicester, 2012) and co-editor with Cooper, Schmid and Bohart, of the *Handbook of Person Centered Psychotherapy and Counselling* (Palgrave, 2013).



# Catastrophe or Transformation?: How Humanistic Practice Makes a Critical Difference to Humanity's Future – Maureen O'Hara (PhD)



Dancing at the Edge: Competence, Culture and Organization in the 21st Century [Kindle Edition]

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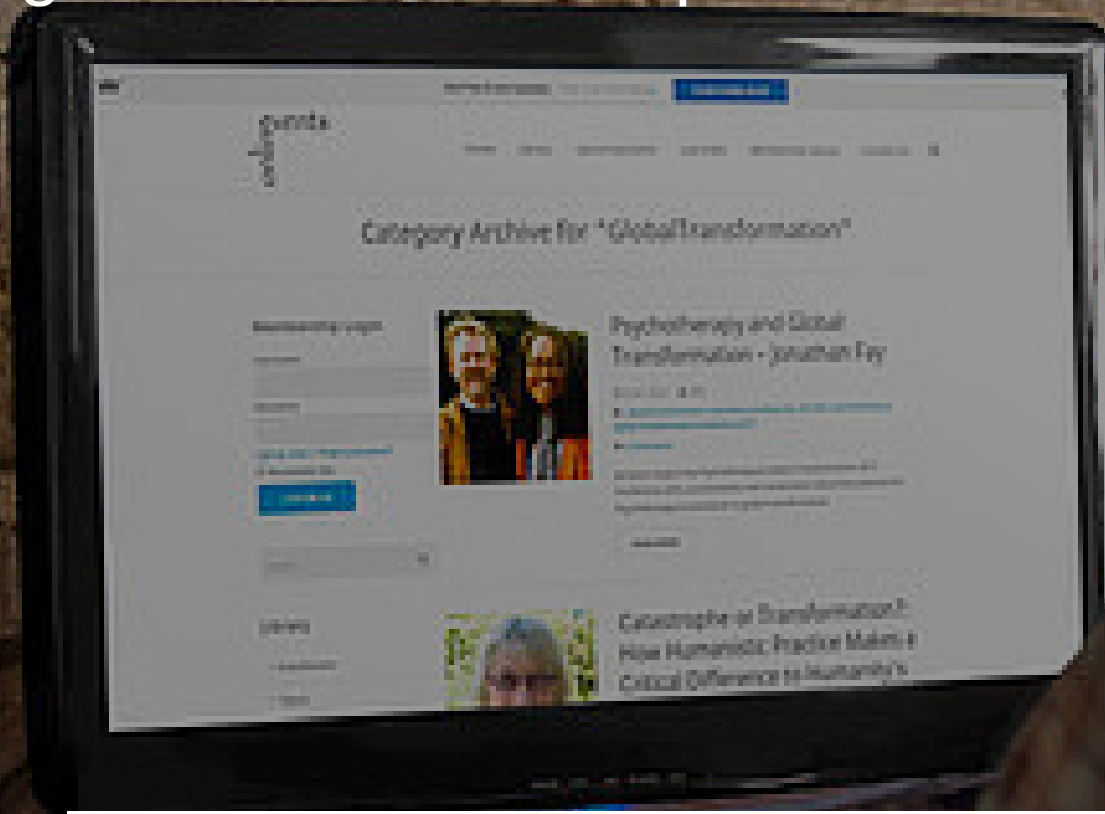
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