

MOTIVATIONAL INTERVIEWING

- William R. Miller



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Learning Together Online

Resource Guide

About William R. Miller

I am a clinical psychologist originally trained at the University of Oregon in both cognitive-behavioral and person-centered approaches to counseling. My research has focused primarily on the treatment of substance use disorders and I am also interested in the interface of psychology and spirituality/religion.

Dr. William R. Miller is Emeritus Distinguished Professor of Psychology and Psychiatry at the University of New Mexico. He served as Director of Clinical Training for UNM's APA-approved doctoral program in clinical psychology and as Co-Director of UNM's Center on Alcoholism, Substance Abuse and Addictions (CASAA). Dr. Miller's publications include over 50 books and 400 articles and chapters including the original 1983 description of motivational interviewing.



William R. Miller

www.williamrmiller.net

www.motivationalinterviewing.org



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About William R. Miller (CTD)

Fundamentally interested in the psychology of change, he has focused in particular on the development, testing, and dissemination of behavioral treatments for addictions. With more than 40 years of experience in addiction research and treatment, he has served as principal investigator for numerous research grants and contracts, founded a private practice group, directed a large public treatment program, and served as a consultant to many organizations including the United States Senate, the World Health Organization, the National Academy of Sciences, and the National Institutes of Health.

In recognition of his research contributions, Dr. Miller is a recipient of the international Jellinek Memorial Award, two career achievement awards from the American Psychological Association, and an Innovators in Combating Substance Abuse award from the Robert Wood Johnson Foundation. He maintains an active interest in the interface of spirituality and psychology.

His books have been translated into 26 languages and the Institute for Scientific Information has listed him as one of the world's most cited scientists. .



12th World Association for Experiential Psychotherapy and Counseling conference



JULY 20 - 24, 2016

NEW YORK CITY, NY, USA

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PROGRAMME



The [PCE 2016 Conference](#) will feature keynote addresses, a variety of presentations, workshops, panel discussions, small groups, encounter groups, professional development, as well as social and tourism related activities.

Pre-conference workshop titled "Motivational Interviewing: A Clinical Workshop" with Dr. William R. Miller

MOTIVATIONAL INTERVIEWING

Helping People Change

18th & 19th July, 2016
9-5PM each day
New York, NY 10027,
United States

This workshop will provide an up-to-date introduction to the clinical method of motivational interviewing (MI) in promoting change, offered by the original developer of this approach. Participants will learn about the method and its scientific evidence base, with most of the time devoted to demonstration and experiential practice (rather than lecture) using a tell-show-try learning sequence. Theory, research and practice in this workshop will be based on the 3rd (2013) edition of *Motivational Interviewing: Helping People Change*.

[By the end of the workshop participants should be able to:](#)

- Describe four components of the underlying spirit of MI
- Differentiate four component processes of MI and the purpose of each
- Recognize client change talk and sustain talk as a key indicators of movement toward or away from change
- Demonstrate at least three ways in which a practitioner can evoke and strengthen change talk
- Explain the role of decisional balance in counseling with neutrality and how it differs from MI
- Explain what research shows about how clinicians develop proficiency in MI, and outline a plan to facilitate their own continued learning of MI.

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Website Resources

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