events

Resource Guide

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Leadership is the Ability to Have Courageous Conversations



Catherine Thomson

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A Dialogic Approach to Leadership

LEADERSHIP IS THE ABILITY TO HAVE COURAGEOUS CONVERSATIONS

CATHERINE THOMSON

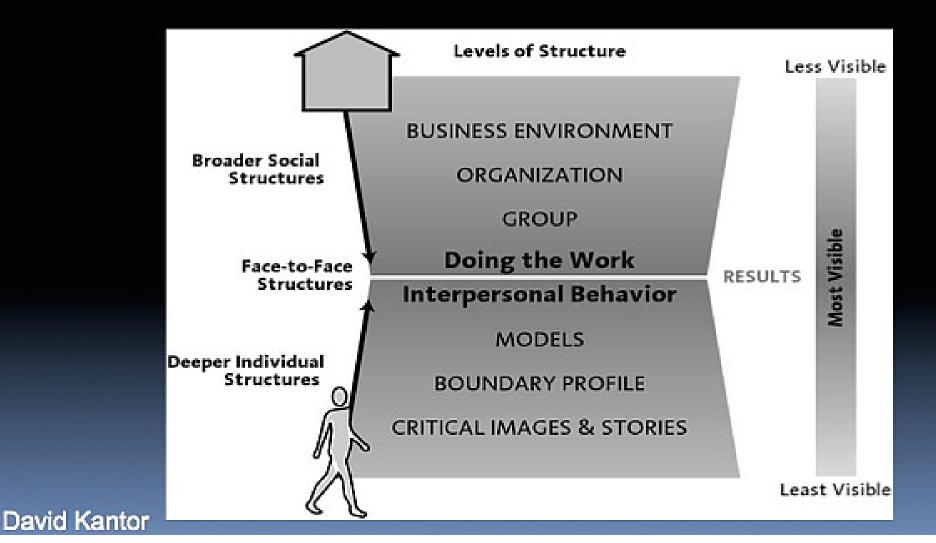
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Session Objectives

In this session you will be introduced to:

- The Theory of Structural Dynamics and its place in face to face communication with individuals, groups and leaders
- We will focus on one element of the model this evening "Action Modes"
- Look at the "Action Modes" element of the model in relation to conversations you may have as practitioner, leader/manager or member of a team

Structural Sources of Verbal Interaction



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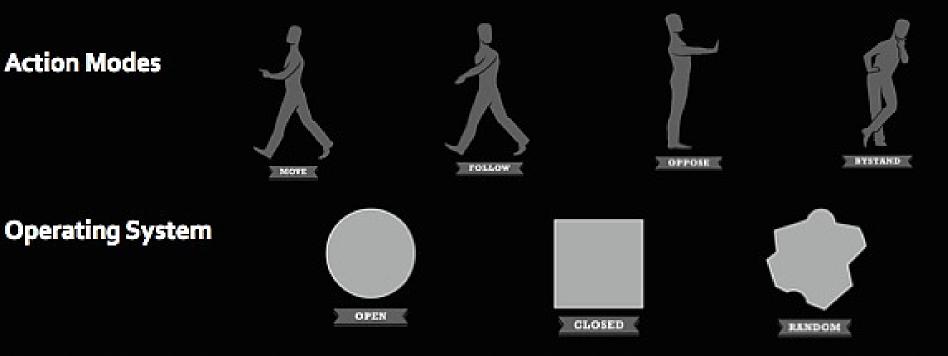
From Monologue to Dialogue



Adapted from W Isaacs

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Baseline Behavioural Propensities



Communication Domain







David Kantor

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Four Fundamental Actions



Start the action Finish the action Correct the action Connect the actions

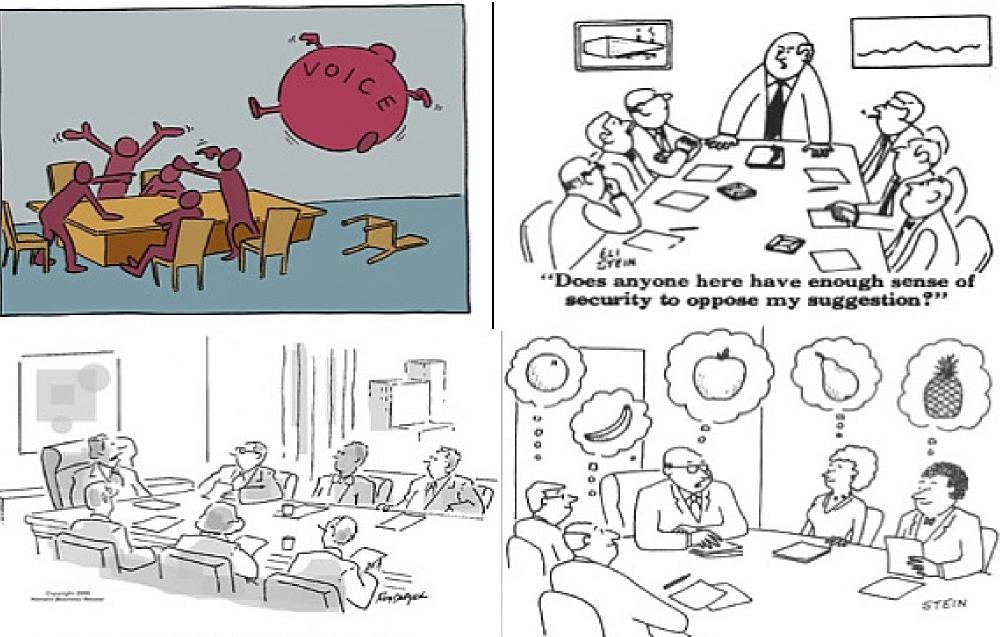
A Move initiates or Suggests direction

A Follow validates An Oppose and completes an action corrects the action

A Bystand provides a perspective on the overall interaction and attempts to reconcile competing actions

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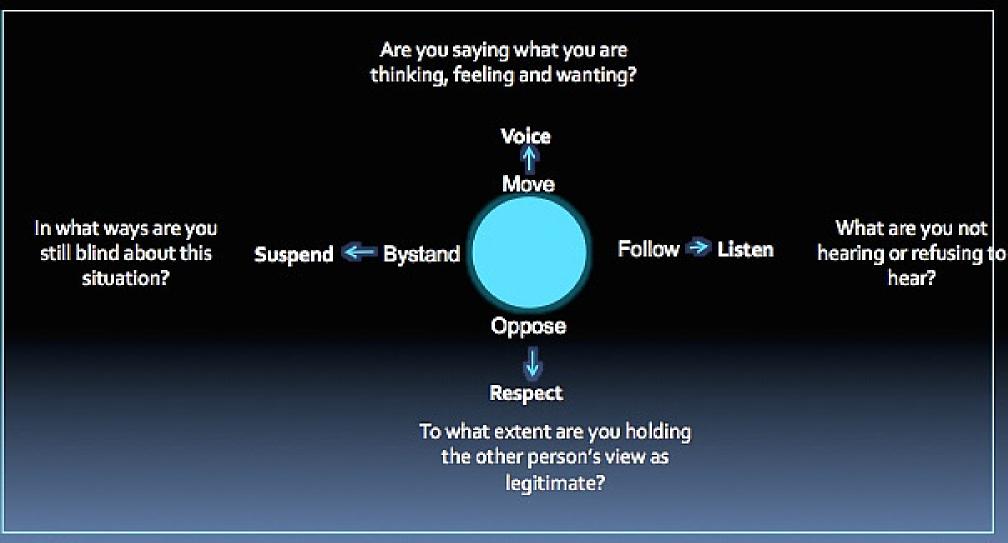
" I wanted to get your opinions before I go ahead and do what I want to do. "

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"Are we in complete agreement, then?"

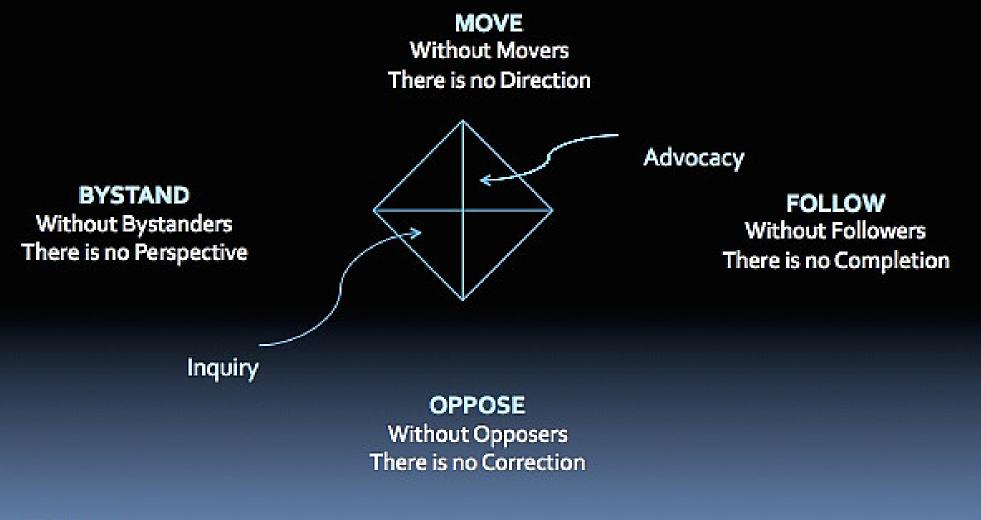
Dialogue Practices



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Action Modes



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Why look at Boundary Profiles?

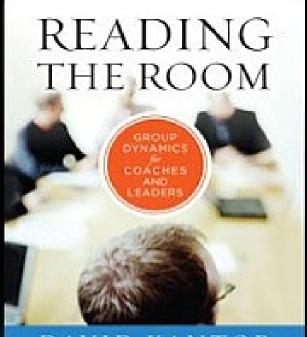
Influence Affects **Boundaries** Moves/Intentions Outcomes The way you perceive The way you interact. Without this reflection with others. yourself you run the risk of producing repeating The way you perceive The way you frame outcomes others. problems • The way you perceive a Sometimes theses are The way you develop solutions effective: sometimes task or issue ineffective.

Reinforcing Loop

David Kantor

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David Kantor



DAVID KANTOR

Click Here for more details about the book

4-Player Model Mini-Assessment App

View Details Here

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Authentic Voice

What did I really want to say in this meeting - what was I thinking feeling and wanting?

What kept me from saying what I really wanted to day but didn't?

What risks were there for me and others in bringing out what really needed to be said?

What was the risk(s) for me and others in not bringing out what really needed to be said?

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Listening

How well did I listen?

How did I recognise the signs/signals that other people give out that went beyond the words they are saying? How did I respond to what I was seeing?

What was my typical response to what I heard (immediately oppose, immediately follow, say something completely different and change the direction of the conversation or comment on the process rather than on the content)? What is my usual response pattern when I am in conversation?

What had I already made up my mind about beforehand which prevented me from really listening?

Do I have a pattern of interrupting before someone had finished speaking – did I do this in the conversation and what were the implications of interrupting from the perspective of the other person?

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Respecting

What judgements did I hold about other people in this meeting and how did this affect the way I really listen to what they have to say?

What judgements am I still holding in relation to what I know other people raised in the meeting?

What is my typical response to hearing something I don't agree with? (state my case or ask questions to find out more). What was the pattern expressed in this conversation?

Was there someone's point of view that was never voiced or taken seriously in this conversation? If so, why did it happen and did I play a part in this and what is the impact on the conversation and the person? (Consider that the person who is not heard could be you!)

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Bystand - Suspending Judgement

What beliefs do I have about myself and others in relation this project/situation/meeting?

How did my beliefs influence my contribution and outcomes of this meeting?

In what ways was I blind in relation to my own behaviour?

What was at risk of letting go my beliefs/sense of being right/winning over someone else?

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Reading List

Click on the title for book details

Reading the Room - David Kantor

In this innovative book, renowned psychologist David Kantor applies his research and theory of structural dynamics to the workplace to show how individual leaders and coaches can develop their own skills in understanding group dynamics and apply this understanding to improve organizational communication and performance. Reading the Room provides guidelines for understanding the differences between communication in low stakes and high stakes situations, a framework for improving leadership behaviour in crisis, and action strategies to enhance leadership development through organizational approaches and accelerated team performance.

Dialogue and the Art of Conversation - William Isaacs

For anyone wishing to improve their living of dialogue this book is very helpful. It gradually leads the reader into a deeper understanding of four main aspects of dialogue - listening, respecting, suspending and voicing and gives helpful exercises - particularly good are the questions that are most helpful for self-reflection.

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Click on the title for book details

On Dialogue - David Bohm

Never before has there been a greater need for deeper listening and more open communication to cope with the complex problems facing our organizations, businesses and societies. Renowned scientist David Bohm believed there was a better way for humanity to discover meaning and to achieve harmony. He identified creative dialogue, a sharing of assumptions and understanding, as a means by which the individual and society as a whole, can learn more about themselves and others, and achieve a renewed sense of purpose.

Humble Enquiry: The Gentle Art of Asking Instead of Telling - Edgar H Schein

The message of the book is simple but extremely powerful. We all think we know how to ask the right questions but this book gently challenges to analyse your own approach and helps you to realise where you can improve.

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Websites & Contact

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