

IS SUICIDE A SYMPTOM OF ILLNESS?

- Eoin Galavan



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Learning Together Online

Resource Guide

About Eoin Galavan

Dr. Eoin Galavan is a Senior Clinical and Counselling Psychologist in the Health Service Executive and private practice. He works primarily with suicidal clients in both acute inpatient and community outpatient mental health services. Dr. Galavan is the Clinical Lead for the North Dublin Suicide Assessment and Treatment Service.

He is formerly team leader for the North Dublin 'Evolve' DBT program. Violent behaviour is a common issue in many patients' recent and distant past and has frequently become the focus of psychological therapy. Dr. Galavan has many years experience applying a variety of psychotherapeutic models to the issue of violence in therapy.



Eoin Galavan

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INFORMATION DAY INTRODUCING THE COLLABORATIVE ASSESSMENT AND MANAGEMENT OF SUICIDE

FREE two hour information event



Syracuse University, London
September 16 th 10am-12.30pm



Dr Eoin Galavan

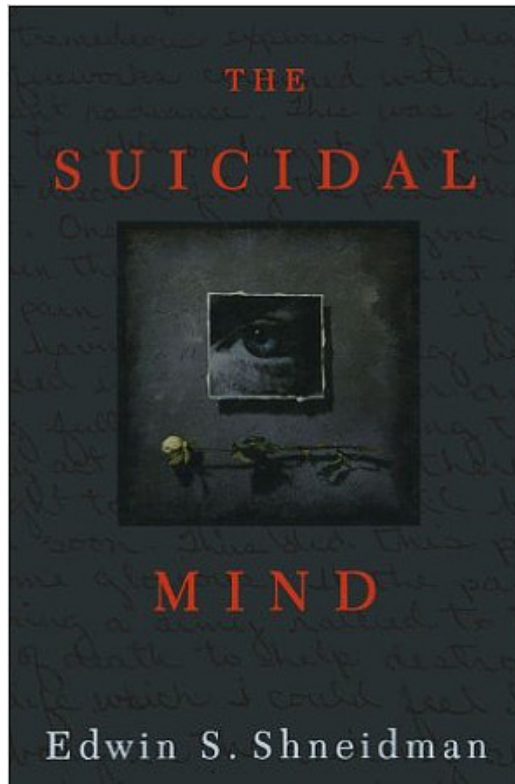
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BOOK

The Suicidal Mind



Suicide haunts our literature and our culture, claiming the lives of ordinary people and celebrities alike. It is now the third leading cause of death for fifteen- to twenty-four-year-olds in the United States, raising alarms across the nation about the rising tide of hopelessness seen in our young people. It is a taboo subtext to our successes and our happiness, a dark issue that is often euphemized, avoided, and little understood. In our century, psychology and psychiatry alike have attempted to understand, prevent, and medicalize these phenomena. But they have failed, argues Dr. Edwin Shneidman, because they have lost sight of the plain language, the ordinary everyday words, the pain and frustrated psychological needs of the suicidal individual.

In *The Suicidal Mind*, Dr. Shneidman has written a groundbreaking work for every person who has ever thought about suicide or knows anybody who has contemplated it. The book brims with insight into the suicidal impulse and with helpful suggestions on how to counteract it. Shneidman presents a bold and simple premise: the main cause of suicide is psychological pain or "psychache." Thus the key to preventing suicide is not so much the study of the structure of the brain, or the study of social statistics, or the study of mental diseases, as it is the direct study of human emotions. To treat a suicidal individual, we need to identify, address, and reduce the individual's psychache.

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Training

Assessment and Treatment of Suicidality: A Psychological Approach

A one-day training workshop with Dr Eoin Galavan

Cork, 1 October 2016 (Saturday)

London, 22 October 2016 (Saturday)

(note: the same one-day workshop is being conducted at Cork & London on different dates)

10:00am - 4:30pm



By the end of the workshop, participants will:

- Gain familiarity with psychological theories of suicide and suicidal behaviour (*including an understanding of the works of Professor Thomas Joiner, Professor Edwin Scheidman, Professor Israel Orbach and Professor David Jobes*)
- Be able to identify suicidal risk early in the clinical engagement and use the *Suicide Status Form (SSF)* to collaboratively assess suicidal risk
- Develop SSF-based suicide specific outpatient treatment plans that emphasize the development of a stabilization plan and the identification of suicidal 'drivers' as a focus of treatment
- Clinically track, assess and treat drivers with problem-focused interventions
- Be able to prepare a stabilisation or crisis response plan
- Handle and document a range of clinical outcomes using CAMS

Overall, the workshop helps us as practitioners to comprehend the myriad challenges stemming from the client's suicidal wish, provides us with a working model of handling suicidality in our therapeutic relationships and familiarises us with evidence-based therapeutic techniques that are at the cutting edge of our work.

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DETAILS AND PRICES](#)

Resources

www.cams-care.com

www.maytree.org.uk

www.samaritans.org

Contact Eoin

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