

BECOMING-ANIMAL: THE ACTUALIZING TENDENCY REVISITED

- Manu Bazzano



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Resource Guide

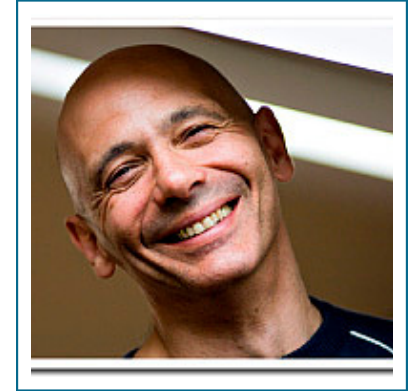
About Manu Bazzano

Manu Bazzano is a writer, a psychotherapist and supervisor in private practice, course tutor at Metanoia Institute, visiting lecturer at Roehampton University and various other schools and colleges.

He facilitates workshops and seminars internationally.

Among his books: Buddha is Dead: Nietzsche and the Dawn of European Zen (2006); Spectre of the Strange: towards a Phenomenology of Hospitality (2012); After Mindfulness: new Perspectives on Psychology and Meditation (2013) and the forthcoming Therapy and the Counter-tradition: the Edge of Philosophy (co-edited with Julie Webb), and Zen and Therapy: a Contemporary Perspective, both published by Routledge.

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Manu Bazzano

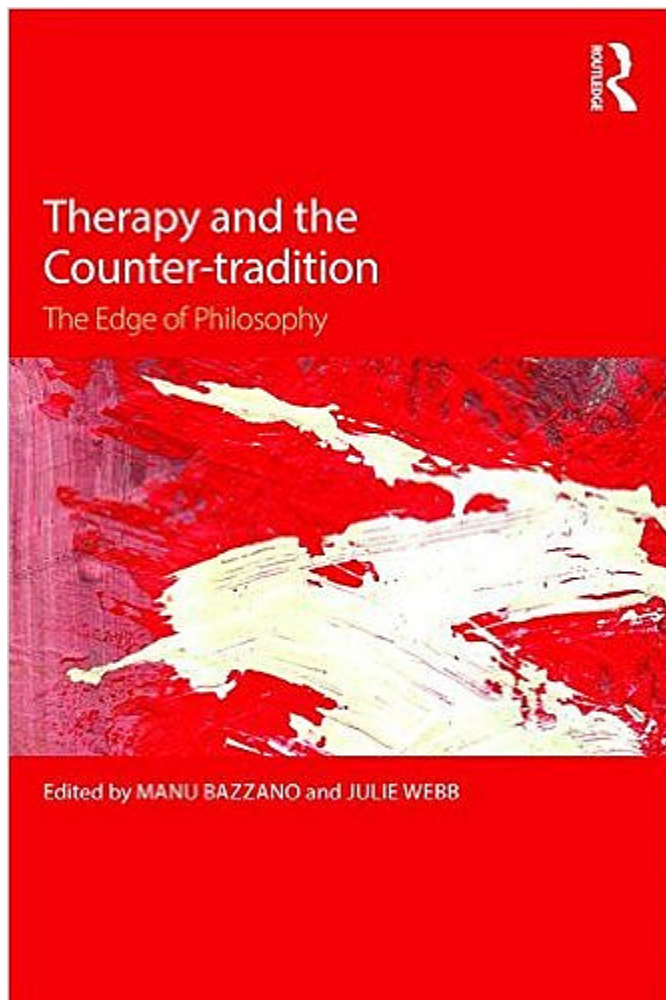
Event Details

Exploring practical and theoretical links between the actualizing tendency and contemporary thought. Moving towards naturalism and an understanding of the animal-human continuum. Moving away from the approach's fixation with the 'self' and the 'person' and focusing on 'tendencies' and 'emergent phenomena'



Book

Therapy and the Counter-tradition: The Edge of Philosophy



Therapy & the Counter-tradition: The Edge of Philosophy brings together leading exponents of contemporary psychotherapy, philosophers and writers, to explore how philosophical ideas may inform therapy work. Each author discusses a particular philosopher who has influenced their life and therapeutic practice, while questioning how counselling and psychotherapy can address human 'wholeness', despite the ascendancy of rationality, regulation and diagnosis. It also seeks to acknowledge the distinct lack of philosophical input and education in counselling and psychotherapy training.

The chapters are rooted in the Counter-Tradition, whose diverse manifestations include humanism, skepticism, fideism, as well as the opening of philosophy and psychology to poetry and the arts. This collection of thought-provoking essays will help open the discussion within the psychological therapies, by providing therapists with critical philosophical references, which will help broaden their knowledge and the scope of their practice.

Therapy & the Counter-tradition: The Edge of Philosophy will be of interest to mental health professionals, practitioners, counselling and psychotherapy trainees and trainers, and academics tutoring or studying psychology. It will also appeal to those interested in psychology, meditation, personal development and philosophy.

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