

# OUT OF THIS WORLD: SUICIDE EXAMINED

- ANTONIA MURPHY



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Learning Together Online

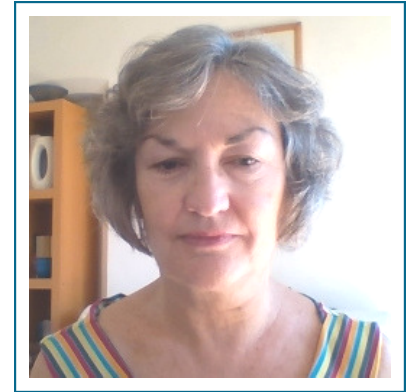
## Resource Guide

# About Antonia Murphy

Antonia Murphy is a graduate of WPF, a UKCP registered psychotherapist with over 25 years of clinical experience in the NHS, the third sector and private practice.

She managed the primary care counselling service in Derbyshire from 1998-2006. She was a founding director, responsible for professional and training standards, of Counsellors and Psychotherapists in Primary Care (CPC). Her training portfolio includes design and delivery of CPC's multi-modality supervision training programme and training on The Therapeutic Frame: Working at the Coal Face and Working with Envy. More recently, she has developed her long term clinical interest in working with suicide into a training which has been delivered to over 40 universities and other settings.

Antonia is the author of several papers on clinical aspects of psychotherapeutic practice in organisations. She is the former editor of the Journal for the Foundation of Psychotherapy and Counselling, and an editorial board member of the Journal of Psychodynamic Practice.



**Antonia Murphy**

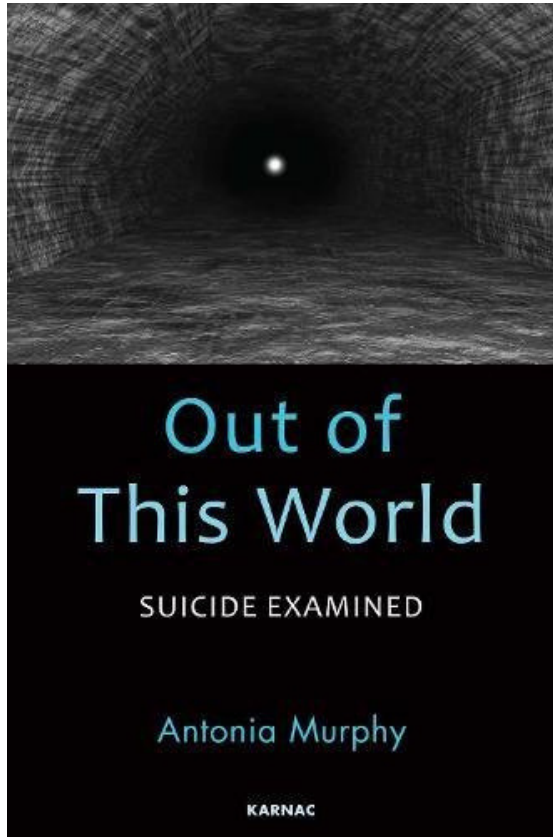


# Event Details

In this event, Antonia will talk to us about her book "Out of This World: Suicide Examined", and share the personal and professional experiences that led her to this piece of writing. She has brought together her long experience of working with clients in various settings, an honest consideration of what is going on when humans are suicidal, and her love of poetry to create a compelling resource for a broad range of professionals.



# Reading



**TITLE: Out of This World: Suicide Examined**  
**AUTHOR: Antonia Murphy**

This book is intended for anyone with either an interest in suicide or suicidal behaviour. It is not aimed solely at the professional psychotherapist but at a broad range of professionals who encounter suicidal people in their work. It is also intended for those of us who have been touched by suicide personally.

[More Information](#)

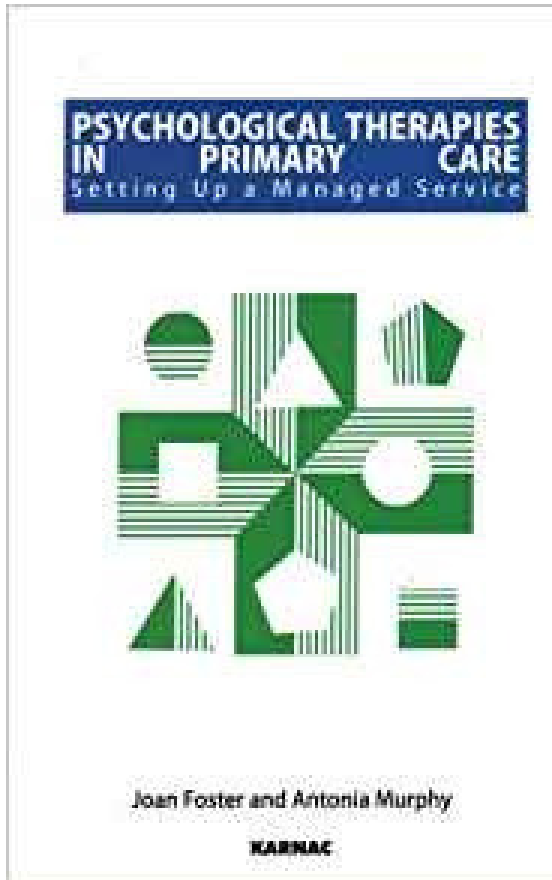
# Reading ....ctd

The book approaches suicide from the point of view of the suicidal state of mind and is intended to help us understand more about this condition. In its essence, suicide is examined as a largely unconscious aggressive act having its roots in a perceived or real experience of thwarted childhood needs. The wounds of the suicidal person are often long held and deep. The suicidal person is pursued by haunting losses and the suicidal act comes from deep disturbance created by this and from the idea of death as an acting out of some form of suicidal fantasy. The quasi delusional and split quality of the act is examined - namely that suicide is both an act for and against the self. Consequently, a strong case is made for the contribution of psychotherapy to the project of suicide prevention since it is in this carefully managed arena that the suicidal fantasy can be examined and the settling of these scores can be worked through, rather than acted out by suicide.

The hope is that the book will increase understanding, challenge concepts of mental illness and suicidality, but most importantly, address the understandable fear we all have about suicide and its power to render us impotent. In turn, it is hoped this will empower readers, who might otherwise be fearful of suicide, to intervene, support, and work with those who are suicidal.



# Reading



**TITLE: Psychological Therapies in Primary Care: Setting Up a Managed Service**

**AUTHORS: Antonia Murphy and Joan Foster**

This book introduces the case for the management of psychological therapy services in the NHS as a result of the recent and very significant changes in primary care commissioning and mental health strategy. It is practical and accessible and is written in short easy-to-access sections. This volume will not only be relevant to NHS managers and practitioners but also to other counselling organizations and clinicians, since many of the structural and clinical issues raised will be applicable in a wider context.

[More Information](#)

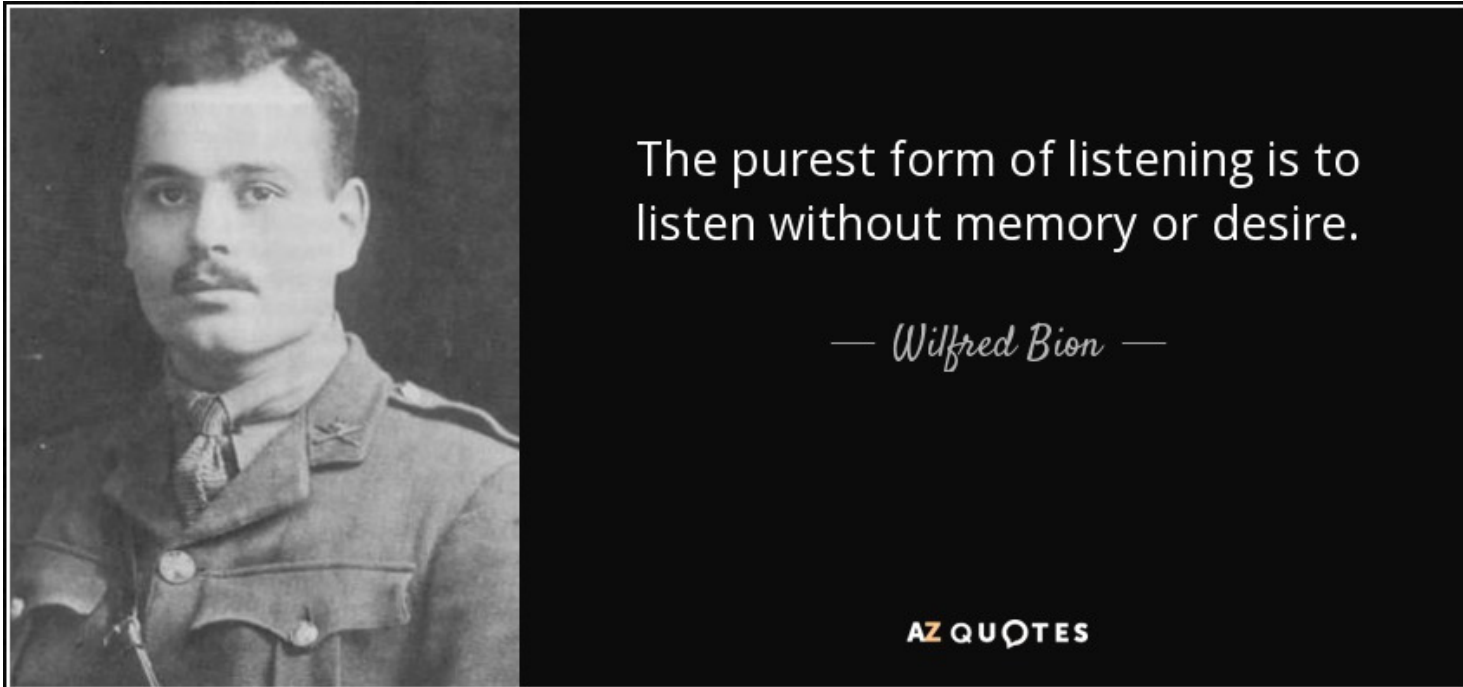


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# Resource

[www.maytree.org.uk](http://www.maytree.org.uk)

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