

WORLD EATING DISORDER ACTION DAY

- KEL O'NEILL



onlineevents
Learning Together Online

Resource Guide

About Kel O'Neill

Kel O'Neill is a Counsellor, Trainer, Supervisor, and award nominated Blogger with a special interest in the area of Eating Disorders. Kel has spent over a decade working on this field in a variety of roles, and is ever passionate about sharing her experiences and using her knowledge for the benefit of others.

She works with eating disorder related concerns, as well as a variety of other issues, within her own private practice in Cheshire. She offers training workshops nationally on the subject of Eating Disorders and continues to contribute to conferences and university curriculums.

If you are interested in this topic and Kel's work you can subscribe to her blog at www.mentalhealthbites.com



Kel O'Neill

Event Details

June 2nd is World Eating Disorder Action Day, and this year to start some action Kel is planning to commence a regular slot with online events on the topic.

During today's session, we will be taking a look at the 'nine truths about Eating Disorders' as presented by the Crew of the film 'to the bone', along with lots of opportunity for questions.



GP Template Letters

Kel has kindly shared template GP letters which can be sent with clients consent

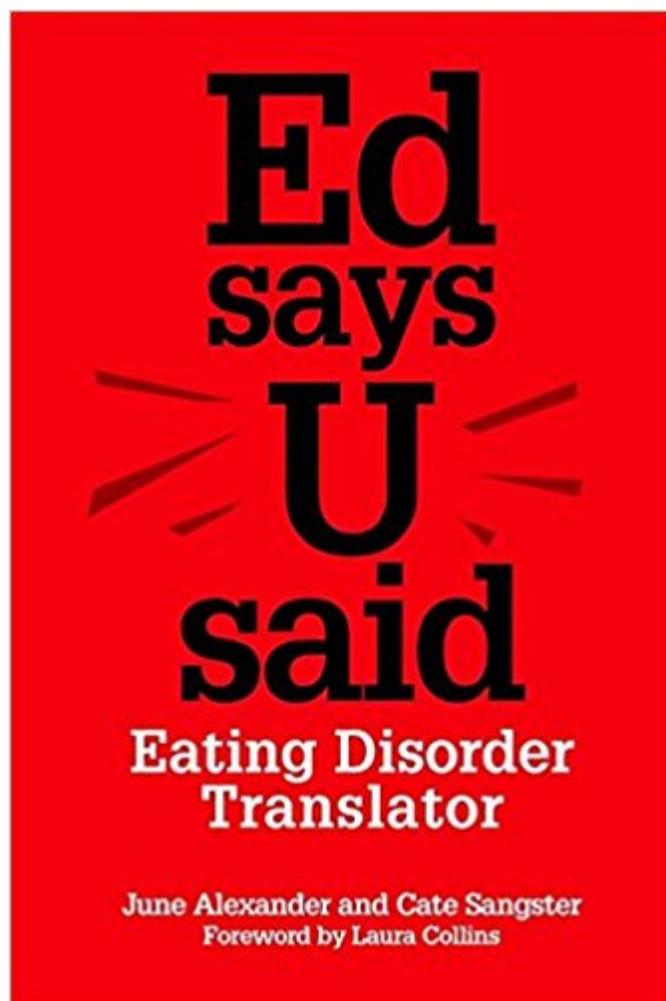
Click the links below to download templates

Template GP Letter AN

Template GP Letter BN



Reading



Ed Says U Said: Eating Disorder Translator

When an eating disorder (ED) is involved, the problems caused by miscommunication can have serious consequences. A remark from a parent that is intended as positive encouragement could act as a trigger and a criticism from someone with an ED might really be a cry for help. This book aims to improve communication between someone with an eating disorder and their friends and family by revealing the eating disorder mind set and decoding language choices.

Using examples of real-life, everyday conversations, ED says U said translates the highly charged language of anorexia, bulimia and binge eating disorder and unravels the emotional chaos that can surround sufferers and those who care for them. It provides clear examples of the common pitfalls and gives invaluable advice about how to help in defusing the triggers and regaining the personality swamped by the illness. A unique resource of information on EDs, this book will be essential reading for everyone who has been affected by eating disorders: sufferers, carers, family and friends, together with health care professionals treating people with eating disorders.

[CLICK HERE TO BUY](#)



onlineevents

Contact

www.counsellingandtraining.co.uk



@keltc



/counsellingandtrainingKO



onlineevents

Have you recorded your learning?

Don't forgot to log 60min of CPD

[CLICK HERE](#)
to Log in and log
your learning

- 1 What did you learn?
- 2 How do you intend to apply this in your practice?
- 3 Do you have any further action for your next CPD cycle?

REGISTER TODAY
to log your learning online



onlineevents

Watch again



Watch this event again in Onlineevents Online Library

Log In

Register

Connect with **Onlineevents**

Click the images below

John



/ Onlineevents



/ Onlineevents

Sandra



/ Onlineevents_saz



/ sandraonlineevents

www.onlineevents.co.uk

Pinterest



Find us on

Facebook

Click [HERE](#) to join our FB group

LinkedIn™

Onlineevents Company page

Instagram