

COUNSELLING AND THE AUTISTIC SPECTRUM

- LIANE COLLINS



onlineevents
Learning Together Online

Resource Guide

About Liane Collins

Liane Collins is a director of Online Training for Counsellors and Silverleaf Counselling. Prior to counselling she did degrees in psychology and in education, then worked as a teacher with many and varied differences in learning and processing.

She is a BACP accredited counsellor, a supervisor and a tutor in online counselling and supervision. Her special interests are autistic spectrum, ADHD and other neuro processing issues. She has over 26 years of experience in working with autism, has an adult son on the spectrum and is also on the spectrum herself.

She trained online with Online Training for Counsellors in counselling and supervision, loves to share her enthusiasm for this platform for working with others and is committed to making counselling and supervision accessible to all.



Liane Collins

Event Details

Counselling online can work very well for people with autism. It reduces the sensory difficulties and anxieties that can be a part of meeting a counsellor face to face. It also means that there can be access to a counsellor with AS specialist knowledge and understanding, despite being beyond your immediate geographical area.

People on the spectrum are all individuals so differ enormously, and respond to a variety of counselling skills online that meet their individual need.



Resources

www.onlinetrainingforcounsellors.com

Silverleaf Counselling Blog

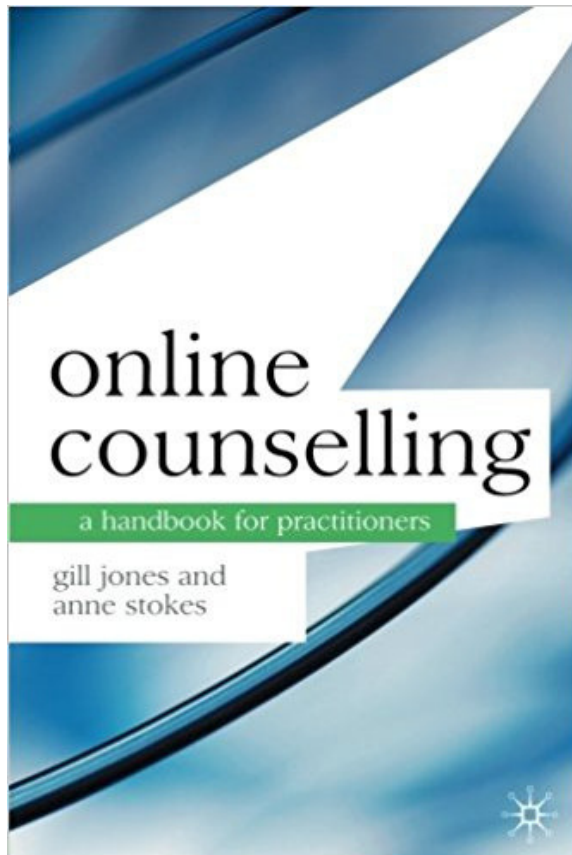
www.autism.org.uk

National Autistic Society - YouTube 



Reading

Online Counselling: A Handbook for Practitioners



Online counselling is becoming increasingly popular, but working with clients through the internet presents new challenges for practitioners. Is it really safe and confidential? How can clients build rapport with their therapist without face-to-face contact? Can feelings really be expressed through text? This book gives invaluable advice on the technical and therapeutic aspects of online work from two seasoned experts.

Clear, supportive and very practice-friendly, Online Counselling explores the ways counsellors can use the internet to augment their practice. Readers are taken through a wide range of situations, from setting up contracts and creating a secure working environment to understanding and using emoticons. Drawing on their considerable experience as online counsellors and supervisors, the authors explain how to create an online working alliance with clients through emails, instant messaging and live chat-room sessions. In particular, the book:

- Uses language that demystifies the jargon of the internet
- Tackles ethical and legal issues of working online
- Explores the use of image and sound online
- Shows how different theoretical approaches can be applied to online practice
- Includes step-by-step exercises, memorable examples and a handy glossary.

[CLICK HERE FOR MORE DETAILS](#)

Contact

www.silverleafcounselling.co.uk



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