

TALKING ABOUT SEX IN RELATIONSHIPS

- KAREN PARKE



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Learning Together Online

Resource Guide

About Karen Parke

I am a psychosexual and relationship therapist working in private practice in Scarborough and also for Relate North East. I am part of the Relate response team for Relate Central office working with live chat, telephone and webcam counselling.

I am very passionate about my work and have a professional interest in the impact on relationships when there is a long term illness diagnoses. I speak at conferences on the importance of talking about the sexual relationship and how to bring the subject up with patients and discuss how they can help. The talks have included Diabetes UK, women's health care days for practice nurses, and also palliative care. I also speak at Macmillan well being days to survivors and their families.

My aim in my practice is to help clients get to a 'good enough' sex life of whatever that means to them, and also to not focus on the destination, but to enjoy the journey more.

www.karenparketherapy.co.uk



Karen Parke



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Event Details

How to discuss the impact of the sexual relationship on the couple relationship.

Karen will use a video of a couple session to illustrate how she discusses sexual problems with couples and how these impact on the relationship.



Mike Trier

I have worked for many years counselling teenagers.

Now, I have a private practice in Sheffield, mainly counselling couples as a Relate Licensed Counsellor, but I also counsel individuals; I am a supervisor, and I offer training, both to young people and adults.

I am BACP Accredited, and achieved both my Person Centred Diploma in Counselling, and my Person Centred Certificate in Supervision at Temenos, in Sheffield.



Marilyn Haughton

I am a Counsellor, Supervisor, and Trainer based in Doncaster, with a particular interest in delivering Cultural Competence, and Child Sexual Exploitation training.

Website: www.cleverconversations.org



Contact

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