PRACTICALITIES OF COUNSELLING CHILDREN AND YOUNG PEOPLE: EQUIPMENT FOR THE PERIPATETIC COUNSELLOR - Sue Lewis



Resource Guide

About Sue Lewis

Since qualifying as a counsellor in 1998, Sue has worked which children, young people and adults in a variety of contexts. This includes working in the NHS, the Voluntary Sector, Employee Assistance Programmes and in Private Practice.

For 9 years Sue was employed by Relate's young people's counselling service, providing counselling in primary and secondary schools. She currently works on a self-employed basis as a secondary school counsellor, as well as seeing adults, children and young people in private practice in Derbyshire.

Sue is a senior accredited counsellor and supervisor with BACP. Sue has been supervising since 2004, both privately and for organisations. This includes offering individual and group supervision to counsellors working with young people. Having previously worked as a primary school teacher, Sue has worked with children and young people all her working life.



Sue Lewis



Event Details

Having collected various resources to support her work as a school counsellor over the years, Sue will share some of these with you and talk about their use, as well as sharing some very practical tips on transporting equipment and managing mess. This session will be of most relevance to those working with children of Primary School age, but may also be useful to those working with younger or less emotionally mature clients of Secondary School age.



Resources for working with Children & Young People

Large wipe clean tablecloth Felt pens, crayons, paper Poster paints, watercolour paints and brushes Apron Prit stick, Sellotape, scissors Small white board and pens Play doh, rolling pin, cutters Clay and clay board

Plastic sand tray with lid (Really Useful Boxes) Play Sand (ToysRUs) Plastic farm animals, dinosaurs, soldiers, fences Shells, stones Miniature wooden + Plastic people Various other miniatures + vehicles Russian Doll Stress balls + "tangles"



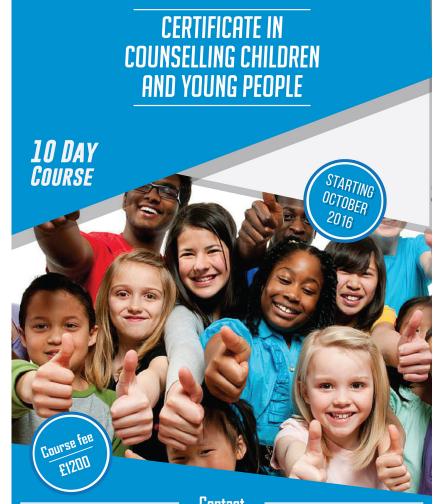
Therapeutic Games: All about Me (Barnardos) Totika Wiki stix

Therapeutic books: The Huge Bag of Worries, Virginia Ironside Muddles, Puddles and Sunshine, Dianna Crossley (Bereavement, Winston's Wish) Always and Forever, Alan Durant (Bereavement)

Hand puppets (The Puppet Company) Finger puppets

Jam Jars, salt, chalks (for "memory jar") Dustpan and Brush Rucksack Large Bag (Forever Vintage Jumbo Storage Bag) Small clock Luggage trolley Really Useful Storage boxes "Do not Disturb" sign for door Child Outcome Rating Scale (https://heartandsoulofchange.com/content/measures/login.php)





Certificate In Counselling Children And Young People

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A 10 day course over five 2-day blocks for qualified counsellors/psychotherapists who work with children and young people or who wish to work with this age group

Contact

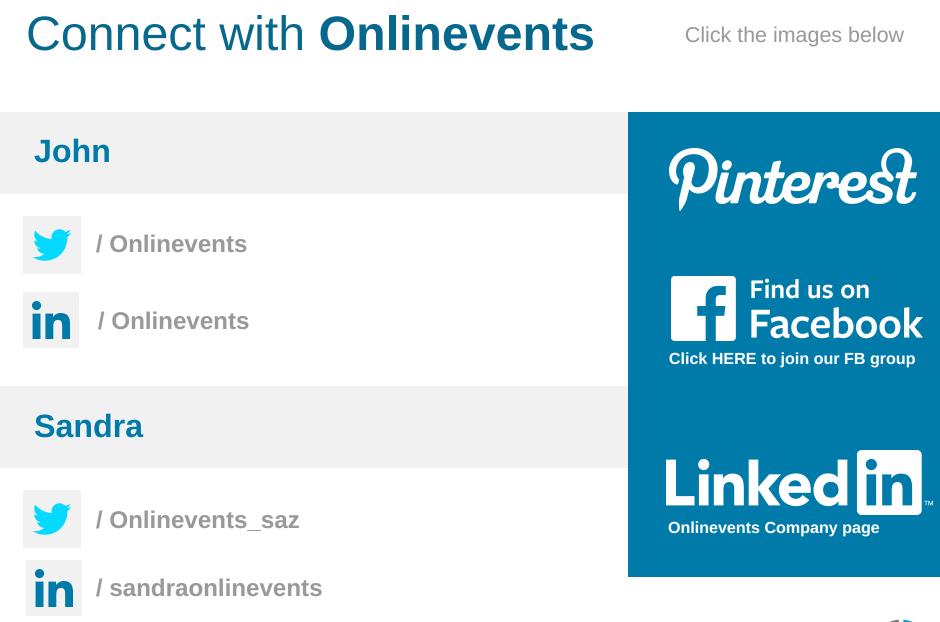


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