

THE LEAVE APPROACH, MANAGING OVERWHELM IN YOUNG PEOPLE?

- JACCI JONES & SARIE TAYLOR



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Learning Together Online

Resource Guide

About Jacci Jones

Jacci Jones is also well into her Transactional Analysis Psychotherapy training and thoroughly enjoying it, despite having to work so hard and endure her own personal therapy every week!

She also has a private practice in Manchester one day a week. Jacci has been a foster carer for 13 years and has been involved with training other foster carers, as well as working in a variety of educational and parenting settings, including a huge repertoire of training she has completed as well as delivered.



Jacci Jones

www.parent-plus.co.uk

About Jacci Jones

Sarie has completed her 4 year diploma in Transactional Analysis Psychotherapy and is now working towards becoming a Certified Transactional Analyst. Sarie has a thriving, full-time practice, working with families, couples, children & adolescents, as well as individual adult clients.

She also provides training for Parents & Teachers in areas from 'managing anxiety in children and yourselves' to 'developing your practice,' to help other therapists build up successful practices.

Sarie's background has been mainly within the Criminal Justice Services, delivering CBT (Cognitive Behavioural Therapy) group sessions and is still involved in working with adolescents in a residential setting, using a DBT (Dialectical Behaviour Therapy) framework, with young people. Sarie also has a young daughter who is turning 8 years old this year, and so is experiencing the early stages of a child's development and looking forward to the years to come!



Sarie Taylor

www.parent-plus.co.uk

Event Details

Sarie & Jacci who run Parent Plus as well as their private practises in psychotherapy, have developed an approach that they use with clients but works particularly well with young people.

Sarie & Jacci have trained in this approach in educational settings as well as directly with parents and have fantastic feedback. This is an approach and structure that caregivers can use when young people or adults are feeling very overwhelmed and their feelings are becoming all consuming, such as anxiety and anger. It's an approach that enables the caregiver to separate themselves out and have a guide for where to start in soothing the young person. They will be sharing the idea behind this approach, and giving you an insight into what exactly it is!



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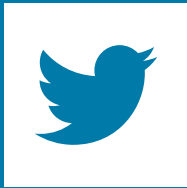
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