#### PORN AND TEENAGERS

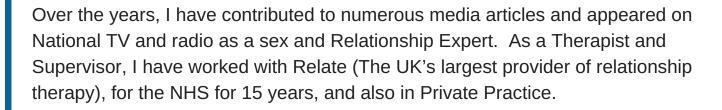
- STEPHANIE PALIN



Resource Guide

#### About Stephanie Palin

I have worked as a Relationship Counsellor and Psychosexual Therapist for 28 years and, over the last 23 years, have trained literally thousands of people to work as both face to face and as online counsellors & therapists. I currently lecture on a University of Hull accredited course in Doncaster and Edinburgh, working at Masters level with trained counsellors who are extending & developing their skills. I have also worked as an online Sex and Relationship Expert on the Pfizer sponsored 'ManMOT' website and I currently work as an online Consultant to Relate.



In the NHS, I trained and worked with a variety of addictions and this experience led to my interest in working with people with sex addiction. In this field, I have been able to combine my expertise in working with addictions and in working with sexual problems. I have worked with sex addiction in my private practice for almost ten years and also supervise therapists working with sex addicted clients. I work therapeutically both face to face and online......



**Stephanie Palin** 



## About Stephanie Palin (ctd)

I am also an experienced EMDR Therapist, specializing in using EMDR to work with sex addiction related to trauma.

In addition, I have worked for over 16 years with the Welfare services of the Army, Marines, and RAF and so have also developed insights into the problems that couples and families have when faced with living as "ex-pats" and living with frequent work-enforced separation, including the development of sex addiction, mainly associated with online activities.



**Stephanie Palin** 



#### **Event Details**

I want to discuss the serious implications that watching pornography has for the teenagers brain and for their attitudes to relationships. There is also the potential for developing an addiction.



#### **Sponsor**





A 10 day course over five 2-day blocks for qualified counsellors/psychotherapists who work with children and young people or who wish to work with this age group.

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