

COUNSELLING CHILDREN AND YOUNG PEOPLE: MYTH BUSTING

- SUE LEWIS



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Learning Together Online

Resource Guide

About Sue Lewis

Since qualifying as a counsellor in 1998, Sue has worked with children, young people and adults in a variety of contexts. This includes working in the NHS, the Voluntary Sector, Employee Assistance Programmes and in Private Practice.

For 9 years Sue was employed by Relate's young people's counselling service, providing counselling in primary and secondary schools. She currently works on a self-employed basis as a secondary school counsellor, as well as seeing adults, children and young people in private practice in Derbyshire.

Sue is a senior accredited counsellor and supervisor with BACP. Sue has been supervising since 2004, both privately and for organisations. This includes offering individual and group supervision to counsellors working with young people. Having previously worked as a primary school teacher, Sue has worked with children and young people all her working life.

Sue is passionate about the Person-centred Approach, and has co-facilitated a Person-centred counselling diploma course in Nottingham for 4 years. Sue facilitates a Certificate Course in Counselling Children and Young people at Temenos in Sheffield.



Sue Lewis



Event Details

There is some anxiety around the field of counselling children and young people, particularly around legal issues and safeguarding.

The desire to “get it right” or “not be in trouble” can lead to individuals and organisations coming up with their own simplified and sometimes erroneous versions of an often much messier reality

In this event, Sue will attempt to examine and “bust” some of the myths that emerge.

Sue would welcome interaction from participants, so if you have come across any “myths” or areas of uncertainty, do bring them along.



Working with Children and Young People

Myth busting

Sue Lewis

www.suelewiscounselling.co.uk

You must have the consent of parents to counsel a client who is under 13

- Gillick Competence

Counselling Minded module, Confidentiality, consent, capacity and ethics competence <https://www.minded.org.uk/course/view.php?id=218>

BACP good practice guidance Legal issues and resources for counselling children and young people in school contexts

http://www.bacp.co.uk/events/learning_programmes/ethical_framework/newGPG2.php

- Separated parents

Practitioners have a legal duty to report to the authorities when a child is at risk

- Contract
- Private practice
- Children Act (1989)

Requires **Local Authorities** to *investigate* cases where it's suspected a child is suffering harm.

Certain Authorities are required to *assist* with those enquiries (Education, Housing and Health Authorities). It does not oblige any person to assist in enquiries where doing so “would be unreasonable in all the circumstances of the case”

You can't see under 18's until you have completed a diploma and/or a specialist training course

- http://www.bacp.co.uk//docs/pdf/15478_15440_bacp%20young%20people%20basic%20elements%20module_2015.pdf
- 1. Ability to operate within professional and ethical guidelines.
- 2. To understand development of young people.
- 3. To understand mental health problems in young people.
- 4. Have a full understanding of legal frameworks relating to young people, including issues of confidentiality, consent and capacity, child protection issues, risk assessments and contracts.
- 5. Ability to work in the context of the setting.
- 6. Ability to communicate with young people of differing ages and developmental level.

Resources

BACP good practice guidance (available to members) on

- Counselling and psychotherapy in the context of adoption law
- Legal issues and resources for counselling children and young people in school contexts
- Safeguarding Children and Young People in England and Wales
- http://www.bacp.co.uk/events/learning_programmes/ethical_framework/newGPG2.php

Counselling Mind Ed: offers e-learning to trainee and practising counsellors who want to work with children, young people and young adults, or who already do so.

<https://www.minded.org.uk/totara/program/index.php?categoryid=15>

Modules on:

- Counselling CYP in different contexts
- Legal and Professional Issues
- Safeguarding

Sue demonstrates resources used in working with Children & Young People



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CERTIFICATE IN COUNSELLING CHILDREN AND YOUNG PEOPLE

10 DAY
COURSE

STARTING
OCTOBER
2016

Course fee
£1200

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temenos.ac.uk

A 10 day course over five 2-day blocks for qualified counsellors/psychotherapists who work with children and young people or who wish to work with this age group

If you would like more information about the course at Temenos please contact us

www.temenos.ac.uk

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