

EATING DISORDERS EXPLORED #1

- KEL O'NEILL



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Learning Together Online

Resource Guide

About Kel O'Neill

Kel O'Neill is a Counsellor, Trainer, Supervisor, and award nominated Blogger with a special interest in the area of Eating Disorders. Kel has spent over a decade working on this field in a variety of roles, and is ever passionate about sharing her experiences and using her knowledge for the benefit of others.

She works with eating disorder related concerns, as well as a variety of other issues, within her own private practice in Cheshire. She offers training workshops nationally on the subject of Eating Disorders and continues to contribute to conferences and university curriculums.

If you are interested in this topic and Kel's work you can subscribe to her blog at wmentalhealthbites.com



Kel O'Neill

Research

"As part of my ongoing professional development, I am currently a postgraduate student in the School of Psychology at the University of East London, studying for a Masters in Counselling and Psychotherapy. I am conducting the research in which you are being invited to participate as my final dissertation project

The research will be exploring therapists' responses to working with clients with Eating Disorders.

My research has been approved by the School of Psychology Research Ethics Committee. This means that my research follows the standard of research ethics set by the British Psychological Society"

PARTICIPATE IN KEL'S RESEARCH



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Join The Conversation on Twitter

Kel will be continuing the conversation about Eating Disorders on Twitter using:



#EatingDisordersExplored

Make contact with Kel on
Twitter [@KelTC](https://twitter.com/KelTC) and ask your question



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Resource

Socratic Questions for Motivation Handout

[CLICK HERE TO DOWNLOAD](#)

BLOG:

www.mentalhealthbites.com



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Contact

www.counsellingandtraining.co.uk



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- 1 What did you learn?
- 2 How do you intend to apply this in your practice?
- 3 Do you have any further action for your next CPD cycle?

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