

# THE DYNAMICS OF POWER IN COUNSELLING AND PSYCHOTHERAPY

GILLIAN PROCTOR



**onlineevents**  
Learning Together Online

## Resource Guide

# About Gillian

I am a clinical psychologist and person centred therapist. I am the programme leader for the MA in psychotherapy and counselling which teaches a relational and integrative approach. I am passionate about ethics, politics, and power, and how we all negotiate our own and others' needs and desires in relationships. My aim is for mutuality but I find it an elusive concept which is an ongoing struggle to achieve.

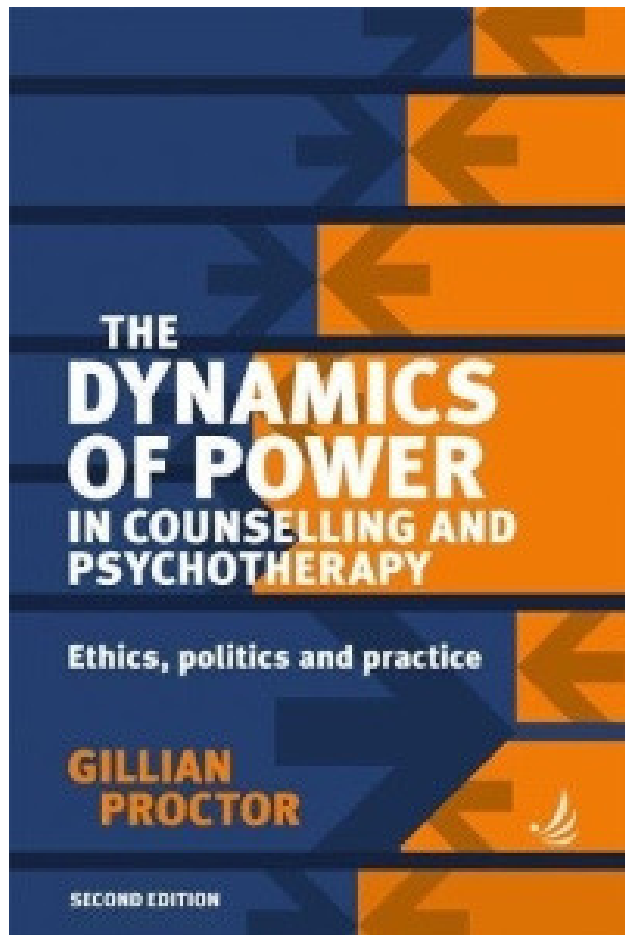


**Kate Dunn**



# Event Details

To discuss the new edition of my book on power in therapy. To describe how my thinking has changed since the first edition and the most important points for therapists to consider with respect to power in therapy.



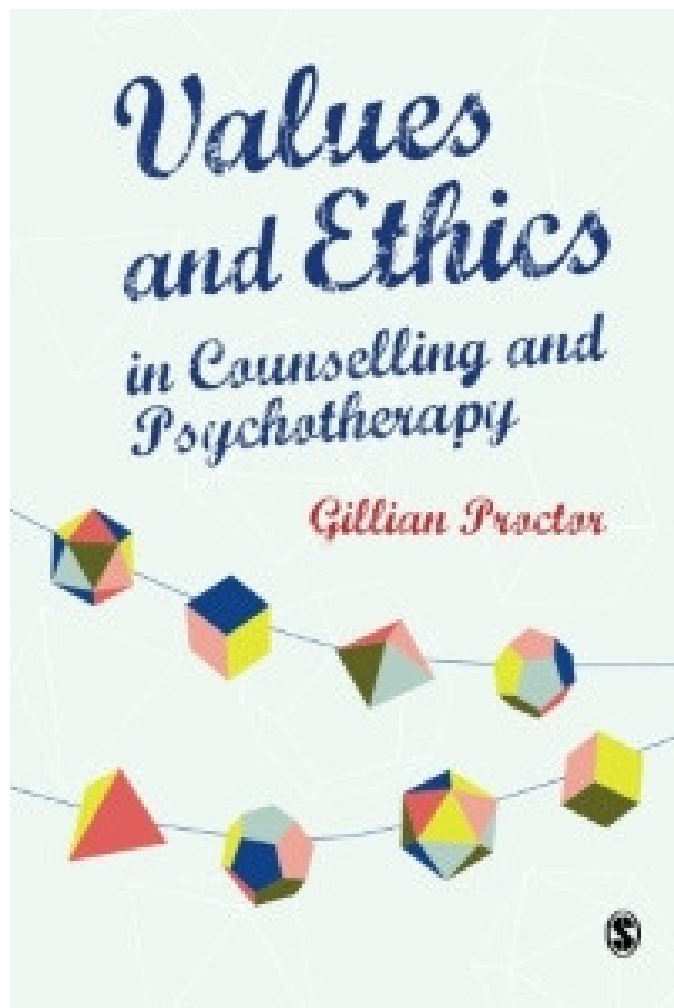
This hard-hitting, impeccably referenced book draws on academic theories and analyses of power and the author's personal experience both as client and practitioner to critique power within the psychotherapeutic relationship and within the organisations where therapy takes place. Accessible, political and severely critical of her own profession, Proctor provides an essential reminder to student, practitioner and researcher of the imperative to remain always mindful of the values and ethics of justice and responsibility. In this revised second edition, Gillian Proctor extends her discussion to the more recent challenges presented by the IAPT programme.

[MORE INFORMATION](#)



onlineevents

# Further Reading



This book offers an introduction to values and ethics in counselling and psychotherapy, helping you to develop the ethical awareness needed throughout the counselling process. The book covers:

- Context and emergence of ethics in counselling
- Exercises to explore personal and professional values
- Tools to develop ethical mindfulness
- Differences between therapeutic models
- Relational ethics
- Ethical dilemmas and issues
- Practice issues including confidentiality, boundaries and autonomy versus beneficence.

Using in-depth case studies of counselling students, the author demonstrates the constant relevance of values and ethics to counselling and psychotherapy, equipping trainees with the tools to successfully navigate values and ethics in their professional practice.

[MORE INFORMATION](#)

Contact / Website

[www.gillianproctor.co.uk](http://www.gillianproctor.co.uk)

 07780 575371



onlineevents

# Have you recorded your learning?

## Don't forgot to log 60min of CPD

[CLICK HERE](#)  
to Log in and log  
your learning

- 1 What did you learn?
- 2 How do you intend to apply this in your practice?
- 3 Do you have any further action for your next CPD cycle?

**REGISTER TODAY**  
to log your learning online



onlineevents

# Watch again



**Watch this event again in Onlineevents Online Library**

**Log In**

**Register**

# Connect with **Onlineevents**

Click the images below

**John**



/ Onlineevents



/ Onlineevents

**Sandra**



/ Onlineevents\_saz



/ sandraonlineevents

[www.onlineevents.co.uk](http://www.onlineevents.co.uk)

*Pinterest*



Find us on

**Facebook**

Click [HERE](#) to join our FB group

**LinkedIn**™

Onlineevents Company page

*Instagram*