### **#SUPERVISION:**

## USING REFLECTIVE SUPERVISION TO MAKE SENSE OF WORK AND THE WORKPLACE

- MIKE HOGAN



Resource Guide

### About Mike Hogan

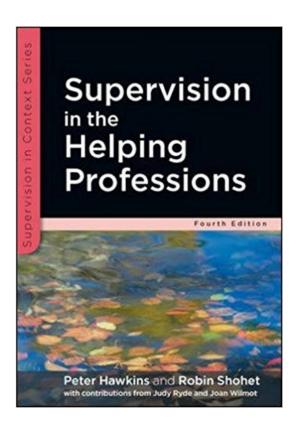
My work uses Systems Psychodynamic approaches to Organisational thinking. This is an unusual and unique approach to consultancy - it draws on two distinct sets of theory, open systems theory which explains the stucture, processes, culture, and roles within an enterprise in relation to its task; and psychodynamic/psychoanalytic theories which offer a unique understanding of the intra and inter-personal elements of life in an Organisation. Transactional analysis is also used in unpicking patterns and "scripts". Examining these elements simultaneously often points up the causes of the presenting problem. The approach is also unusual in consultancy in that it develops solutions which are co-produced - the consultant role is more mirror than expert. I studied Systems Psychodynamics at The Tavistock Institute in London.

More recently, I have been integrating this thinking with Appreciative Inquiry, focussing on strengths and potential as well as current issues seen as problems.

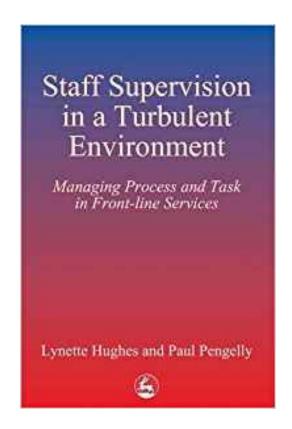
I work as a coach with individuals and with teams, consulting on particular issues or more generally helping teams, through reflective practice. I also run training courses on developmental supervision; enabling team leaders to help members to improve their understanding of what is going on and why.



## Reading



**MORE INFO** 



**MORE INFO** 



### **Contact Mike**

## www.mikehoganconsulting.com



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